



February 1982

*Published the first week in February,
April, June, September and November*

LEGISLATIVE COMMITTEE

UPDATE

The State of Washington is in horrendous shape, but the cost of living adjustment bill for state retirees, that was leftover from the last session, is still alive. HB 263 is now in the House Appropriations Committee. Letters to legislators at this time should give the simple message: *Please don't overlook us again. Keep HB 263 alive.* This bill provides an 8% C.O.L.A. the first year of the biennium, and 6% the second. Passage may be impossible this session, but an adjustment is many years overdue, and legislators must be reminded of the need for fairness and equity.

Other legislation of interest to retirees:

1. A pension abuse bill has been drafted to ban conniving between school boards and officials who have falsely boosted salaries for some high salaried officials in the last two years before retirement, thus increasing their pensions by many thousands of dollars per year for the rest of their lives.
2. ESHB 78 - Property Tax Relief: from special levies - this bill would raise the income limit from \$14000 to \$15000 to keep up with inflation. Some retirees, who were eligible for this special levy tax exemption last year, are not this year because of Social Security pension increases.
3. HB 858 - This bill appoints a Retirement System Director with powers equal to the old Retirement Boards, which lost their function in 1980. The bill would allow the Governor to place all functions under one administration. WSRTA is asking for representation on an advisory committee to this Director.

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PRESIDENT'S MESSAGE

MEMBERSHIP

I wish to congratulate all of you as members of the Membership Committee relative to our progress toward our goal of 20% increase or 40 new members. We have reached that goal as of January 14. However our other membership goal of 10% increase in participation is lagging. We can reach this objective with some excellent turnouts at our regular meetings.

PROGRAMS AHEAD

We have planned a wide variety of programs for the balance of the year. Our February 18 meeting features "A Special Program on Abraham Lincoln" by Don Murray, retired W.E.A. Staff member, whose hobby is Lincoln. Our March 18th meeting will include an update report on Social Security by Snohomish County representative, Mr. Mendez.

ACTIVITIES

SNO-KING RTA has scheduled Pre-Retirement seminars for teachers contemplating retirement. These seminars will be held at the Snohomish PUD Auditorium.

Legislation promotion during the current session will be a very important activity. All of us will be asked to participate. In addition, another blood bank operation is planned for May 11 in conjunction with SNO-ISLE Blood Bank and Edmonds School District.

MERGER OF NRTA AND AARP

A letter received from Mildred I. Moore, President of NRTA, announced the merger of NRTA and AARP. This merger will result in

see PRESIDENT'S, page 2

INFORMATIVE AND PROTECTIVE SERVICES

PHYSICAL FITNESS PROGRAM

Alice Thomson, Chairman of Shoreline High School girls' PE and coach of women's sports, will be at the February 18 meeting. She will introduce a short program, "The Good Life," a physical fitness program for senior citizens that is sponsored by AARP, the Travelers Insurance Company and the President's Council on Physical Fitness and Sports.

The program consists of a short film, follow-up remarks and a question answering period. A pamphlet, "The Good Life," will be distributed to those attending. Forty-five copies were ordered so members are encouraged to pass them on to those who are not present.

Members are encouraged to complete and mail the survey form inside the pamphlet's back cover. No postage is necessary.

INVESTMENT COUNSELLING

Members are encouraged to avail themselves of impartial training in investments to maximize their return on holdings. Today we see fluctuations in interest rates that require constant surveillance and study. A second opinion is important for your financial health, too.

55 ALIVE...MAY 10 & 11

From 10:00 a.m. to 2:00 p.m. on Monday and Tuesday May 10 & 11, at the PUC Auditorium, 21018 Highway 99, Lynnwood, the "Mature Driving" class will meet - if sign-ups merit. The minimum class size is 12. Persons taking the course, and those who have previously attended, are advised to keep their certificates because insurance benefits have been encouraged in proposed legislation.

The course includes special training, resource persons, discussions and slides. The cost is \$5.00. Lunch is available within walking or short driving distance. Coffee will be provided and classmates are encouraged to exchange a few cookies or other items for break snacks.

PRESIDENT'S, 'Cont'd.

operating economics. The assumption by NRTA of the operation of "Grey Gables," the model retirement community in Ojai, California caused a debt of more than \$800,000 to NRTA over the last two years. This debt has been assumed by AARP. Both associations bring assets and strengths. NRTA members will be offered all benefits and services within the same dues structure now enjoyed by AARP. A separate NRTA Division within the new structure has been formed to continue the cooperative efforts with local and state RTA's. Both members of a couple will have the opportunity to join for the dues charged one spouse.

COMMUNITY PARTICIPATION COMMITTEE

HEALTH EDUCATION

The community Participation Committee will present a program on Cardiovascular Health at the March 18th meeting. This health education program was developed by NRTA in cooperation with the American Heart Association.

The program includes a film, "Without Warning," which focuses on high blood pressure and related problems of stroke and heart disease. A resource person from the American Heart Association will answer questions.

BLOOD DRIVE

This committee will soon be recruiting volunteers again to help with the operation of a SNO-KING Blood Drive in May.

DIRECTORY CHANGES

ADDITION OF ACTIVE MEMBERS

| | |
|---------------------|---------------------|
| Cleven, Lloyd | 9081 Tracyton Blvd. |
| 793-2227 | Bremerton, 98310 |
| Janette, A. P. | 9319 Bowdoin Way |
| 774-0781 | Edmonds, 98020 |
| McHeffey, Norris J. | 35527 Mann Road |
| 776-3567 | Sultan, 98294 |

see DIRECTORY, page 3

LEGISLATIVE, Cont'd.

GOOD NEWS

The Norm Schutt Fund raised enough to buy Norm our volunteer lobbyist in Olympia a new Chevrolet 1/2 ton pickup six cylinder truck with canopy.

LEGISLATIVE HOTLINE

Call messages to your legislators toll free on 1-800-562-6000 8am - 6pm, Mon. thru Fri. Before making a Hotline call, have the following information ready:

- Your name, address & phone number
- Your legislative district number
- The legislator/s you wish to contact
- Your message/s stated briefly & clearly

LEGISLATIVE DIRECTORY

Senators and Representatives serving SNO-KING members are:

Legislative District

| | |
|------|--|
| 1 - | Sen. Bill Kiskaddon Rep. Grace Cole Rep. Rick Bender |
| 21 - | Sen. Susan E. Gould Rep. Gary Nelson Rep. Walt Sprague |
| 32 - | Sen. Al Williams Rep. Joanne Brekke Rep. Dick Nelson |
| 36 - | Sen. Ray Moore Rep. Helen Sommers Rep. Seth Armstrong |
| 38 - | Sen. Larry Vognild Rep. Richard King Rep. John Martinis |
| 39 - | Sen. Dianne H. Woody Rep. Jim Mitchell Rep. Gary Scott |
| 44 - | Sen. Don Charnley Rep. Nancy Rust Rep. Steve Tupper |
| 45 - | Sen. Alan Bluechel Rep. Rod Chandler Rep. Dolores E. Teutsch |
| 46 - | Sen. George Scott Rep. Irv Greengo Rep. William Ellis |

HOW TO ADDRESS PUBLIC OFFICIALS

| Envelope | Salutation |
|---|--|
| The Honorable John Spellman Governor of Washington Olympia, WA 98504 | Dear Governor Spellman: Respectfully, |
| Senator _____ Senate Chamber The Capitol Olympia, WA 98504 | Dear Senator _____ Respectfully, |
| The Honorable _____ House of Representatives The State Capitol Olympia, WA 98504 | Dear Represent- ative _____ Respectfully, |

PRE-RETIREMENT COMMITTEE

Pre-Retirement Seminars will have interest for members already retired. Feel welcome to attend any of the seminars you have an interest in hearing.

The seminars will be held at the Lynnwood PUD building 21018 Highway 99, located just north of the 212th SW intersection with Highway 99. Hours will be 7:00 to 9:00 p.m. Monday nights, February 22, March 1, 8 and 15. The speaker February 22 will be Virginia Foust from the State Retirement System; March 1, Ron Catton, Financial Advisor; March 8, Frank Mendez Social Security; March 15, Alan Johnson Blue Cross & Major Medical from WEA and Mitch Cogdill on Legal Aspects of Retirement.

We still need people to help serve coffee at the seminars. Please call Pat Svendsen if you can help, starting at 6:15 one of these evenings. Her phone number is 743-3482.

DIRECTORY, Cont'd.

ADDRESS CHANGES

Clarke, Bernice R.
Johnson, Virginia

P.O. Box 27143
Seattle, WA 98125
715 E. Oak St.
Greenville, IL 62246

TREASURER'S REPORT

NRTA MEMBERSHIPS

A number of our members have been plagued with problems on their membership in N.R.T.A. Some of you have been receiving notices that your dues are due when they are not and some have not been credited with payment of dues at all. One of the big problems from the treasurer's standpoint, and yours too, is the fact that NRTA has been negligent in sending out membership cards and numbers. Arrangements have been made by Gladys Hemenway, our State Director, for members to telephone Long Beach collect. If you wish to call, dial 0-213-432-8026. The operator will ask how you want the call billed. State that it is to be collect and give your name and membership number. Don't use more time than necessary, but explain your problem and have writing materials at hand to make notes of the information given to you. Verify what you have written before hanging up. If this does not resolve the situation, notify your treasurer and he will advise NRTA by letter.

244 MEMBERS

Our membership now stands at 244 which includes 41 new members for a 20% gain, our goal for the year. New members who have not been introduced before include A. P. Janette, Edmonds; Dr. Norris J. (Jim) McHeffey, Sultan and Lloyd Cleven, Bremerton. Our thanks to Nancy Post and Helen Beaver, membership co chairmen, and all others who helped.

SNO-KING RETIRED TEACHERS' ASSOCIATION

5220 176th St. SW #70

LYNNWOOD, WA 98036

ADDRESS CORRECTION REQUESTED

MEMBERSHIP COMMITTEE

SNO-KING RTA's membership goals, as set in September, have been attained, as mentioned in the President's Message. However, we need to do more in the area of membership participation.

Programs presented at our meetings are varied. This year's have included the highly rated musical group "Chansons" from Shorecrest High; Ron Catton, Financial Generalist, speaking on "Planning Your Finances in Retirement" and Frances Mayhew who described the "behind the scenes" working of WA State RTA's legislative committee. Some of the meetings from now until July are concerned with health care for the retired, a joint meeting with the SNO-ISLE RTA and the annual picnic.

Members are urged to help meet the second goal of the membership committee by attending meetings, by finding their area of interest and finally by lending their support to the projects chosen.

EDITOR'S CORNER

APRIL DEADLINE

Copy submitted for printing in the April issue should be in our hands no later than March 27.

COPY MAKEUP

In order to make re-typing of copy unnecessary, it should be double-spaced - whether submitted typed or in longhand. Two inch margins on each side leave room enough for the copyreader's notes for final typing.

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