

SKSR Bulletin



April 2012

A message from President Jim Siscel



By the time you receive this *Bulletin* the State Legislature will hopefully have worked hard to solve our state's budget deficit. In so doing I hope they have not impacted our retirement benefits or public education.

For Your Information: When Jay Inslee announced his candidacy for Governor he suggested using Washington

State Investment Board (WSIB) funds to invest in Washington State start-ups. After working with WSSRA, the WSIB and industry representatives he has decided to not go forward with this idea.

We had a great and informative field trip to the University of Washington Seismology Lab. Read what Pat Cornwell writes about the trip on Page 7.

We have two Luncheons coming up, first our Scholarship Awards Luncheon of April 19 and then the joint Sno-Isle/Sno-King Luncheon on May 15th. Information about both of these events are elsewhere in the *Bulletin*.

Did you celebrate School Retirees Appreciation Week March 19-25 as proclaimed by Governor Gregoire?

Remember the Mariners Game on **May 5th**, See last *Bulletin* for information and form for tickets.

Jim Siscel-President
 Roberta Hawkins, Vice President
 Cheryl Bauer, Secretary/Schl Fin
 Donna Murrish, Treasurer/Entertain- Books
 Vacant, Membership
 Rita Requa, WSSRA Legislative
 Betty Odle, Historian/Luncheons/Picnic
 Rachel Lake, Past President
 Erma Snook, Membership Records/Past Pres.
 Ellie Bonanno, Schl Fin
 Bob Nordeen, Schl Fin
 Bob Jones, RetirPlan/Web Page/Outreach
 Alice Bingaman, Schl Fin/RetirPln
 Gordon Bowers, Health
 Keith Lindaas, Linda Fitzgerald, Scholarship
 Joan Hertrich, Telephone
 Marlene Johnson, Marilyn Alaniz, Hospitality
 Virg Rayton, Grants
 Evelyn Nordeen, Sunshine
 Marilyn Dauer, Telephone/Bulletin Folding
 Dick Stucky, Don Denton, Schl Fin
 Bruce Caldwell, Directory
 Barbara Berg, Scrapbook
 Dave Johnson, *Bulletin* Editor/Schl Fin

Go Green and receive your Bulletin by e-mail. Please send your e-mail address to Erma Snook at egsnook@comcast.net. The Legislative updates from WSSRA have been great. Let Erma know if you would like to receive these as well. She will send your e-mail address to WSSRA.

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SKSR Board Meetings

1:00 PM Edmonds SD ESC	April 12
20420 68th Ave W. Lynnwood	May 10
Everyone welcome!	July 12



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MARK YOUR DATEBOOK

Apr. 19 Scholarship Luncheon

May 5 Mariners vs Minnesota Twins

May 15 Joint Meeting with Sno-Isle - LeBistro

June 4-6. WSSRA Convention - Spokane

July 19. Annual Picnic - Edmonds Park

Editor's Note:

Gordon Bowers, who has authored the health section for the *Sno-King School Retirees Bulletin* for as long as I can remember passed away peacefully after a short hospital stay. Gordon came to Shoreline Schools during its early days in 1948 and retired in 1978. He first worked at Jane Addams Junior High, then at Lake City Elementary, where he served as vice principal. (Shoreline Schools in those days extended south to Northeast 85th Street) In 1954 Gordon was selected as principal of the new Briarcrest Elementary. He joined the District central office in 1963 and remained there until his retirement. He has been a stalwart member of the Sno-King Executive board for many years. His Health Articles have been well received by many members. Comments such as, "The first thing I look at in the bulletin is Gordon's article.", "I never miss the Health Articles, they are the best", come to me from many members. I truly will miss the opportunity to learn from each of his articles. Gordon was a real gentleman and a superb advocate for healthful living. He will be missed by all of us who knew him and those who only read his column.

WSSRA State Convention News

The WSSRA State Convention will be held June 4-6, 2012 in Spokane, WA. The Headquarters will be the Red Lion Inn at the Park.

If you are interested in attending as a delegate representing Unit #23 contact: **Jim Siscel**, SKSR President at 415-778-7202 or asjs68@earthlink.net.

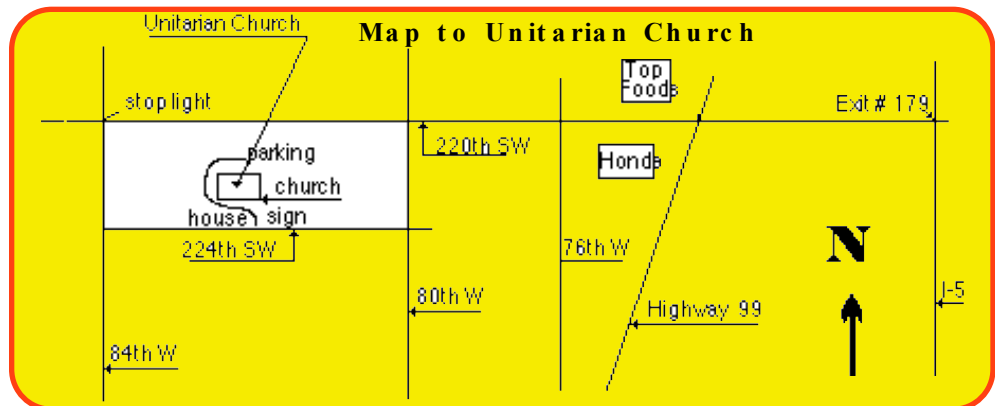
The headquarters hotel is filling fast. Click on the link on the WSSRA website listed below, Annual Convention, then Convention Hotel and Directions to reserve.

Up-to-date information about the WSSRA State Convention is on the WSSRA website www.wssra.org.

On Thursday, April 19th, at noon, join us for the second of our semi-annual Scholarship Luncheons to raise money for our Scholarship Fund for four \$1200 scholarships we award annually to graduating high school seniors who are intending to major in the field of education. They are awarded to students from Edmonds, Northshore and Shoreline High Schools.

Please RSVP by Monday, April 13th to Donna Murrish, 206-363-5753, donnamurrish@comcast.net OR Erma Snook, 425-776-2067 egsnook@comcast.net to confirm that you are coming. RSVPs are encouraged and appreciated for planning purposes. However, we welcome last minute attendees. If transportation is an issue, please let Donna or Erma know. We hope to see you there!

The Scholarship Luncheon
Unitarian-Universalist
Church
8109 - 224th SW
12:00 noon



Sno-King School Retirees, PO Box 33962, Seattle WA 98133-0962.

LEGISLATIVE NEWS By Ellie Bonanno

On Feb.22nd and 23rd I traveled down to Olympia. Rita was out of town so I was your representative to the State Legislative Committee. There were meetings with Ed Gonion, our WSSRA Executive Director, Peter Diedrick, Legislative Assistant, Scott Nelson and Fred Yancy, our lobbyists. They briefed us on the issues and gave a political overview for our talks to the legislators.

Senator Kilmer from Gig Harbor spoke to us at one lunch. He felt strongly about our issues. He also felt we are failing as a state because we don't talk about what our state does. We don't think about the services our state provides.

Then we went down to the "hill" and met with our senators and representatives. I was fortunate to meet with all the ones in the 1st, 21st and 32nd. We were stressing the legislative priorities of:

Stable and guaranteed pension funding
Restoration of Plan 1 COLA

Oppose any reduction to retirees' health benefits or increases to health insurance.

Maintain the Medicare Eligible Health Subsidy.

No one is talking about the COLA except to say that maybe they can think about it in a few years. It was encouraging to find out that our State Treasurer McIntire has again made a proposal for full pension funding. When I was there, Rep Ross Hunter had put forth a budget which included fully funding of the Plan 1 pension obligations. There are other budgets now and it will be interesting to know what happens before they adjourn on March 8th. At least they were talking about pension funding. I also stressed the importance of our health subsidies (especially since they lowered it from \$183 to \$160 last year) and not raising or lowering our health insurance premiums.

Who knows what will happen before they adjourn! Everyone must keep pressure on our legislators. Our state office has 1600 e-mail addresses and pleaded to have everyone's e-mail so they can send out alerts. Things happen fast in Olympia. A bill may be introduced in the morning and then voted on in the afternoon. They need a way to reach us quickly and they promised to alert us only when necessary. It's too late for this year but do send yours to ed@wssra.org or egsnook@comcast.net and be ahead of the game for next year!

Joint Unit Luncheon

The annual Joint Luncheon and get-together with Sno-Isle Unit 22 will be on May 15th at the Sno-Isle Tech Skills Center Le Bistro Café. The luncheon event begins at 12 Noon. Please arrive by 11:45 am. We will socialize and eat a wonderful catered lunch courtesy of Chef Becky and her culinary arts students. The cost will be \$15 per person. Our entrée choices are Chicken Cordon Bleu (breaded chicken with ham and Swiss cheese) or Baked Cod Provencal (cod baked with tomatoes, capers, and olives). Your lunch includes a salad, entrée choice, dessert and beverage (coffee, tea, soft drink on request).

Tim Noah, a legendary child entertainer in the Puget Sound and the West Coast, will provide the program.

Reservations are required as the seating is limited to 36 Sno-King members. Please send Donna Murrish the form below by May 1st.

- • • • •
- Joint Unit Luncheon Reservation Form
- May 15, 2012 – 11:30 AM
- Sno-Isle Tech Skills Center Le Bistro Café
- 9001 Airport Road, Everett, WA
- \$15 per person
- Deadline to submit this form is May 1
- Make checks payable to Sno-King School Retirees
- Return this form and check to:
- Donna Murrish, 11227 Goodwin Way NE, Seattle
- WA 98125
- Your Name: _____
- Meal Choice: Choose 1
- _____ Chicken Cordon Bleu
- _____ Baked Cod Provencal
- • • • •

In Memoriam

Allen, Jerry L, February 18, 2012, Edmonds
Bowers, Gordon, 2/21/2012, Shoreline
Childs, Arthur, 2/2012, Shoreline
Pattison, Warren "Pat", 1/2012, Shoreline
Peters, Frances, 3/1/2012, Shoreline
Velie, Ralph, 2/11/2012, Shoreline
Workman, Esther, 1/2012, Edmonds
Zwick, Maribeth, 1/2012, , Northshore

RECORD NUMBER OF MINI-GRANTS PRESENTED

Sno-King School Retirees has been presenting mini-grants to active members annually since 1998-99 to fund worthy projects school building budgets couldn't cover. Four were awarded that year totaling \$850. This year we delivered a record 29 amounting to \$4800. To date our organization has distributed a grand total of \$31,137.85 for such projects. Congratulations are in order for the following list of this year's recipients:

EDMONDS: Louise Barnes, Sheryle Bird, Catherine Feller, Peggy Hohnhaus, Marcia Kelly-Parker, Guinevere Joyce, Jan Maxson, Stacey Sateren, Gail Summerfield, Jill Walzer, Cathi Wrolstad and Tanya King.

NORTHSHORE: Renee Colleran, Katherine Easton, Dianne Hardee and Marsha Moore.

SHORELINE: Angela Burke, Maurine Cline, Susie Crosby, Dennis Day, Frank Halferty, Carrie Misener, Julie Moe, Renita Ng, Trinh Pham, Sandy Sanders, Judy Schaad, Christy Smullin, Mary Telstad and Sharon Turpin.

Dear SKSR Colleagues,

Thank you so much for the \$165 grant that will go towards props for my students' annual performance. I teach adapted physical education and music for 80 children with special needs. With your support, I am going to be able to purchase a black light for our performance that will "wow" the audience. It is my goal for my students to be seen as "just children" and when they perform something that captures the audience they are on top of the world for a day.

I appreciate so many things about you and the SKSR organization. Having the Picnic date in the grant recipient letter is a great idea. Normally, with this advance notice, I would have been able to arrange my summer work schedule to accommodate but this year I will be in Thailand.

I also appreciate your efforts to provide me with the grant funds before winter break. I have ordered my equipment and have now cashed the check. Thanks you again for all your support.
Renee Colleran, Adapted P.E. Teacher
Woodmoor Elementary, Northshore

THANK YOU TO THE FOLLOWING WHO MADE MEMORIAL DONATIONS TO THE SCHOLARSHIP FUND:

In memory of **Pat Pattison:** From Donna Murrish, Dave & Marlene Johnson

In memory of **Estelle Rayton:** From Sally Grube

In memory of **Gordon Bowers:** From Barbara Berg, Ellie Bonanno, Betty J. Burns, C. Betty Johnson, Rachel Lake, Donna Murrish, Betty Odle, Tom Rodrique, Erma Snook, Stan Wiklund, Dave & Marlene Johnson

In memory of **Frances Peters:** From Ellie Bonanno, Donna Murrish, Betty Odle
From **SKSR** in memory of: Jerry Allen, Gordon Bowers, Art Childs, Warren "Pat" Pattison, Frances Peters, Ralph Velie, Esther Workman, and Maribeth Zwick.

Welcome New Members:

Pg 25 Dowlin, Phyllis, 7919 NE 131st St, Kirkland, WA 98034-2524

Pg 30 Gallotte-Chivers, Christy J, 710 N 193rd St, Shoreline, WA 98133-3911

Pg 41 Kennedy, Sharon, 3622 Oakes Ave, Everett, WA 98201-5013

Pg 50 McElliott, Karen, 331 143rd Street, Everett, WA 98208-7332

Pg 51 Miller, Kathleen G, 18300 88th Ave W, Edmonds, WA 98026-5309

Pg 52 Moore, Patti, 1522 196th St. SE #D102, Bothell, WA 98012-8533

Pg 56 Orr, John, 4205 Mission Beach Rd, Tulalip, WA 98271-9749

Pg 73 Trexel, Thomas, 8502 17th Pl NE, Lake Stevens, WA 98258-8591

Pg 78 Witzel, Lisa, 2022 NW 196th Pl, Shoreline, WA 98177-2331

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Slate of Officer Candidates for 2012-2013

The candidates nominated for the elected offices of Sno-King School Retirees for the 2012-2013 year are as follows. Elections will be held at the April Scholarship Luncheon General Membership meeting. The candidates are: **President: Jim Siscel, Vice President: Roberta Hawkins, Treasurer: Donna Murrish, and Secretary: Cheryl Bauer.** Be sure to thank them for their willingness to serve.

Membership Alert! Input Requested!

Where is your membership directory?

How often do you use it?

Please respond to article in May Issue:

* How many directories to print?

* Are printing costs a good use of our dues?

We will want your feedback in May!

AARP's Driver Safety Program (55 Alive)



AARP's *Driver Safety Program* (formerly 55 Alive) *Mature Driving Class* is a refresher course teaching preventive measures that save lives when driving. Pay \$12 (AARP members, \$14 non-members) materials fee to AARP instructor at class time. Participants register through Edmonds Parks and Recreation, 425-771-0230. Graduates may have a possible discount on auto insurance. Classes meet 9 AM to 1:00 PM at the Anderson Center, 700 Main Street, Edmonds. For alternate dates and locations, contact Bob Jones at 425-438-2727 or bobpatjones@frontier.com Note that the class is a "two-consecutive-days class," which can be selected during the month of your choice.

2012 Dates

Apr. Mon/Tues 16-17

May Tues/Wed 22-23

June Wed/Thur 27-28

July/Aug. No Programs

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UW SEISMOLOGY LAB FIELD TRIP by Pat Cornwell

On Thursday, February 16, 2011, twenty-two Sno-King School Retirees and some accompanying spouses attended a very interesting and informative trip to the University of Washington Seismology Lab. We left from the Edmonds United Methodist Church and traveled by bus to the campus.



Doug Gibbons by Tom Hawkins

Our speaker, Doug Gibbons greeted us in the lab - where the walls were covered with: Maps indicating types of earthquakes and dates of major local quakes, Maps indicating locations and types of seismometers and lines of data transmission from seismometer sites around our state and Maps indicating Fault lines in the Puget Sound region.

An entire wall displayed digital screens reflecting present seismic activity in our region - including the "analog" Helicorder, which uses a "heat pen" to record seismic activity. This particular recording device is the "historical" method, (as now all is done digitally). TV reporters and meteorologists like to utilize the old method, however.

Doug described in detail the recording process. It takes about 2-5 minutes for movement to be received, sent and recorded. A "Duty Seismologist," reads the info and determines what is occurring and reports it to the Washington State Department of Emergency Management. The Data is reviewed and revised as continued info is provided. For example, the recent 5.7 quake off Vancouver Island was eventually upgraded to a 6.

He also mentioned a collaborative project between PNSN and USGS to add more measuring devices in neighborhoods around the Puget Sound area to retrieve data on how quakes impact various parts of the Seattle area.

The public is able to check the PNSN website for information on all of these events at www.pnsn.org/ Some 12-60 inputs of data come to computers in an adjacent room, where they are assigned magnitude, location, and are refined before a human checks it. The sphere of this operation is just Washington and Oregon.

Gibbons gave a visual representation of the difference (as strength increases) - of each whole number of earthquake measurement. Using popcorn kernels to represent how the increase in measurement of movement is magnified exponentially, it was clear how moving up the Richter scale numerically, dramatically increases force/power behind a quake. (It of course also depends on the location/depth of the quake).

Doug displayed the types of seismometers and described their functions. The smaller ones are used to register lesser quakes, and the larger ones filter out minor movements. In the mountain locations they often place 2-3 different types of seismometers.



SKSR members waiting for the start. by Tom Hawkins

to warn us." It continues to be studied. Funding for the lab is primarily from Federal sources, and includes a recent Federal Stimulus grant.

Gibbons reviewed several quakes including the largest (Chile 9.5), the 2004 Sumatra quake (9.2 with tsunami), and the recent 2011 Japan quake (9.0).

While both Doug and we could have gone on longer with the wealth of information he had to share, he closed with a review of the Mt. St. Helen's eruption and the clear picture it gave us of what happens when the plate materials melt and push upward. We all agreed it was an interesting and worthwhile afternoon. Thanks to Jim Siscel and Roberta Hawkins for arranging the trip, and special thanks to Roberta Hawkins for her detailed notes.



Sno-King School Retirees
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HELP US WITH INFORMATION TO PUT IN THE BULLETIN

The deadline for the next newsletter is 8:00 AM, **Friday April 20**

Send news and other materials to

Dave Johnson 814 6th Ave. So. Edmonds, WA 98020, damajo3@comcast.net, or 425-776-7298.

Address, phone or e-mail changes should be sent to **Erma Snook** egsnook@comcast.net or
425-776-2067.

If you know of illness, please call Sunshine Chair, **Evelyn Nordeen** evie.nordeen@frontier.com or
425-775-1127

To help with mailing our next Bulletin on **Monday, April 30** call

Marilyn Dauer 425-774-7445, **Betty Odle** 206-525-8276 or **Joan Hertrich** 425-778-9572

Address Changes:

- pg 10 Aetzel, Judd (George), 6445 Cooper Point Rd NW, Olympia, WA 98502-0902
- Pg 18 Bynum, Julie, 5103 NE 187th Street, Lake Forest Park, WA 98155-4343
- Pg 19 Carroll, Michelle, 908 6th Ave S, Edmonds, WA 98020-4010 (my error Feb Newsletter)
- Pg 39 James, Thomas, 14530 N Creek Dr APT 518, Mill Creek, WA 98012-5334
- Pg 43 Kuehn, Henry, 10901 176th CIR NE #2406, Redmond, WA 98052-7218
- Pg 45 Lennstrom, Agnes, 7761 Beacon Pl NE Unit 105, Bremerton, WA 98311-3230
- Pg 69 Sorensen, Marilyn, 7031 Seawind Drive, Long Beach, CA 90803-4315
- Pg 69 Steiner, Patricia, P O Box 2464, Chelan, WA 98816-2464
- Pg 73 Truax, Barbara, 19701 Bing Rd, Lynnwood, WA 98036-7100
- Pg 76 Welch, M Elizabeth, 3025 NE 137th St. Apt 406, Seattle, WA 98125-3577
- Pg 78 Wright, Elwin, 20225 Bothell Everett HWY APT 217, Bothell, WA 98012-8179