

SKSR Bulletin

A message from Our President Erma Snook



November 2010



Perfect Fall

The perfect fall for me contains laughter,
fun, colored leaves,
Restful peace, perfect bliss, apple pies and
wind's crisp kiss,
Crunch and crackle, shapes of color, the fire
dances, down slopes the sun,
Animals nestle beneath the moon, foggy
mornings coming soon,
For another perfect fall day where I can go
once more to play.

Beverly Hernandez -- Homeschooler

As the Fall season cocoons us, I found this beautiful little poem especially apt. "Fall" has special significance as our clocks are set to fall back in November and nightfall arrives earlier and eventually we fall heir to winter.

The state legislative session will soon fall upon us. We hope our efforts to maintain our COLA, full pension contributions and PEBB supplements do not fall on deaf ears. They, the legislature, have already fallen down in their contribution portion for Plan 1 and have fallen short in their commitment to repay the unfunded liability. And so, it sometimes seems our work **has** fallen on deaf ears as we fall further behind. We will need to be ready for fall, in line with WSSRA and a consortium of organizations, PEPR (Public Employees for Pension Responsibility) to make sure our interests fall into solutions. It won't be a windfall but we will no longer be content to be the fall guy either! Your help will be needed for our goals to fall into place.

Your Executive Board certainly has not been falling down on the job, as they have great venues for you to choose this fall. Coming up soon is the Potluck Scholarship Luncheon (see article, page 2) with great entertainment and an opportunity to support our Scholarship Fund. For the first time in long while, we are holding a December event, a Holiday Sing Along and Cookie Fest (see article, page 3 and flyer, page 11).

Join us, won't you? We look "fall"ward to seeing you!
Co-President, Erma Snook

Rachel Lake, Erma Snook, Co-Presidents
 Roberta Hawkins, Vice President
 Cheryl Bauer, Secretary/Schl Fin
 Donna Murrish, Treasurer/Mailing/Schl Fin
 Rita Requa, Membership
 Betty Odle, Historian/Luncheons/Picnic
 Rachel Lake, WSSR-PAC Treas
 Ellie Bonanno, WSSRA Legislative/Schl Fin
 Bob Nordeen, Membership/Schl Fin
 Bob Jones, RetirPlan/Web Page/Outreach
 Alice Bingaman, Telephone/Schl/RetirPln
 Gordon Bowers, Health
 Keith Lindaas, Linda Fitzgerald, Scholarship
 Joan Hertrich, Telephone
 Marlene Johnson, Marilyn Alaniz, Hospitality
 Virg Rayton, Grants
 Evelyn Nordeen, Sunshine/ Past Coordinator
 Jim Siscel, Special Projects
 Marilyn Dauer, Membership
 Dick Stucky, Don Denton, Schl Fin
 Bruce Caldwell, Directory
 Barbara Berg, Scrapbook
 Dave Johnson, *Bulletin* Editor/Schl Fin

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SKSR Board Meetings

1:00 PM,
 Edmonds SD ESC
 20420 68th Ave W,
 Lynnwood
 Everyone welcome!
 November 11
 January 13
 February 10
 March 10
 April 14
 May 12
 July 14
 August Planning Meeting ?



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MARK YOUR DATEBOOK

November 18 Scholarship Luncheon
 December 8 Sing-a-long/Cookie Fair
 February 17 General Meeting
 March 3, 10, 17, 24, 31 Retirement Seminars
 April 21 Scholarship Luncheon
 May 20 Joint Meeting with Sno Isle
 June 6-8 WSSRA Convention
 July 21 Picnic

November Potluck and Scholarship Luncheon

Every year in November and April, SKSR prepare a potluck luncheon to raise money for its scholarships (four \$1,200 scholarships), given to graduating seniors from Edmonds, Northshore and Shoreline. This event will be November 18th and we plan to have a raffle along with a wonderful potluck. The cost for the luncheon is \$5.00 for those that bring food for the lunch, \$7.00 for those that don't. Let Rachel, Erma or Betty know by Monday, November 15 if you are coming and if you will bring food.

We will have members from Lori Hansen's Pickled Herring Band to entertain us. The group plays a variety of accordion music and other grange hall music which includes melodies of foxtrots, swing, polkas, and schottisches. The style of music has been influenced by Lori's Scandinavian heritage. Their CD "Pickled Favorites" has been featured on the Scandinavian Hour radio program and was recorded at Normanna Hall in Everett. Joining Lori will be Jim Reynolds who will be playing his guitar. This should be a truly fun musical experience.

Everyone is invited to bring donations to the luncheon for the Canned Food Drive too.

We hope to see you there! SEE map (page 6) for Edmonds Unitarian Church 8109 224th SW, Lynnwood, WA

Please RSVP to Rachel Lake (206-32-5611) RachelmLake@comcast.net or Erma Snook (425-776-2067) egsnook@comcast.net or Betty Odle (206-525-8276) bettyholmodle@msn.com to confirm your coming.

If you are unable to attend the luncheon but would like to support the scholarship funds, you can make a donation to the Sno-King School Retirees Scholarship Fund and mail it to P.O. Box 33962, Seattle, WA 98133-0962. There is a donation form on page 6 which can be delivered to the meeting or mailed to SKSR.

N.W. COORDINATING COUNCIL

Ed Gunion, WSSRA Executive Director, was the featured speaker at our N.W. Coordinating Council meeting on Oct. 11th. He gave an interesting and informative talk where he noted that the legislature will have a tough, challenging time with the \$4.5 billion shortfall. He added “It is not our responsibility to handle state finances.” Our task will be to protect the things we have and to remind them of the unfunded liability to the TRS 1 pension system. The teachers paid 6% every year but the legislature has not kept up with their 6%.

Ed assured us that a contract lobbyist will be hired by Jan.1st. Leslie Main, Ester Wilfong, the legislative committee and he will be ready to work when the legislature convenes. Rachel Lake, Erma Snook, Betty Odle, Donna Murrish, Rita Requa, Alice Bingman, and Ellie Bonanno made the journey to Mount Vernon to attend the meeting. Other WSSRA school retirees from Whatcom, Skagit, Snohomish and part of King County were also there. Reports were given by Unit Presidents, State Committee Chairman, and our NW1 District Representative, Dick Anderson. The next meetings will be January 10, 2011 and March 14, 2011

A NOTE ABOUT THE NEW DECEMBER SING-A-LONG AND COOKIE SALE

Have you ever yearned for that good-old-fashioned sing-a-long at the Holiday gatherings? This year, Sno-King is extending its meeting schedule to do just that, and, we decided to have a delightful Holiday Cookie Sale along with it. Plan to join us on December 8th at Edmonds ESC to join in the festivities. (See page 11)

IMPORTANT MESSAGE

A quick update on sending the bulletin via email – To date about 200 members have asked to have the bulletin sent electronically and the September issue went to them very smoothly. Since the new directory is being sent out with the November issue, it will be necessary to send this issue via US postal to everyone.

E-MAIL DELIVERY

We are well on our way to saving trees and \$! Since first announcing our email delivery campaign, over 200 of you signed up to receive your Newsletter via email. We thank you so much!

Now for the rest of our 996 members, we know you may have intended to sign up if you have email and haven’t gotten around to it. Here’s how easy it is: look over the “How I Want My Email Address Used” choices below and email your information to Donna Murrish at donnamurrish@comcast.net and you are signed up! You will receive your Newsletter via email containing an attachment ready for viewing and/or printing. There are TWO big advantages to receiving your Newsletter electronically. First, you will receive it about 10 days, or more, earlier than snail mail and secondly, it will be in bright color! Our Editor is dressing it up just for our email customers!

Don’t delay! Sign up today!

How I want my e-mail address used! In our attempt to conserve \$ and resources, make your choices below and email information to

Donna Murrish : donnamurrish@comcast.net

Name	
E-mailAddress	

Check the appropriate boxes below to indicate your preferred use(s) of your e-mail address. Use my E-mail Address:

<input type="checkbox"/>	1.	In the Membership Directory 2010-2012.
<input type="checkbox"/>	2.	To send me the Newsletter.
<input type="checkbox"/>	3.	To inform me about Pension Reform, Legislation, Senior Issues, Events, Grant Information for Active Members, and/or PEBB (Public Education Benefits Board) Health Insurance issues.

Just For the Health of It

Now passed the November 1st deadline, the Governor's six week Health Bowl is complete for another year. Though not sponsored by WSSRA this year the following stalwart souls participated in gathering exercise miles for the Governor's goal of 5 million miles toward making Washington the healthiest state in the union.

Participating were: Rita Requa, Virg Rayton, Dave Johnson, Marlene Johnson, Jim Siscel, Andrea Siscel, Gil Snook and Erma Snook. We gathered on two occasions to "group" walk (see picture). We walked the Edmonds Waterfront and the perimeter of the Alderwood Mall. As of this printing, our totals were not in, but we are sure to be mighty! Dave and Marlene Johnson held the state high for a couple last year at convention!! Congratulations and thanks to all our participants.



back row L to R: Jim Siscel, Virg Rayton, Dave Johnson, Gil Snook, front row L to R: Marlene Johnson, Erma Snook

New Truancy Diversion Program Needs You!!!

What is the New Truancy Diversion Program? The King County Prosecutor's Office is holding Truancy Attendance Workshops for truant students, their families, and their school district representative. The goal of these workshops is to inspire truant students to

turn things around, go back to school, and get on track to a promising future. How can you help? We are looking for facilitators for each workshop. The facilitators will help the students, their families, and school district representatives to fill out attendance agreements by guiding a discussion about why the student is truant and what kinds of solutions they can work on together to overcome their issues. If you are interested in facilitating or speaking, please contact MeLisa Carson at MeLisa.Carson@kingcounty.gov or at (206) 296-8845.

AARP's Driver Safety Program (55 Alive)



AARP's Driver Safety Program (formerly 55 Alive) Mature Driving Class is a refresher course teaching preventive measures that save lives when driving. Pay \$12 (AARP members, \$14 non-members) materials fee to AARP instructor at class time. Participants register through Edmonds Parks and Recreation, 425-771-0230. Graduates may have a possible discount on auto insurance. Classes meet 9 AM to 1:00 PM at the Anderson Center, 700 Main Street, Edmonds. For alternate dates and locations, contact Bob Jones at 425-438-2727 or bobpatjones@verizon.net. Note that the class is a "two-consecutive-days class," which can be selected during the month of your choice.

2010-2011 dates
November 15 & 16 M & Tu
December 20 & 21 M & Tu
January 18 & 19 Tu & Wed
February 16 & 17 Wed & Th
March 16 & 17 Wed & Th
April 18 & 19 M & Tu

Legislative News

By the time you read this, there will be no more political ads on the television. (Does anyone miss them?) The election will be over and we'll know who our Senators and Representatives will be in Olympia. I do not envy them with their huge shortfall. Our work rushes into high gear as all of us make sure our legislatures know our issues and concerns.

WSSRA's top priority is that of ensuring that the state steps up to its obligation to responsibly fund its pension system. The state has not kept up with their contributions to the TRS/PERS pension fund. Those trusts funds could run out of money. The State Actuary has recommended that the state contribution be increased by 100%. The Pension Funding Council has adopted the recommendation even though it would double the State pension costs. If it is put off again, the cost will only increase plus the interest. We must work with our legislatures so that they can withstand the inevitable budget pressures. We must educate and challenge them about this important matter.

Our COLA's and replacement benefits are not constitutionally protected so could be taken away. Check the articles written by Ed Gunion and Leslie Main in your journal (page 3 and 4) for more information plus highlights from Ed's talk in this bulletin at the N.W. Coordinating Council meeting.

WSSRA had contracted Bill Fromhold as our lobbyist for this session. He developed a fast acting cancer and passed away. His wife, Marsha, is an experienced lobbyist and has her own lobbying firm. WSSRA plans to ask her to work with us. If she can not do it, our state office has other individuals in mind. We will have a contract lobbyist

by Jan. 1, 2011. A lobbyist is a big help, but the heavy work is done by Ed, Leslie, Ester Wilfong, and the legislative committees plus all of you to challenge and contact them.

If you do have an opportunity to talk with some of the elected officials during this time, Dick Anderson of the Whatcom unit wrote some suggestions to ask them.

Our pension system has not been fully funded. Our state actuary has recommended the state's contribution be increased by 100%. Would you vote for these recommendations?

Do you have suggestions for long term solutions for the budget deficits?

New Washington state employees must choose between State Pension Plans 2 and 3 during their first 90 days of work. If they do not, they are put into Plan 3. Studies have shown that Plan will save money in the long run. Would you vote for establishing Plan 2 as the new "default plan"?

If you are able to talk to any of them, let us know their answers. Stay tuned for more on this legislative session. It should be interesting! We must be ready to do our part.

Time In The Garden

Landscape services:

- *Personal Designs
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Please contact me and let me know how I may be of assistance to you and your landscape project.

Krist Sharpe 425-745-8526 kjsharpe@yahoo.com

Landscape Designer----Retired Shoreline Teacher

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IN MEMORIUM

Edith Bowers - passed away September 3. She was 90 years old and survived by her husband, Gordon, of 73 years, her caregiver. She was an active community member, a friend to many, loved by all.

Gordon Roberts - passed away at the age of 85. He was an educator in the Shoreline Community for 30 years. He shared his love of family, strong opinions and ethics, and a great sense of humor.

Peter Ehli - retired from the Shoreline School District in 1983 after a 30-plus year career as a teacher, principal and administrator. His love of family, friends, good food, his church and golf were his priorities.

HEALTH SERVICES by Gordon Bowers

CPR CHANGES: The American Heart Assn. advises that mouth to mouth, airway clearing and pulse procedures are not needed, except old CPR might still help some people mainly children, drowning victims, airway obstruction, trauma or respiratory disease.

Even if you never had CPR training, the Heart Assn. guidelines say to call 911, then start pushing hard and fast (100 times a minute) on the person's breast bone until medical EMT help arrives. There are cases of "non cardiac arrests" meaning they had breathing problems before they had heart problems such as drug overdose, asthma attack or drowning. In these cases, the old CPR would be a benefit. In any event, call 911, as advises Harvard's Dr. J. Toby Nagurney. Getting help quickly for someone who has suddenly collapsed is one of the reasons the system was created. Use it!¹

HEALTH TIPS AND GUIDELINES: Cranberries -- Did you know they are good not only for Thanksgiving dinner, but for all year long for medical purposes. Cranberry juice can prevent urinary infection in some women. No claims are allowed in USA but France and Canada both accept the medical miracles of cranberries. How much to drink -- 10 to 16 ounces daily is recommended. Lab research suggests other uses. The juice inhibits the bacteria in dental cavities and periodontal disease. It is good for heart health and ulcers by not allowing bacteria to stick to stomach lining. Frozen berries can be used in baking, sauces, stews, jellies, and good snacks. They are high in calories, about 200 fresh and 300 dried. Ask your Doctor.

Other Health Tips: Get flu shots now, OK age 6 months on. This vaccine will protect from H1N1 (swine flu), which is more severe in youths.

Memory Problems: Talk with your doctor about medications; some may cause worse memory, confusion, or cognitive impairment in older people.²

SHINGLES: A skin rash that can be horrible; it goes away after a few weeks, but if it comes back

it is called Postherpetic Neuralgia, that can last for months or years. Prescription can help in some cases, but the only sure bet is a shingles vaccination, sold under the name Zostavac, and approved by the FDA in 2006. The recommendation is that anyone aged 60 or older with a healthy immune system should be vaccinated now!³

NEW CARDIAC MONITOR AND HEART ALERT: Swedish Hospital is the first to use an experimental alert system that will track changes in the heart's electrical signal, alerting patients to get quick medical help. The research study is to test the effectiveness of an implantable sensor, about the size of a heart pacer. Hopefully the early warning will get help sooner and save lives.

To participate in the Alerts Study, patients must meet certain requirements. Contact Inger Rasmussen at 206-215-3989.⁴

LEARN WARNING SIGNS OF A STROKE AND HEART ATTACK: Stroke: Sudden numbness or weakness of the face, arm, or leg, especially on one side of the body. Sudden confusion, trouble speaking or understanding, trouble seeing in one or both eyes, sudden trouble walking, dizziness, loss of balance or coordination or severe headache with no known cause. Also, about 10% of strokes are preceded by temporary strokes (Transient Ischemic Attacks or TIAs), usually last 24 hours or less, but these are warnings. See your doctor!

Heart attack: Chest discomfort, center of chest that lasts more than a few minutes, or that goes away and comes back. Discomfort in other areas of the upper body such as pain or discomfort in one or both arms, back, neck, jaw or stomach; Shortness of breath, cold sweat, nausea, lightheadedness. If any of these, call 911.⁵

TROUBLE SWALLOWING? Just pop some food chew and swallow. Some of us have food hang up about half way down, and it finally goes to the stomach. The medical term for this is dysphagia, and Mayo Clinic points out that it can occur at any age as muscles weaken due to disease

continued page 6

Health Services *Continued from page 5*

or tumor in the esophagus, etc. The radiologist would give you a barium pill to help x-ray through the problem. The serious concern is that the patient may not be getting enough food to stay healthy. Treatment may be therapy only, diet, soft foods or more invasive balloon dilation of a narrow esophagus or many other treatments for the very complex process of just swallowing.⁶

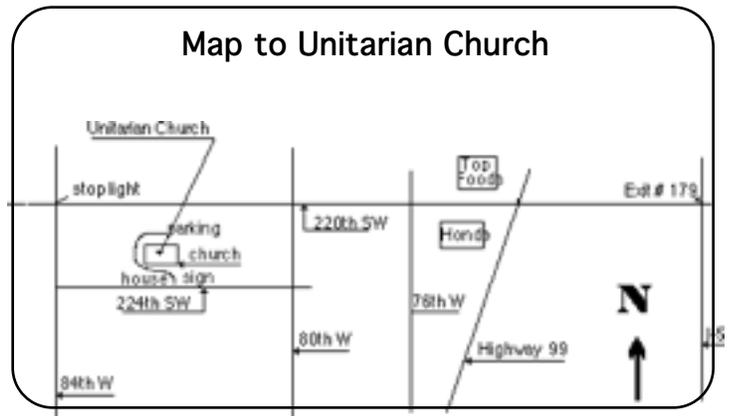
CHUCKLES: Double occupancy means two can stay as cheaply as one who has to pay double if he is alone.

The teacher was writing left-handed. Her 6 year old pupil asked, “Mrs. B, did you know your arms are on backwards?”

1. *Harvard Health Letter*, October 2010 P. 1-2
2. *UC Berkley Health Letter*, November P. 2-8
3. *Harvard Health Letter*, October 2010 P. 6-7
4. *Swedish Edmonds Health Watch*, Fall 2010 P. 1
5. American Heart Association
6. *Mayo Clinic Health Letter*, October 2010 P.1-3

Opportunity for Tutoring

Parkwood Elementary, Shoreline Schools, is beginning a new volunteer group at Parkwood. The group is, hopefully, to be made up of retired teachers who would be willing to share time and expertise with some of these students. Tutoring will be during school hours and Parkwood will arrange all of the logistics. Interested? Contact Mary Servais, Family Advocate, Parkwood Elementary 206-393-1447 or email : mary.servais@shorelineschools.org.



SUGGESTION BOX

Just an Idea----

SnoKing, have you ever considered _____

For our meetings? _____

For our organization’s activities? _____

For our Bulletin? _____

Other? _____

Name _____

Email _____

Phone _____

Return to Rachel Lake, 5003 NE 194th Place
Lk Forest Pk, 98155 206-362-5611 or
RachelmLake@comcast.net or
Erma Snook, 6007 188th St. SW, Lynnwood, WA
98037 425-776-2067 or egsnook@comcast.net

SNO-KING SCHOOL RETIREES’ SCHOLARSHIP FUND

The purpose of the SKSR Scholarship Fund is to assist carefully selected graduating seniors majoring in education from Edmonds, Northshore and Shoreline School Districts in reaching their goals. Contributions are tax deductible.

Enclosed is a contribution of \$_____ As a special gift _____ Or in memory of _____ Or in honor of _____ on the occasion of _____

Please send acknowledgment to
Name _____
Address _____

Donor’s Name _____
Address _____

Make check payable to Sno-King School Retirees’ Scholarship Fund. Mail to:
Sno-King School Retirees, PO Box 33962, Seattle WA 98133-0962.

IN APPRECIATION TO THE FOLLOWING DONORS TO THE SCHOLARSHIP FUND

Virg Rayton in memory of Kristin Galante,
 Rita Requa in memory of Don Fitzgerald,
 Cheryl Bickford, Gordon Bowers, Dave & Marlene Johnson, Rachel Lake, Donna Murrish, Bob & Evie Nordeen, Rita Requa, Tom & Evelyn Rodrique, Dick Vitulli in memory of Edith Bowers,
 SKSR in memory of Edith Bowers, Lena Lunnum, Rosamond Bargelt, and Gordon Roberts

2 Things Your Burglar Won't Tell You:

1. Of course I look familiar. I was here just last week cleaning your carpets, painting your shutters, or delivering your new refrigerator.
2. Hey, thanks for letting me use the bathroom when I was working in your yard last week. While I was in there, I unlatched the back window to make my return a little easier.

Finance & Business Manager, Non-Profit Educational Organization

The Attic Learning Community, a progressive non-profit educational organization in Woodinville, is *hiring* a Finance and Business Manager. This is an exciting opportunity for a business professional with a background in finance and operations, strong leadership skills, and a desire to be involved with a rapidly-growing non-profit educational organization.

The Finance and Business Manager reports to the Executive Director and is responsible for the financial operation of the organization, including purchasing, financial investments, banking activities, borrowing, payroll and benefits; coordinating an annual audit; preparation of the annual budget; guiding the organization's new building project including activities associated with project budgeting, management, capital fund raising and borrowing.

The Finance and Business Manager also works with the Executive Director and the Board of Trustees to ensure the development and implementation of appropriate policies for the organization and provides staff support to the Finance and Executive Committees of the Board.

To apply, please provide a cover letter and CV to: brad.e.fisher@gmail.com.

Acceptance of this paid advertisement does not imply SKSR endorsement



September Kickoff Social

We were so glad to see a good turnout at our September Kickoff Meeting at O'Donnells Restaurant. Our meeting space was perfect for visiting, electing officers, examining and reminiscing through our scrapbooks on display courtesy of Barbara Berg. There were some mystery photos we helped identify and it brought back memories for our long timers and a sense of history for us all. To kick off our year we stocked up on Entertainment Books, we signed up for the Governor's Health Bowl, checked out a travel opportunity to China, ate good food and chuckled over Steven Wright one liners written on the back of our fall leaves--such as: "Everyone has a photographic memory; some just don't have film!" We are geared up for an exciting year ahead.

PAINTING PAIN?—I can help you

Since retirement almost four years ago and for 25 years before that, we have had the privilege of helping members with their painting needs. References are available from many of them. I would also be happy to help you with your needs. Help is also available to fix some of those small household repairs that need to be done. We serve the east side and north end of Lake Washington. For information call

G.F. Moore Painting (Warren) 425-466-2729 or 425-485-4570

Acceptance of this paid advertisement does not imply SKSR endorsement.

GETTING TO KNOW YOU BETTER, DONNA MURRISH

Once in a great while you may wonder why you haven't really inquired about the background of a special person you have worked with, served on committees with, and counted on to keep an organization really on track. That kind of special person for this month is Donna Murrish. A Shoreline School retiree, Donna came to the school district in 1965, serving as a school secretary for 25 years in middle, high, and elementary schools with the district. Her ability to organize, keep records, use technology, write, and arrange events has been her hallmark, serving this and many other organizations as well

Donna regularly volunteers inside and outside our profession for many organizations: Sno-King School Retirees (co-president in 2004-2005, and treasurer for 11 years), WSSRA-since 1994, Daughters of Norway (local secretary and Grand Lodge secretary for four years), Pontiac Car Club-Puget Sound Chapter (editor of monthly newsletter), St. Vincent de Paul, St Matthew Conference, and a volunteer to read with K-3 students every Tuesday morning on a one-on-one basis.

Sno-King is especially grateful for Donna's work in our organization. Just a few of her responsibilities of being treasurer include: maintaining membership records, creating a yearly budget, reporting monthly to the Executive Board, filing reports to the State and IRS, maintaining the Winnie Smith Scholarship financial records, sending scholarships to recipients, assisting with the membership directory, establishing the SKSR electronic and mail communication system, assisting with the Bulletin mailings—(labels, folding, post office delivery) and attending various meetings for Sno-King



SRA, NW #1 Coordinating Council, WSSRA Convention Delegate and past member of WSSRA's Nominating Committee.

One of five brothers and sisters, Donna came from eastern Montana, attended Marysville High School, and Everett (Junior) Community College. One of her fun things to do is to be a hostess at the annual Marysville Historical Society Tea in April. She could be found on May 17th (Settende Mai) Ballard Parade carrying a huge U. S. flag. This year the Daughters of Norway were featured there in the *Seattle Times*. She and her husband of 47 years have often rendezvoused with others in the Pontiac Car Club attending car shows and trips. Last year Donna arranged for a cruise to Alaska for 13 of her siblings and cousins. Besides all that, her hobbies include genealogy, gardening, crosstitch, quilting, writing a family newsletter, maintaining the traffic circle on her home street, and baking (especially at Christmas). Krumkaker is her specialty.

Indeed, she is a gem! We're so lucky to know you, Donna, and we thank you for all you do!



For rent: Scottsdale Condo
 1 bdrm, furnished near Old Town
 pool, jacuzzi, laundry
 Jan.-Mar. \$850.00 month
425-788-3292 or 206-601-8733
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IT'S FALL AGAIN AND TIME TO GET YOUR 2011 ENTERTAINMENT BOOK!

I looked through the book and it looks great. Your favorite places are still in there plus this year there are coupon savings for QFC and Bartell Drugs. You can pay for your book just by using these coupons when you go shopping. Besides the Entertainment card inside the book, there are several other cards attached for a variety of places.

The books this year are \$25. You can order yours by calling me at 206-363-5753 or sending an email to donnamurrish@comcast.net or by contacting any other SKSR board member. Those 16 boxes of Entertainment books that were lining my hallway are now down to about 5. If you haven't picked yours up yet, it's waiting for you. Remember, they make good gifts and you can also order books for other states. Profits go to the Sno-King Scholarship fund – for the first 90 sold we get \$5 each. After 90 sold, we get \$12.50 each and since we have now reached that point, every book sold from now until the end of the fund-raiser will earn \$12.50 for scholarships.

Remember, this is Sno-King's biggest annual fundraiser project.

ATTENTION ACTIVE MEMBERS SKSR GRANT DEADLINE - NOVEMBER 11th

Grant applications are due by Thursday, November 11th. All active (working) members of Sno-King School Retirees, of any employee group, are eligible for a grant of up to \$200 for their use in facilitating their work with students.

The process is - simple!

1. a sentence or two explaining how the grant money will be used
2. amount of money requested
3. your name, address, grade level (if a teacher), school and district
4. principal/program manager's name and school phone number

Applications are due by November 11th (Veterans' Day) and recipients will be notified by Thanksgiving.

Applications should be sent to:

Virg Rayton or Rita Requa
 SKSR Grants Chair rrequa@comcast.net
rayton@eskimo.com Phone: 206.362.5220
 Phone: 425.774.9413

Children's science exam answers...

Q: Name the four seasons.

A: Salt, pepper, mustard and vinegar.

Q: Explain one of the processes by which water can be made safe to drink.

A: Flirtation makes water safe to drink because it removes large pollutants like grit, sand, dead sheep and canoeists.

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Foundation House at Bothell is a full-service not-for-profit retirement community sponsored by the Seattle Education Foundation.

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Phone: 425.402.9606



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Put On
Calendar

Put On
Calendar

*Holiday Sing-Along
And
Cookie Fest*

Edmonds Board Room

December 8, 2010

1-3 p.m.



*Sing Along to Holiday Music accompanied by outstanding talent,
Bruce Caldwell, on piano OR just come and enjoy the melodious
and festive atmosphere.*

*Enjoy a tasty treat of holiday cookies and beverages and support
SnoKing 23 and take some cookies home!*

Want to bring your favorite Cookies? 2-3 dozen?

RSVP to Rachel Lake or Erma Snook

206-562-5611 425-776-2067





Sno-King School Retirees
P. O. Box 33962
Seattle, WA 98133-0962

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ORG
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Permit #6835
Seattle, WA**

ADDRESS SERVICE REQUESTED

HELP US WITH INFORMATION TO PUT IN THE BULLETIN

The deadline for the next newsletter is 8:00 AM, **Friday January 21**

Send news and other materials to

Dave Johnson 814 6th Ave. So. Edmonds, WA 98020, damajo3@comcast.net, or
425-776-7298.

Address, phone or e-mail changes should be sent to **Donna Murrish** donnamurrish@comcast.net
or 206-363-5753.

If you know of illness, please call Sunshine Chair, **Evelyn Nordeen** evie.nordeen@frontier.com or
425-775-1127

To help with mailing our next Bulletin on Monday, **January 31** call

Alice Bingaman 425-778-1343, **Betty Odle** 206-525-8276 or **Joan Hertrich** 425-778-9572

Address Changes:

Bushue, Paul, PO Box 506, Edmonds, WA 98020-0506

Feik, Aaron, 20505 Marine Dr, MHP #4, Stanwood, WA 98292-7852

Kloess, Priscilla, 11728 NE 48th Pl, Kirkland, WA 98033-8752

Michaelson, Jeffrey, 14976 S. Camino Rio Puerco, Sahuarita, AZ 85629

Sezate, Lisa, 19526-2nd Ave NW, Shoreline, WA 98177-2507

Whitworth, Julie A, PO Box 369, Gold Bar, WA 98251-0369

Zody, Gailen, 2833 Cielo Azul Dr NE, Rio Rancho, NM 87144-0573

Welcome New Members:

Dalziel, Donald G, 3434-227th St SW, Brier, WA 98036-8062

Harris, Marcia E, PO Box 269, Wauna, WA 98395-0269

King, Tanya D, 613-122nd Ct NE, Lake Stevens, WA 98258-8082

O'Brien, Jane T, 733 North 150th St, Shoreline, WA 98133

Vujovich, Amy M, 1864 NE 169th St, Shoreline, WA 98155-6018

Deceased:

Bargelt, Rosamond Sept. 2010

Bowers, Edith Sept. 3, 2010

Ehli, Peter J Sept. 23, 2010 (SL)

Lunnum, Lena Sept. 2010

Roberts, Gordon Oct. 2010 (SL)