

Sno-King School Retirees



May 2009

www.sksr.org

Erma Snook, President
Cheryl Bauer, Secretary
Donna Murrish, Treasurer/Mailing
Rita Requa, WSSRA President Elect/ Grants
Betty Odle, Historian/ Luncheons/ Picnic
Jim Siscel, Program/Benefit Fair
Rachel Lake, Legislative/PAC Treas.
Ellie Bonanno, WSSRA Legislative/ Schl.Fin.
Bob Nordeen, Virg Rayton, Membership
Cheryl Bickford, Community Service/Luncheons
Bob Jones, Retirement Planning/ Web Page/Outreach
Alice Bingaman, Retirement Planning/ Scholarship
Gordon Bowers, Warren Rowe, Health
Keith Lindaas, Linda Fitzgerald, Scholarship
Joan Hertrich, Phoning
Marlene Johnson, Marilyn Alaniz, Hospitality
Ron Robinson, Bruce Caldwell, Directory
Dick Stucky, Don Denton, Scholarship Finance
Evelyn Nordeen, Sunshine
Barbara Berg, Scrapbook
Dave Johnson, *Bulletin* Editor

The SKSR Bulletin

A Message From Our President



The Spring weather gives us renewed energy in our lives. The sunshine also gives us a look at our weather streaked windows and reveals shadowed corners where clutter has inauspiciously grown without our consent! So a time for renewal.

So it is with the Sno King School Retirees. Through the looking glass we find the economic downturn has impacted us and left us with a weathered, streaked view. Just as for you, our interest rate on our Scholarship CD is down and other resources are on a downturn this year, also. So we'll be doing some belt tightening and corner digging to keep us fiscally fit! Your usual support and contributions are more vital than ever.

I have been doing some reflecting over the past two years that I have served as SKSR chair. I have enjoyed the journey and most of all the camaraderie and guidance from your great board. I have been greatly enriched by all of the experiences that this organization offers. I would strongly encourage any of you to become more active in this organization, You get back way more than you can give. We need to continually **renew** our leadership as well as **cultivate** our seasoned and faithful, long-time servers in order to keep us vital. Come to a board meeting, won't you? We meet the second Thursday of each month except December and June.

I hope you are entertained by the articles within this issue. I am especially invigorated by the selection of our four new scholarship recipients and their stories. It was wonderful to meet them at the Scholarship Luncheon. Such poise and ease they displayed! Kudos to Linda Fitzgerald and Keith Lindaas for all the time it takes to find these great students each year!

I hope to see you at the Joint Sno-King/Sno-Isle Luncheon on May 21st. It's always fun to meet old friends and make new

continued on P2 President

YOU'LL FIND INSIDE

President's Message.....1&2
 Calendar of Events.....2
 WSSRA Convention.....2
 Legislative News..... 3
 Sno-King/Sno-Isle Luncheon.....4
 Scholarship Luncheon..... 5
 Member Information.....6
 Map6
 Health Services.....7
 Bylaw Changes.....8& 9
 Thanks. & Obituary.....8
 Scholarship Winners.....10&11
 Volunteer Oportunity.....10
 Address Changes12

www.sksr.org

SKSR Board Meetings
 1:00 PM, Edmonds SD ESC
 20420 68th Ave W, Lynnwood
 Everyone welcome!

May 14
 July 9

President *continued from P1*

ones in a relaxed environment away from the usual business! See the information on making a reservation within. Tony Ventrella's presentation promises to be inspiring.

We, the delegates from SKSR, are off to convention in June. Most excitedly we will install our own Rita Requa as WSSRA President! We'll send you the scoop next issue!

Happy Spring! Erma Snook

WSSRA CONVENTION

We are all set for Convention in Vancouver, WA, June 8-10. We are looking forward to the installation of Rita Requa as president. We are very proud of her. Your delegates are: Cheryl Bauer, Barbara Berg, Ellie Bonanno, Bruce Caldwell, Jo Caldwell, Phyllis Enger, Lois Grasmick, Dave Johnson, Marlene Johnson, Bob Jones, Rachel Lake, Donna Murrish, Bob Nordeen, Evie Nordeen, Betty Odle, and Erma Snook.

Delegates will meet for a pre-Convention planning session, no host, at Barlees Restaurant, June 3rd at noon.

We are submitting a basket from SKSR for raffle for the WSSRA Foundation Scholarships. Our basket will have the CHOCOLATE theme. Barbara Berg is chairing this event. If you can contribute, bring your chocolate related item to the next Board Meeting May 14th or to the Joint SnoKing/Sno Isle luncheon on April 21st or to Barbara Berg, 425-483-2671

MARK YOUR DATEBOOK

General Meeting/Sno-Isle
May 21
 Sno-Isle Skills Center

June 8-10
 WSSRA Convention
 Vancouver, WA

July 16
 picnic
 Edmonds City Park

LEGISLATIVE REPORT

by Rachel Lake & Ellie Bonanno

LEGISLATIVE SESSION TO END APRIL 26TH

This final week of the 2009 Legislative session is a critical one for the 2009-2011 Biennium Budget. Anything can happen between the Senate and the House in their negotiations before the final resolution. There is much work to do before their adjournment planned for Sunday, April 26th. Because of our *Bulletin* deadline of April 24th, we will need to report the impact upon pensions and provide an update on key issues in the next issue.

Already passed and signed by the Governor is our bill ESSB 5238-Access to Mailings. This bill allows any organization, who exclusively provides representation or services to retired members and who have dues deducted through the Department of Retirement Systems, to have access to all members of the retirement systems twice each year. This legislation is essential to our organization for mailings of a non-political nature.

We are watching these items in the Budget negotiations:

Pension Funding—repeal of 2024-amortization date for Plan 1 Unfunded Liability and establishing a rolling ten-year amortization period.

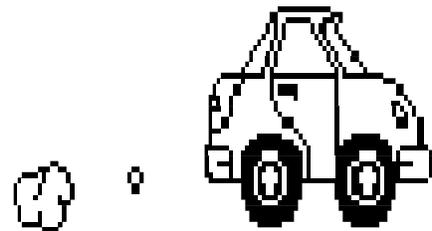
PEBB subsidy level—frozen at the present level of \$182.89 for both years of the biennium and this is the same in both the House and Senate Budgets.

Suspension of the Select Committee (SCPP)—provisions were included in the Senate Ways and Means Committee 2009-2011 Operating Budget to suspend activities of the Select Committee on Pension Policy (SCPP) for the upcoming biennium. (We activated Sno-King's telephone line to reverse this amendment by calling legislators.)

Currently, we know that our 2009 COLA (July, 2009) is in place as is the final distribution of the Gain Sharing settlement. Look for this and other information in the next edition of WSSRA's *The Journal*.

AARP Driver Safety Program (55 Alive)

AARP's *Driver Safety Program (formerly 55 Alive) Mature Driving Class* is a refresher course teaching preventive measures that save lives when driving. Pay \$12 (AARP members, \$14 non-members) materials fee to AARP instructor at class time. Participants register through Edmonds Parks and Recreation, 425-771-0230. Graduates may have a possible discount on auto insurance. Classes meet 9 AM to 1:30 PM at the Anderson Center, 700 Main Street, Edmonds. For alternate dates and locations, contact Bob Jones at 425-438-2727 or bobpatjones@verizon.net. Note that the class is a "two-consecutive-days class," which can be selected during the month of your choice.



Spring & Summer 09 dates

May 20 & 21

No June dates

July 1 & 2



Tony Ventrella

Joint Sno-King/Sno-Isle Luncheon

Indicate your menu selection when you RSVP:

1. London Broil
2. Chicken Braised in Dijon Cream Sauce

Lunch includes salad, entree, beverage and dessert.

Tony Ventrella of local TV fame will be our guest speaker

Date: May 21, 2009

Time: Noon

RSVP: Erma Snook by May 14
425-776-2067.

or: egsnook@comcast.net

Check payable to SKSR.

Place: SnoIsle Technical
Skills Center
9001 Airport Road
Everett, WA 98204

Cost: \$12.50 incl tax and gratuity
All reservations final and need to be paid. Thank you



Scholarship Luncheon

On April 16 we gathered at the Unitarian Church in Edmonds for our twice yearly Scholarship Luncheons. We were sparse in attendance but very generous in giving and we had a wonderful time. We were entertained by the Sound Singers, directed by our own Bob Jones. Oh, but I wish I could tickle the ivories like he can! The Singers were small in number, too, according to Bob, but they were full in voice and we enjoyed Patriotic, Easter and good ole toe tappin' music. Always a delight!

Linda Fitzgerald and Keith Lindaas, co chairs of the Scholarship Selection Committee, introduced our four high school scholar-

ship recipients for 2009 and reported that all four of last year's recipients will renew for next year, our first year of renewing scholarships!

Since the interest rate on our Scholarship CD is down, our fund raising was lower than last year and memorials and donations to the Scholarship Fund are down and now our attendance at the Scholarship Luncheon was low. We could use any donations you were intending to make or feel you can donate to help us fund the new \$1200 rate per the four scholarships we give out! Thank you.

Thank you to Cheryl Bickford and Betty Odle for their great organization of the luncheon and all those who helped set up and clean up!

PAINTING PAIN?—I can help you

Since retirement almost four years ago and for 25 years before that, we have had the privilege of helping members with their painting needs. References are available from many of them. I would also be happy to help you with your needs. Help is also available to fix some of those small household repairs that need to be done. We serve the east side and north end of Lake Washington.

For information call
G.F. Moore Painting (Warren)

Acceptance of this paid advertisement does not imply SKSR endorsement.

Affordable Living for Exceptional People

Foundation House at Bothell is a full-service not-for-profit retirement community sponsored by the Seattle Education Foundation.



Affordability—Comfort—Beautiful Setting

Call today to learn more about our Retired Educator Incentive Program!

Acceptance of this paid advertisement does not imply SKSR endorsement.

Phone: 425.402.9606



Foundation House
at Bothell
 A Retirement Community Sponsored by Educators

**17502 102nd Avenue NE
 Bothell, Washington 98011**



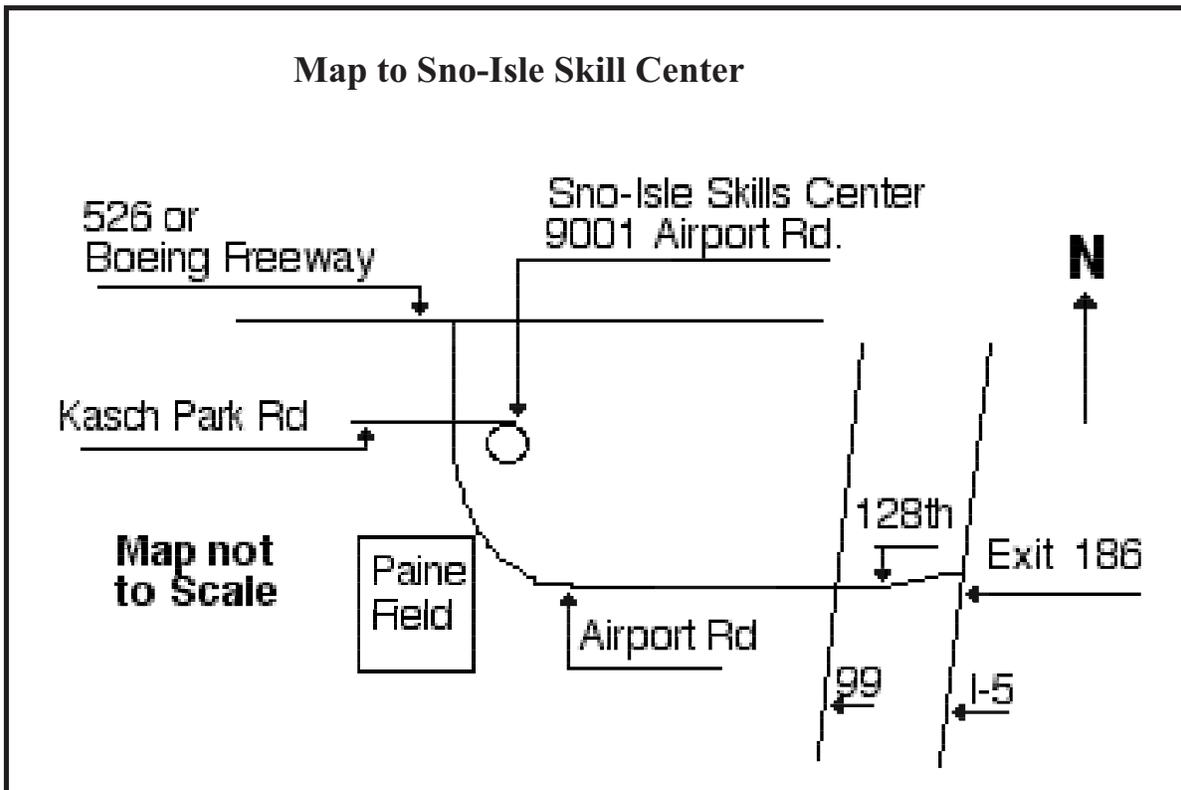
MEMBER INFORMATION

Welcome New Members:

- Pg 18 Cantrell, Linda R, 18423-61st Pl NE, Kenmore 98028-3251
- Pg 21 Cooper, Kathleen, 18793-50th Ave NE, Lk Forest Park 98155-3001
- Pg 24 Dunsdon, William K, 17125-39th Pl W, Lynnwood 98037-7012
- Pg 27 Francois, Laurence A, 15916-62nd Ave SE, Snohomish, WA 98296-4644
- Pg 48 Neilsen, Jack L, 421-10th Ave S, Edmonds, WA 98020-3313
- Pg 55 Rautenberg, Karen L, 2432 NW 196th St, Shoreline, WA 98177, 206-542-7226
- Pg 57 Rusk, Julie S, 10643 NE 154th Pl, Bothell 98011-4850
- Pg 58 Schindler, Kathleen N, 7806-218th St SW, Edmonds 98026-7952
- Pg 64 Taber, Ron F, 14212-64th Ave W, Edmonds 98026-3502
- Pg 61 Snook, Gil 8007-188th St SW, Lynnwood 98037-7245 (associate member)
- Pg 67 Walker, Susanne M, 11000 Whitcomb Pl, Woodway 98020-4122
- Pg 68 Wharton, Stephen J, 9126 NE 142nd Way, Bothell 98011-5157
- Pg 70 Yocum, M. Jeanie, 8234 NE 115th Pl, Kirkland 98034-3503

Deceased:

- | | | | |
|-------|-----------------|----------------|------------------|
| Pg 11 | Asbury, Eva E | March 13, 2009 | (Northshore) |
| Pg 17 | Brown, June D | March 25, 2009 | (Shoreline) |
| Pg 30 | Hanberg, Dale R | March 16, 2009 | (Shoreline) |
| | Terry Galloway | March 19, 2009 | Northshore Dist. |



Health Services
By Gordon Bowers

MAMMOGRAMS BENEFIT OLDER WOMEN TOO: For many years women were told that they didn't need a mammogram after a certain age. Not so according to the UCLA Division of Geriatrics. "Using age alone as a criterion for mammography is not a good idea. We need to take a woman's health and well being into consideration", says Dr. Lawrence Bassett MD, Director of the Iris Canter Center for Breast Imaging at UCLA. He also advises that women in their seventies and eighties should be getting mammograms yearly. In two years it can go from a small cancer that is curable to one that is metastatic. His suggestions on what you can do include (1) talk with your doctor about benefits including hormones, (2) quit smoking, (3) exercise almost daily, (4) know how your breasts normally feel, and (5) report any change promptly to your doctor. ¹

WHAT ARE FRIENDS FOR? A LONGER LIFE: In the quest for better health, many people turn to doctors, self help books or herbal supplements. They overlook a powerful weapon that could help them fight illness and depression, speed recovery, slow aging, and prolong life: THEIR FRIENDS.² The above article is one from a three page series on friends and their influence on our lives, sent by courtesy of Rita Requa. Thanks

NEW THOUGHTS ON RENEWING AN OLD HABIT: Swedish scientists have measured the rate at which heart muscles are replaced during a life time. About one percent of heart muscles are replaced every year, more rapidly at age 25, and slower by age 75. The study was lead by Dr. Jonas Frisen of Karolinska Institute, Stockholm and reported in the April issue of The Journal Science. Dr. Charles Murray, University of Washington says, "It helps settle a long standing controversy about whether the human heart has the ability of regenerate itself."³

¹UCLA Division of Geriatrics Staff "Healthy Years" January 2009, p. 1-7

²Parker-Pope, Tara *New York Times* April 21, 2009, p. 1

³Wade, Nicolas, *New York Times* and *Seattle Times* April 3, 2009, p. A2

Rules for Schoolteachers 1915

- 1, You will not marry during the term of your contract
2. You are not to keep company with men.
3. You must be home between the hours of 8:00 PM and 6:00 AM unless attending a school function.
4. You may not loiter downtown in any of the ice cream stores.
5. You may not travel beyond the city limits unless you have permission of the chairman of the board.
6. You may not ride in a carriage or automobile with any man unless he is your father or brother.
7. You may not smoke cigarettes.
8. You may not dress in bright colors.
9. You must wear at least two petticoats.
10. Your dresses must not be any shorter than two inches above the ankle.
11. To keep the school neat and clean, you must sweep the floor at least once daily; scrub the floor at least once a week with hot, soapy water; clean the blackboards at least once a day; and start the fire at 7:00 AM so the room will be warm by 8:00 AM.¹

¹Owen, Barb. *Making the Grade, Plucky Schoolmarms of Kittitas County*, WSU Press 2008 p. 25

BYLAW REVISION

In this Bulletin you will find proposed changes to the Sno King School Retirees Scholarship Fund Bylaws and to the Sno King School Retirees Bylaws. These changes are triggered by our Winnie Smith bequest and her Memorial Scholarship Fund. We now operate two scholarship funds within our Bylaws: one for the graduating high school seniors, and one for renewing those scholarships up to four years if criteria are met. So we made quite an overhaul of the Scholarship Fund Bylaws. In this Bulletin, is the proposed Scholarship Fund Bylaw change. In order to conserve space we did not include the current Bylaws for the Scholarship Fund. You may find our current Bylaws online at our web site: www.sksr.org. The change to the main Bylaws involves including a new committee under Article VIII and renumbering the committees after. We inserted the Scholarship Fund Finance Committee (formed to oversee the investment and care of the Winnie Smith Memorial Fund). Minor wording changes were also made to the Scholarship Committee language and to the Sunshine Committee language. See the Committee list below numbers 12-15. Please check all this out and we will vote on the changes at the July Picnic. Questions? Contact Erma Snook 425-776-2067.

The following are proposed language changes to the Sno-King School Retiree's ByLaws adopted 3-12-2009 Article VIII #12-15.

12. Scholarship Committee shall ~~provide for the fund raising activities for scholarships, recruitment of student candidates and selection of recipients~~. ***recruit student candidates and select recipients***. Recipients must be High School seniors planning careers in education. The Committee will report criteria, selection methods, and number of applicants from each district to the Executive Board.
13. ***The Scholarship Finance Committee shall oversee investing available funds from the Winnie Smith Memorial Fund in appropriate, safe financial instruments to ensure growth and security. The Scholarship Finance Committee shall report annually to the Sno-King School Retirees Executive Board.***
14. ***The Sunshine Committee shall contact our ill ~~shut-in~~ and bereaved members.***
15. ***Telephone Committee shall be responsible for contacting members regarding specific purposes.***

Revised May 21, 2009:

See The Sno-King Schiill Retirees Scholarship Fund ByLaws on page 7

Thank you for your donations to the Scholarship Fund:

Fred Cochran in memory of his wife Kathleen
 Rachel Lake in memory of Dale Hanberg and a
 donation
 SKSR in memory of Dale Hanberg, Eva Asbury,
 June Brown
 Rita Requa for a donation
 Wanda L. Boykin for a donation

MEMORIAL

Dale Reed HANBERG 1928 ~ 2009 Dale began his teaching in Seattle. He later moved to Shoreline where he spent a most successful career as a high school counselor. He was a friend and will be missed by all those who knew him.

PROPOSED LANGUAGE SUBSTITUTION 3-12-2009

SNO-KING SCHOOL RETIREES SCHOLARSHIP FUND

BYLAWS

ARTICLE I

Name, Composition, and Officers

The name of the Fund is called the Sno-King School Retirees Scholarship Fund and is composed of two funds: The Annual Sno-King School Retirees Scholarship Fund and the Winnie Smith Memorial Fund. The Sno-King School Retirees Executive Board shall constitute the Board of Trustees.

ARTICLE II

Purpose of Funds

The purpose of the Sno-King School Retirees Annual Scholarship Fund is to provide financial assistance to graduating seniors from Edmonds, Northshore, and/or Shoreline School Districts who are planning a career in education and who meet the criteria. The purpose of the Winnie Smith Memorial Fund is to grant renewable scholarships to Sno-King School Retirees Annual Scholarship Fund recipients, provided that they meet the criteria.

ARTICLE III

Annual Income Sources and Distribution for Each Fund

- A. Sno-King School Retirees Annual Scholarship Fund: This fund derives its income from contributions, memorials, fund-raising activities, and investments. The Sno-King School Retirees Scholarship Committee shall provide for the selection of candidates and management of these scholarships. Distribution of these funds shall be decided by the Board of Trustees. Each scholarship is for one year.

- B. The Winnie Smith Memorial Fund derives its funds from the original investments, income sources, and interest received from the estate of Winnie Smith. The Scholarship Finance Committee will monitor and invest available funds in appropriate and safe financial instruments to ensure growth and security. The Sno King School Retirees Scholarship Committee shall provide for the selection of candidates and management of these scholarships. Distribution of these funds shall be decided by the Board of Trustees.

ARTICLE IV

Amendments

The By-Laws may be amended by the majority vote of the membership present at any regular or special meeting of the Sno-King School Retirees Association.

Proposed 3/12/09

2009

Winnie Smith Memorial Scholarship Winners

Each student will receive a
\$1200 Scholarship for next year.

Emily Blair, Washington State University

Emily writes that she is in the Honors College, has taken several English and history classes for her majors - the subject areas in which she wants to teach. Her goals in the field of education remain the same, to become a secondary education teacher, teaching English and history. She is hoping to study abroad spring semester of her sophomore year, either in Great Britain or Spain. She says living in a foreign country for four or five months will definitely be a life-changing experience, something that she will be able to share with future students. She finishes, "Thank you so much for this scholarship and the opportunity to pursue my dreams".

Stephanie Dilbeck, Western Washington University Stephanie states that she is almost done with completing the requirements for applying to Woodring College of Education. She is looking forward to all of the classes that she can take once she is enrolled. She plans on majoring in a dual endorsement; Elementary Education with Special Education and will continue on to receive her Master's. She says, "I loved being in the Edmonds School District from kindergarten all the way through graduating from high school and hope to be able to find a teaching job in the Edmonds School District right after graduating from Western".

Darlene Germino, Seattle University Darlene writes that she plans to continue her goal of completing the pre-education program at Seattle University and graduate with an Arts in Humanities for Teaching degree. Afterward, she plans to complete a Masters in Teaching program. Before entering Seattle University's program, she had considered teaching high school students, but has found that she enjoys tutoring middle school students. Although she is unsure of which age group she prefers, she does know that her endorsement areas will probably be in both social studies and English. She finishes by saying, "Thank you so much for helping me continue pursuing an education that will allow me to share knowledge with others. Your kindness, generosity and commitment to education are greatly appreciated".

Megan Moreland, Western Washington University Megan shares that she was chosen as one of just twenty freshmen as a Woodring Future Scholar at Western. At the end of March, she will begin the final quarter of her freshman year. She plans to take the Education 109 class as a further step towards becoming a teacher. The title of this class is The Scholarship of Teaching and Learning, and she hopes to move past the basics, and learn as many new things as she can in regards to becoming successful in the field of education. She says, "I am extremely grateful to the teachers who have taught me so much already, simply by example, as well as to this scholarship, for allowing me to pursue my goals. Thank you."

Volunteer Opportunity

The Volunteer Literacy Program at Edmonds Community College is recruiting volunteers to tutor ESL or GED adult students in reading, writing, or math. We are especially in need of people to help our GED and Pre-GED students with reading levels from 1st to 4th grade (and a few at 5th-6th grade level). Twelve students are currently waiting for a volunteer to tutor them with reading (and some with writing). We would very much like to find retired teachers to work one-on-one with them.

The Volunteer Literacy Program was started in September 2007 with a grant from Verizon and we also receive strong support from both the Edmonds Community College Foundation and the college as a whole. Volunteers commit to two hours per week for three months to tutor students who are already in our classes, but who are struggling and in need of extra support in order to succeed. Volunteers will receive support and training opportunities. You can make a difference for individuals by helping them improve their reading, writing, and/or math skills, a first step for many in our community towards earning higher wages, becoming self-sufficient, and being able to support their families.

Please contact Nancy Strom, the Volunteer Literacy Program Coordinator for more information. Call 425-640-1032 or e-mail nancy.strom@edcc.edu. Thank you for considering joining us to give our students that extra push of tutoring and a boost of both skills and self-esteem!

Congratulations! Our 2009 Award Winners: Each of these students will receive a \$1200 Scholarship that may be renewed for three years.



Milan Beard, Edmonds-Woodway HS Milan plans to attend the University of Washington and major in biology, specifically marine biology. After getting his bachelors degree he plans to get his teaching degree and certificate. Milan states that maybe teaching is in his genes: his grandmothers, grandfather, aunt, two cousins and mom are all educators. At school he is a member of the Jazz Band as well as Concert Band, is the ASB treasurer, also an ASB Senator, a member of National Honor Society and is a member of the football and wrestling teams. Milan has been in two musicals at his high school. He has volunteered at a theatre company and has participated in a football buddy program. His work experience includes his own landscaping/yard maintenance business. All this in addition to maintaining a 4.0 gpa.



Laura Glasgow, Mountlake Terrace HS Laura is planning on attending Eastern Washington University and majoring in history. She would like to become a high school history teacher. Laura is in the top 5% of her class and has taken challenging and rigorous courses. She is a member of the Symphonic Band, National Honor Society, Women’s Vocal Group, on the Golf Team and an ASB Representative. Laura also volunteers at an elementary school providing classroom assistance to the teacher and works at a local department store. Teachers praise Laura for the positive influence she has on other students, her contributions to class discussions and her cheerful and enthusiastic spirit.



Nicole Richards, Shorecrest HS Nicole plans to attend Western Washington University and major in elementary education with a minor in mathematics.. She is the editor of the school’s newspaper and has participated in the varsity basketball and soccer programs. She is a member of the National Honor Society, is an ASB Representative and a member of the Link Crew Program (offers freshmen transitional support and guidance as they enter HS). She has volunteered and interned at an elementary school and has worked as a counselor during the summer at two camps. Nicole’s journalism teacher writes that with her grace, hard work and cheerful attitude she has blossomed into one of the best editors that her HS has had.



Margaret Shipe, Inglemoor HS Margaret is planning to attend Whitworth University and major in elementary education and would like to teach kindergarten. She is a member of National Honor Society, French Club and participated with her school orchestra at the Beijing 2008 Olympics. Her teachers describe her as responsible, intelligent, insightful, diligent, polite and the kind of individual who always pushes herself to excellence. Margaret volunteers at a monthly food bank and is very active in her church with summer youth activities and multiple mission trips (Summer 2006, 2007 and 2008).

	For all your real estate needs call
	Marilyn Irwin
	Windermere Real Estate/GH LLC
	425-672-1118—206-300-4438
	<i>Acceptance of this paid advertisement does not imply SKSR endorsement.</i>

<p>Denise Gardner LMP Licensed Massage Practitioner 307 Bell Street, Suite 102 Edmonds, WA 98020 425-263-7259 Uniform Insurance Accepted (with doctor’s referral)</p> <p><i>Acceptance of this paid advertisement does not imply SKSR endorsement.</i></p>
--



by ~~the family~~ as well as ~~Sno-King School Retirees~~ allowing me to pursue my goals. Thank you!"

**P. O. Box 33962
Seattle WA 98133-0962**

**NON-PROFIT
ORG
STANDARD
U.S. POSTAGE
PAID
Permit #6835
Seattle, WA**

ADDRESS SERVICE REQUESTED

HELP US WITH INFORMATION TO PUT IN THE *BULLETIN*

The deadline for the next newsletter is 8:00 AM, **Friday, June 26.**

Send news and other materials to

Dave Johnson, 814 6th Ave. So. Edmonds, WA 98020, damajo3@comcast.net, or 425-776-7298.

Address, phone or e-mail changes should be sent to **Donna Murrish**, donnamurrish@comcast.net or
206-363-5753.

If you know of illness, please call Sunshine Chair, **Evelyn Nordeen** evie.nordeen@verizon.net or
425-775-1127

To help with mailing our next **Bulletin** on Monday, July 6, call
Alice Bingaman 425-778-1343 or **Betty Odle** 206-525-8276,

Address Changes:

Pg 12 Barker, Andrew P, 1521-2nd Ave, Apt 1901, Seattle 98101-4512

Pg 19 Chandler, Pat M, change phone to 425-774-0997

Pg 28 Garrison, Earl, 6520-196th St SW, Apt 248, Lynnwood, WA 98036-4502

Pg 29 Gunnerson, Joanne C, 4201-164th St SW #A, Lynnwood, WA 98087-6915

Pg 36 Johnson, Joyce G, 842 Cary Rd, Edmonds, WA 98020-2615

Pg 40 Lapp, F. Jay – change phone number to 425-412-3350

Pg 44 McAllister, Susan L, PO Box 55261, Shoreline, WA 98155-0261