## **Sno-King** School Retirees



November 2007

www.sksr.org

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# The SKSR Bulletin

A message from our President



I woke up this morning to our first really, hard frost of the year. We're definitely in Fall mode and it feels good. Along with fall, comes a very busy time of the year, the holiday season.

Before you get too busy, I sincerely hope you'll put November 15th on your calendar and

RSVP to attend the Scholarship Luncheon that benefits our Scholarship Fund. Where else can you get a great potluck luncheon and hear Jim Siscel's Veteran's Day presentation for \$5.00? As I perused Betty Odle's collection of Bulletins from 1982-1990, I discovered a wonderful history of our Scholarship Fund. In 1984, the first Scholarship Luncheon was held and raised \$231. The proceeds raised the total fund to \$1275. In 1985, the first scholarship of \$250 was awarded to Jeff Howell. Their goal, at that time, was to raise the fund to \$5000. By 1989, there were three scholarships of \$300 each and today, in 2007-08, we will award four scholarships of \$1000 each to graduates who plan to specialize in education. And we now have a \$30,000 Fund and the interest is used along with our luncheons, raffles and Entertainment Book sales profits to fund our Scholarship commitments. So, I hope you will want to support this very worthy cause.

In this Bulletin our legislative goals for 2007-08 are taking shape and we're ready to gear up for the session beginning in January. Be ready to contact your legislators.

Those of you still actively working in the schools be sure to read about the November 15th deadline to apply for grants for your work. (See page 7) Applying is so easy—why wouldn't you? Since our next Bulletin will be in January and the next General Meeting in February, let me be among the very first to wish all of you a Happy and Safe Holiday Season and a very Happy New Year, 2008!! Erma Snook, President

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www.sksr.org

#### **SKSR Board Meetings**

1:00 PM, Edmonds SD ESC 20420 68th Ave.W., Lynnwood Everyone welcome!

> November 8 January 10 February 14 March 13 April 10 May 9? July 10

## MARK YOUR DATE BOOK

Coming Events for Sno-King School Retirees

November 15...... Scholarship Luncheon Edmonds Unitarian Church

February 20 General Meeting
April 17 Scholarship Luncheon
May 22 Joint Meeting with Sno-Isle
July 17 Picnic Edmonds City Park

### **Scholarship Luncheon Speaker**

Our November speaker will be Jim Siscel A.K.A. Colonel James T. Siscel, USAF (Ret) talking about Veterans Day. This presentation is one that he has given at Veterans Day assemblies in Shoreline and Edmonds School Districts for over 20 years. This year he presented at three assemblies at Meadowdale HS and one assembly at both Edmonds-Woodway HS and Cedar Valley Elementary School in Edmonds SD and one assembly at both Echo Lake and Highland Terrace Elementary Schools in Shoreline SD.

#### SALES ARE GOING VERY WELL!!

Entertainment books have been flying off the shelf ever since we began our sales for 2008! More than 90 books have been sold and we've had to re-order twice so far. Sales will continue through November, so you still have time to order one. Remember, they are only \$20 this year. They make great gifts and if you need one for another state, just ask. Besides other states, there are 4 different books available for our own state Seattle/Eastside, North Puget Sound, South Puget Sound, and Spokane/N. Idaho. Call Donna at 206-363-5753 or email at <a href="mailto:donnamurrish@comcast.net">donnamurrish@comcast.net</a>.

#### **Service Project for February Meeting**

The Board decided to support an 82nd Airborne Army Troop stationed in Iraq as a service project. Jim Siscel's nephew is a combat medic assigned to the Troop of 40 personnel in Scania, Iraq. The unit went to Iraq in June 2007 and will be returning in September 2008. In the February Newsletter will be a list of items that you can bring to the meeting. OR you can bring a check and Jim will purchase items from the list at the commissary and base exchange. Jim will package and mail the boxes off to Iraq. Watch for the February newsletter for more information about this project.

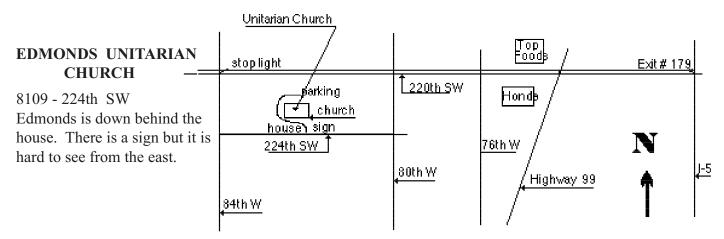
### **Scholarship Luncheon**

We are looking forward to seeing you at the fall Scholarship Luncheon, at noon on November 15. The luncheon is at the Edmonds Unitarian Church, 8109-224th SW, Edmonds. We always have wonderful food prepared by our members - the fall luncheon features Sno-King cook's special salads and hot dishes.

Please call **Cheryl Bickford**, **206-351-2631 or Betty Odle**, **206-525-8276** by Monday, November 12 for reservations for the \$5 donation luncheon. If you would like to contribute food for the luncheon let Cheryl or Betty know when you make your reservations.

This is a good time to invite your retired school employee friends to attend the luncheon with you - they will enjoy the food and fellowship and Jim Siscel's slide show on Veterans Day.

If you are unable to attend the luncheon but would like to support the scholarship funds, you can make a donation to the Sno-King School Retirees Scholarship Fund and mail it to P. O. Box 33962, Seattle, WA 98133-0962. There is a donation form below which can be delivered to the meeting or mailed to SKSR.



## The SKSR Scholarship Fund-How can I help?

Remember, we will take donations to the Scholarship Fund at any time. Simply use the form below to send a check and we will use the funds toward this year's scholarships. The purpose of the SKSR Scholarship Fund is to assist carefully selected graduating seniors from Edmonds, Northshore and Shoreline school districts who will major in education, to reach their goals. Contributions are tax deductible.

reach their goals. Contributions are tax de-	ductible.
Enclosed is a contribution of \$	EITHER as a special gift
OR in memory of	OR in honor of
on the occasion of	
	Please send acknowledgment to
Name	
Make check pay	rable to Sno-King School Retirees' Scholarship Fund.
	Mail to
Sno-King Scho	ool Retirees—PO Box 33962, Seattle WA 98133-0962

Health Services By Gordon Bowers

#### The Best Medical Care is in Our Back Yard.

In a ranking of the best 200 hospitals in America, US News and World Report has 50 pages on hospitals and medical subjects. The object is to guide the reader through "Navigating The Hospital". The University of Washington Hospital Medical Center is listed among the very top in the treatment of cancer, digestive disorders, ear/nose/throat, endocrinology, geriatrics, gynecology, kidney disease, orthopedics, urology, rehabilitation, respiratory disorders, rheumatology and others. Other local hospitals with honors were Virginia Mason, Harborview, and Swedish. Northwest Hospital is honored in a special section "Brain Surgery Without a Knife". Gamma Knife surgery isn't using a knife at all, but is done with beams of radiation. Northwest Hospital is a pioneer in Gamma Knife Radiation, which is the non-invasive last resort for patients with metastatic and benign brain tumors and essential tremors (uncontrollable shaking). The wonder of the Gamma Knife is that it focuses a high dose of cobalt radiation that destroys the tumor, but does not damage surrounding health tissue. Northwest Hospital has performed more than 3000 procedures to date. <sup>1</sup> Many thanks to Marlene Johnson for providing the health articles in US New and World Report.

#### Would You Believe Going Abroad for Surgery?

In case you missed it the September AARP Bulletin has several articles on increasing medical costs that have caused the California governor to call for a major push to provide State health care for serious injury or illness. Whether this will fly, time will tell, but the AARP article points out a sample case. A building contractor from Durham NC had a failing mitral heart valve that needed replacement soon. The price tag, US was \$200,000. Instead, he paid \$10,000



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for expenses in New Delhi, India. Others cited were spinal surgery in Bancock, cost \$4,618 for services that would have cost at least \$14,000 in the US. Also, some American companies are urging employees to have surgery in other countries – Singapore, Hungary, South Africa, Dubai, Costa Rica, Brazil; Bangkok's Bumrungrad Hospital remains the best with 64,000 Americans receiving care for many medical problems.<sup>2</sup>

#### **Better Ways to Detect Colon Problems**

The September SKSR Bulletin had an article on colon endoscopy. This is using a tiny camera/ computer procedure to explore the colon for polyps (called capsule endoscopy). Now another new procedure: Two of the latest and largest studies show that X-rays (virtual colonoscopy) are just as effective detecting polyps as the standard invasive procedure, but is quicker and cheaper. One of the studies was reported in the New England Journal of Medicine, and quoted Dr. Perry Pickhardt (University of Wisconsin Medical School) as saying "This procedure is ready for prime time. A second of the federally funded studies at 15 sites around the US is still under way and results have not been published, but are reported as promising. Virtual colonoscopy uses a CT scanner and computer instead of standard X-ray to get a 3D view. If polyps need to be removed, a regular colonoscopy is necessary. Hopefully, this procedure will be available locally. Ask your Doctor!!! 3

Emergency Safety for Older Americans The disaster of Katrina nightmares taught harsh lessons. Many old, disabled, handicapped persons were left to survive on their own as best they could. Rita Requa received a Group Health publication on the readiness needed by older continued page 5

YOUR HANDY-DANDY MAN AND AUTO BODY REPAIR

is just a phone call away.

I have several Edmonds district employees as references.

Call John Casebeer at 425-672-7087

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continued from page 4

people in case of extreme emergencies. She got a website packet of 16 pages on the same with detailed information on procedures – earthquakes, flooding, fires, etc. all very good. To summarize have at least a two week supply of medications, extra batteries, incontinence supplies, canes, walkers, wheelchairs, water, food, extra warm clothing etc. After you have made your own emergency kit, help your family and neighbors to do the same. For more information go to the US Dept of Health website at <a href="https://www.aginginstride.org">www.aginginstride.org</a>, then click on Emergency Readiness.

#### How well do you know your neighbors?

The following is a salute to our mailman and his concern for older people reprinted from the Forum in the *Everett Herald*:

Elderly customers well served in Edmonds
Our neighbor in Edmonds, 87-year-old Myrtle, a
retired pharmacist, called to say she was not
feeling well and was going to her daughter's for a
while. She would be back home to take care of her
church gift shop, one of her volunteer duties.

When her mail was not picked up, The mail carrier, Richard Majer, was concerned and went door-to-door trying to find out what happened. Fortunately for all her son called us to say she was being cared for at their home. Neighbors were impressed that anyone on a busy mail route would

take time to go knocking on doors, but Postman Richard Majer said he keeps watch on elderly people living alone to be sure they were cared for.

What a good deed for any friend!

Gordon Bowers Edmonds

PS: Myrtle's son Jerry called to say she had stayed with the families for a while but now is in an adult care facility in Everett.

A chuckle a day may not keep the doctor away, but it sure does make those times in the waiting room a little more bearable!

- <sup>1</sup> US News and World Report July 23, 2007
- <sup>2</sup> AARP Bulletin September 2007 pp 12-15
- <sup>3</sup> Associated Press Article October 4, 2007 *Seattle Times* p A4

#### **MEMORIALS AND DONATIONS!**

Thanks to the following for their kind donations and memorials to the Scholarship Fund: Bob & Connie Harkleroad in memory of Joanne

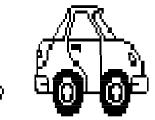
Bob & Connie Harkleroad in memory of Joanne Denton

Bob & Elinore Bisnett in memory of Doris Massart, Rena Stephens Hunt and Maxine Soper Lorraine Corrington for a donation

# AARP Driver Safety Program (55 Alive)

AARP's *Driver Satefy Program (formerly 55 Alive) Mature Driving Class* is a refresher course teaching preventive measures that save lives when driving. Pay \$10 materials fee to AARP instructor at class time. Participants register through Edmonds Parks and Recreation, 425-771-0230. Graduates may have a possible discount on auto insurance. Classes meet 9 AM to 1 PM at the Anderson Center, 700 Main Street, Edmonds. For alternate dates and locations, contact Bob Jones at 425-438-2727 or bobpatjones@verizon.net. Note that the class is a "two-consecutive-days class," which can be selected during the month of your choice.





### Winter 2008 dates

Mon & Tues Jan 7 - 8
Thurs & Fri Feb 7 - 8
Wed & Thurs Mar 12 -13
Wed & Thurs April 16 -17.

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#### LEGISLATIVE REPORT – 2007 by Rachel M. Lake

#### PLAN 1 GAIN SHARING DISTRIBUTION

Many questions have been asked about the repeal of Gain Sharing by the Legislature in 2007, the final passage of EHB 2391, and the trade offs. Below are explanations coming from WSSRA\* and the Office of the State Actuary.\*\*

#### How to Figure Your COLA and Gain Sharing Amounts.\*

There was a COLA adjustment in July, 2007.

January, 2008, a partial adjustment for the Gain Sharing.

July, 2008, the regular COLA adjustment.

January, 2009, the remainder Gain Sharing amount.

July 2009, the regular COLA including the last Gain Sharing amount.

#### **Estimated Plan 1 Annual Increase Amount**

#### 2008 Gain Sharing Event, and 2009 Adjustment\*\*

2007 Annual Increase Amount	7-1-2007	\$1.33
2008 Gain Sharing Amount*	1-1-2008	\$0.26
2008 Annual Increase Amount	7-1-2008	\$1.63
2009 Annual Increase Amount	7-1-2009	\$1.68
2009 EHB 2391 Adjustment	7-1-2009	<i>\$0.13</i>
2009 Total	7-1-2009	\$1.81

\*As passed by the Legislature, EHB 2391 will repeal Gain Sharing for TRS/PERS 1 and TRS/SERS/PERS 3 after the 2008 distribution and provide the following replacement benefits:

Plan 1 – The difference between the 1/1/08 Gain Sharing event and \$.40 Gain Sharing event and \$.40 per month per year of service will be added to the annual increase of the Uniform COLA on 7/1/09 to bring the total trade-off adjustment to \$.40 per month per year of service. The total Plan 1 Gain Sharing trade-off benefit for a retiree with 30 years of service would be \$12.00 per month (\$144.00 per year). These numbers are arrived at by taking \$.40 x 12 months = \$4.80; then \$4.80 x 30 years of service = \$144.00 divided by 12 months = \$12.00 monthly increase. PLEASE REMEMBER THAT THE DISTRIBUTION OF THIS BENEFIT WILL BE SPLIT BETWEEN THE JANUARY 2008 GAIN SHARING DISTRIBUTION AND AN EXTRA ADJUSTMENT IN JULY OF 2009 BRINGING THE TOTAL INCREASE TO THE UNIFORM PLAN 1 COLA TO \$.40. This amount is added to the Uniform COLA's regular "annual increase" (\$1.33 per month per year of service as of 7/1/07) which increases by 3% per year and is cumulative over time.

## OTHER LEGISLATIVE NEWS

#### WSSRA PRIORITIES FOR 2007-2008

- 1. Recovery of Lost Purchasing Power/Improvement of the Plan 1 COLA And
- 2. Enhancement/Protection of and Access to PEBB Benefits.
- 1. The value of TRS/PERS Plan 1 pension benefits need to be protected from substantial losses in purchasing power which occur due to the design of Plan 1. TRS/PERS 1 members who retired in the mid-1970s have lost approximately 50% of their purchasing power.
- 2. The PEBB sponsors health insurance plans for Washington State school and public retirees. Current statute requires the benefit design of PEBB plans to be "substantially equivalent" to benefits offered in 1993. These benefits must be maintained not only for current PEBB enrollees

continued from page 6

but also for those who are currently "locked out" of the PEBB system and are seeking access to the PEBB sponsored health plans. The PEBB subsidy schedules are

a) 2007, \$149.67 per month, b) 2008, \$164.08, and c) 2009, \$182.89.

#### SELECT COMMITTEE ON PENSION POLICY (SCPP)

The SCPP makes recommendations to the forthcoming legislature for enactment. The SCPP elected to concentrate on the <u>second issue above</u> for this fall, and their meetings were scheduled for September 18, October 16, November 13, and December 18. At the previous monthly Executive Committee meetings, various economic assumptions were presented by the State Actuary and projections given by the State Investment Board.

#### The issues under consideration are

- 1. Allow Plan 2 members who terminate employment at age 55 or later, and who have at least ten years of member service, to have access to PEBB insurance. (A public hearing will be scheduled at the November meeting.)
- 2. Provide a second PEBB health insurance enrollment window for all state and K-12 members who retired prior to 1-1-01, and who can provide proof of continuous health insurance coverage. (*Hearing—November's meeting.*)
- 3. Allow all retirees from local government and other political sub-divisions to participate in PEBB sponsored health insurance plans. (*No hearing*)

#### **WEA LAWSUIT**

The Washington Education Association has filed a law suit in King County against the Department of Retirement Systems regarding the taking away of Gain Sharing, especially for TRS 1 and 3, SERS 3, and PERS 3 members. They are in the "discovery" phase with DRS and the State Actuary in order to produce information for the claims. WEA's trial date is scheduled for October 20, 2008.

## We will need the active commitment of our members! "We still have work to do!"

## **Grant Application deadline Nov 15**

There's still time for our **active members** to submit grant proposals.

In the past, grants of \$200 have been used for art materials, books, field trip expenses, digital equipment, PE equipment, woodworking supplies, T-shirts, etc. Our **active members** (those members who are employed by Edmonds, Northshore or Shoreline school districts) are encouraged to submit grants in our teacher-easy process. Our grant winners have predominantly been from Edmonds and Shoreline. Northshore teachers, we'd love to have you apply.

First time applicants are given priority. Previous grant winners are then considered.

#### Here's the application:

- 1. A sentence or two will do explain how grant money will be used
- 2. Amount of money requested
- 3. Your name, address, grade level, school, district
- 4. Principal's name, school phone number

Email your application to: <a href="mailto:rrequa@earthlink.net">rrequa@earthlink.net</a> by November 15.

Grant winners will be notified before Thanksgiving.

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## **Sno King Birthday Party – 30 Years Remembered**

On September 20, 2007, we celebrated Sno King School Retirees Unit #23's thirtieth birthday. We were congratulated by Dr. Nick Brossoit, superintendent from Edmonds School District. In his very welcome comments, he spoke to us about the growth in Edmonds and about voting in November on the "simple majority for school levies" measure. We also received congratulations from WSSRA President, John Lothspeich, and from Sno Isle Unit 22.

In especially honoring our past presidents, we were delighted to have 10 of our 14 living past presidents attend the party. Sporting their red ribbons of honor, see the pictures here. We are so appreciative of their service. One of our past presidents, James Becker, deceased, was represented by his wife, Martha. Our scrapbooks, so adeptly displayed by Barbara Berg, were greatly enjoyed. Betty Odle and Rachel Lake contributed books for our enjoyment as well. There were also poster displays, past convention campaign memorabilia and door prizes to examine.

We walked down memory lane back to 1977 and examined what the setting was for our Unit's inception. It was a time when Jimmy Carter was president, the World Series Champions werethe NY Yankees, the Pro Football Champions were the Oakland Raiders, the average annual income was \$49,319.00, gasoline was 65 cents a gallon, a loaf of bread was 36 cents, a postage stamp was 13 cents and a movie ticket was \$2.00. It was also the year that Elvis Presley died and Star Wars was born. We've come a long way since then!!

Dave Little, one of our own and a delightful musician, entertained us with a Show Tune sing-a-long and music quiz. Great fun!

Marlene Johnson and Marilyn Alaniz were the hostesses for our refreshments of birthday cake and coffee and punch. We looked very festive.

Special thanks to Ellie Bonanno, Warren Rowe and Dave Johnson who manned stations and helped set up and to the many who made clean up a breeze!



Walter Dawson 82-83



Robert Bissnett 83-84



Betty Odle 84-86



Phyllis Enger 94-96



Dave Johnson 97-98



Rita Requa 99-00



Jack Rogers 00-01



Alice Bingaman 02-03 &05-06



Rachel Lake 03-04 & 06-07



Ellie Bonanno 04-06

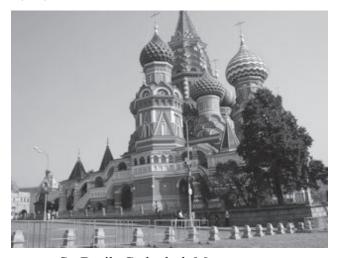
#### RUSSIAN WATERWAY TOUR

Recently Ed Orsborn and Robin Randles spent a delightful 12-day cruise on a riverboat between Moscow and St. Petersburg, Russia. Their 150-passenger boat, The MS Tolstoy, cruised through the Volga-Baltic River, lakes and canals transiting through seventeen locks.

The Amadeus Waterways cruise and tour provided for three days in Moscow at the start and 3 days in St. Petersburg at the end. The cruise stopped at Uglich, Kostroma, Yaroslavl, Goritsy, Mandrogui and Kizhi Island. Their group of six from the Seattle area found the food and personnel on the ship to be wonderful. The waiters and guides were young people from English-speaking-teaching institutions and were a joy to be around.

Some highlights were the Kremlin and Red Square in Moscow and The Hermitage in St. Petersburg. Especially fun was a dinner with a Russian family in their home in the city of Uglich. The hostesses were a young Russian mother who taught English and her non-English speaker mother. The grandmother prepared a great meal of borscht, carrot salad and home-made vodka. The grandmother delighted in toasting with shots of vodka every few minutes. Alas, one doesn't sip vodka but instead throws back a shot-glass in one large gulp!

A beautiful stop was at Kizhi Island at 61° N. latitude in Lake Onega. It is home to some of the finest wooden churches in Russia, including the fairytale 22-domed Church of the Transfiguration built in 1714.



St. Basils Cathedral Moscow



Ed meets a Stalin look alike

A surprise adventure for Ed was setting off the radiation alarms upon entering the Kremlin. The alarm was a result of his being treated by implants of radioactive seeds last May to treat prostate cancer. It took a lot of explaining and production of medical information with subsequent Geiger-counter inspections by Kremlin Security Guards.

Russians, while usually dour people were kind and helpful at all times. The old Russian palaces and art treasures were enough to boggle the mind and dazzle the eyes.

Ed and Robin took this trip on the recommendation of Dave and Marlene Johnson who have taken it in the past. One of the six in their group was Vicki Goodwin, a former Shoreline teacher.

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#### WHAT TEACHERS MAKE

The dinner guests were sitting around the table discussing life. One man, a CEO, decided to explain the problem with education. He argued, "What's a kid going to learn from someone who decided his best option in life was to become a teacher?" To stress his point he said to another guest; "You're a teacher, Bonnie. Be honest. What do you make?"

Bonnie, who had a reputation for honesty and frankness replied, "You want to know what I make? (She paused for a second, then began...)

"Well, I make kids work harder than they ever thought they could. I make a C+ feel like the Congressional Medal of Honor. I make kids sit through 40 minutes of class time when their parents can't make them sit for 5 without an I Pod, Game Cube or movie rental... You want to know what I make?" (She paused again and looked at each and every person at the table.)

I make kids wonder.

I make them question.

I make them criticize.

I make them apologize and mean it.

I make them have respect and take responsibility for their actions.

I teach them to write and then I make them write.

I make them read, read, read.

I make them show all their work in math.

I make my students from other countries learn everything they need to know in English while preserving their unique cultural identity. I make my classroom a place where all my students feel safe.

I make my students stand to say the Pledge of Allegiance to the Flag, because we live in the United States of America.

Finally, I make them understand that if they use the gifts they were given, work hard, and follow their hearts, they can succeed in life.

(Bonnie paused one last time and then continued.) "Then, when people try to judge me by what I make, I can hold my head up high and pay no attention because they are ignorant... You want to know what I make?

I MAKE A DIFFERENCE. What do you make?"

#### JULY PICNIC REVISITED

Many members met on July19 at Edmonds City Park for the annual Sno-King Picnic and Installation of Officers. Maralyn Chase was honored with the presentation of Golden Apple Award for her help on gain sharing in the Washington State Legislature. ..And yes, Betty's meatballs were again the hit of the party!



SKSR Members Share the Food

#### PAINTING PAIN?—I can help you

Since retirement almost four years ago and for 25 years before that, we have had the privilege of helping members with their painting needs. References are available from many of them. I would also be happy to help you with your needs. Help is also available to fix some of those small household repairs that need to be done. We serve the east side and north end of Lake Washington.

For information call

G.F. Moore Painting (Warren) 425-466-2729 or 425-485-4570

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#### We're Ready To Eat!!



#### Welcome New Members

Pg 18 Brancheau, Nancy A, 22616-105th Ave W, Edmonds 98020-5135

Pg 20 Carlson, Heather R, 12304-21st Ave SE, Everett 98208-6231

Pg 24 Creighton, Eldridge and Janet, 21223-95<sup>th</sup> Ave W, Edmonds 98020-3314

Pg 36 Hohnhaus, Peggy A, 4405-144<sup>th</sup> Pl SW, Lynnwood 98087-1812

Pg 38 Johnson, Joyce G, 310-1/2 Sunset Ave N, Edmonds 98020

Pg 39 Katka, Mary L, 10328 Densmore Ave N, Seattle 98133-9435

Pg 46 Marab, Layna, 22317-53<sup>rd</sup> Ave SE, Bothell 98021

Pg 48 McManus, Keri P, 4120-166<sup>th</sup> Pl SW, Lynnwood 98037-9027

Pg 52 Nicholson, Karen L, 20010 Burke Ave N, Shoreline 98133

Pg 56 Phillips, Jeffrey L, 301-4th Ave N, Edmonds 98020-3118

Pg 66 Summerfield, Patricia G, PO Box 75623, Seattle 98175-0623

Pg 71 Webster, Kathie W, 16511-66<sup>th</sup> Ave W, Lynnwood 98037-2712

Pg 73 Wrolstad, Cathi L, 5630-141st Pl SE, Everett 98208-9397

#### WSSRA Journal Deadlines

If you have news you want reported in the next WSSRA Journal for January/February 2008, the Deadline is December 7th, 2007. Our NW 1 news coordinator will collect our news by then and forward it to the Journal editor by the 10th. He is Richard Anderson and his email address is

ANDER4106@comcast.net. Upcoming deadlines for 2008 are Feb. 7th, April 7th, June 17th, and Sept. 7th,

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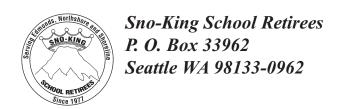


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#### HELP US WITH INFORMATION TO PUT IN THE SKSR BULLETIN

The deadline for the February newsletter is 8:00 AM, Saturday, January 26.

Send news and other materials to

Dave Johnson, 814 6th Ave So, Edmonds WA 98020, damajo3@comcast.net, or 425-776-7298.

Address, phone or e-mail changes should be sent to **Donna Murrish**, donnamurrish@comcast.net or 206-363-5753.

If you know of illness, please call Sunshine Chair, Evelyn Nordeen evie.nordeen@verizon.net\_or 425-775-1127

To help with mailing our next *Bulletin* on **Monday, February 4**, call **Betty Odle** 206-525-8276, **Ellie Bonnano** 425-778-0751 or **Alice Bingaman** 425-778-1343

#### Address Changes:

- Pg 12 Adema, Treva R, 113 S Neyland Ave Apt 1, Liberty Lake, WA 99019-8613
- Pg 21 Church, Susan G, 2003 NW 196th Pl, Shoreline, WA 98177-2330
- Pg 22 Coady, Philip, 15826-34th Ave SE, Mill Creek, WA 98012-8321
- Pg 22 Comfort, Debra, PO Box 2253, Lynnwood, WA 98036-2253
- Pg 30 Garrison, Earl & Betty, 3705-165<sup>th</sup> Pl SW, Lynnwood, WA 98037, 425-787-5365
- Pg 31 Goldade, Charlene R, 12758 W Berghan St, Bopise, ID 83709-6189
- Pg 36 Hopkins, Michael E, 18514-36th Ave W, Apt C, Lynnwood, WA 98037-7623
- Pg 40 Kernkamp, Margaret O, 5302 W Rifle Club Ct, Apt A, Spokane, WA 99208-3870
- Pg 49 Miller, Judy, PO Bopx 15387, Seattle, WA 98115-0387
- Pg 53 Olmer, Denise E, 16212 Bothell-Everett Hwy #F130, Mill Creek, WA 98012-1603

**Deceased**: Name Change:

Pg 25 Davis, Barbara L (8/07) Pg 74 Cynthia R Zody-Smith to Cynthia R Aker