



RETIREED TEACHERS ASSOCIATION

BULLETIN

SEPTEMBER 1984

PRESIDENT'S MESSAGE - Betty Odle

After a beautiful picnic at the Svendsens and an interesting Leadership Conference in Ellensburg, August 21, our officers and committee chairmen are looking forward to the coming year with enthusiasm and lots of good ideas!

I appreciate the response received from a number of our members, but hope that many more of you will take time to fill out the "Interest Indicator" included in this issue of the Newsletter. Our Committee Chairmen will be calling those who have indicated an interest in their committees in the next few weeks and we hope to have many more names to give them. You may either bring your "Interest Indicator" to the September 20th meeting or send it to me.

We were very happy to welcome our new retirees at the picnic and will be happy to have them with us at our meetings. (The names of our new members will be included in the October Newsletter.) If you know of any retired teachers who are not members of our Unit, please invite them to attend the meetings with you. The schedule of our meetings for the year is included in this Newsletter - please note that not all of the meetings will be held at the same hour or place. We hope that we will see a good turnout at the September 20th meeting in the Board Room of the Administration Building of the Edmonds School District at 7:30 p.m. We will be approving the budget for the year and would appreciate your input.

SCHOLARSHIP COMMITTEE REPORT, June Roberts, Chairman

Mark your calendar for the Fall Scholarship Luncheon on October 18th. Look for a signup sheet at the September meeting if you would like to bring your favorite salad or dessert. Or call June Roberts at 546-4284 to volunteer.

INFORMATIVE & PROTECTIVE SERVICES COMMITTEE - John Hunter, Chairman

The primary focus of the I. & P. S. Committee is designed as the second part of a two-year program to educate retired teachers to know and understand their own health insurance coverages. Workshops are being planned. Sno-King, Sno-Isle, Skagit-San Juan and Whatcom County units will have a workshop on Tuesday, October 9th at 9:00 a.m. at the Gateway Inn. Our participation is 15 people. Cost is \$7.00 per person - this includes coffee, doughnuts, buffet lunch and gratuity. The more people participating the better. Transportation can be pooled. Call John Hunter, 486-6684 for reservations or more information.

IF YOU HAVE NOT HAD A CHANCE TO PAY YOUR 1984-85 DUES, PLEASE TEAR OFF THIS SECTION AND MAIL WITH YOUR CHECK TO:
SNO-KING RETIRED TEACHERS ASSOCIATION, P. O. Box 5253, Lynnwood, WA 98036-0878

MEMBER DUES

(Check appropriate box)

STATE-----\$10.00
LOCAL----- 6.00
Total \$16.00

ASSOCIATE DUES

(For spouses and working educators)

LOCAL-----\$ 2.00

Name _____

Address _____

City _____

Zip Code _____

Phone _____

State Legislative Dist. _____

SNO-KING RTA - 1984-85 OFFICERS AND COMMITTEE CHAIRMEN

President: Betty Odle, 525-8276
President-Elect and Program Chairman: Betty Puckett, 522-8921
Secretary: Mary Lou Porter, 778-4660
Treasurers: June and Gordon Roberts, 546-4284
COMMUNITY PARTICIPATION: Paul Weaver, 778-3933
Co-Chairman(Community) Walter Dawson, 776-6220
Co-Chairman (Schools) Frances S. Jackson, 364-2583
HEALTH CARE: Frances Peters, 367-6083
INFORMATIVE AND PROTECTIVE SERVICES: John Hunter, 486-6684
LEGISLATIVE: Chairman, Gene Olmsted, 774-5988
Asst. Chairman, Gordon Bowers, 778-9202
MEMBERSHIP: Kenneth A. Angell, 778-2244, Chairman Helen Beaver, 523-8148, Asst. Chairman
PRE-RETIREMENT PLANNING: Patricia Svendsen, 743-3482
PUBLICITY (WSRTA Journal, Sno-King RTA Newsletter): Dick Sacksteder, Chairman, 363-0975
John Carlson, Asst. Chairman, 776-3253
REFRESHMENT COMMITTEE: Co-Chairmen: Marvel De Sordie and Kamilla Aarseth, 542-8322
SCHOLARSHIP: June Roberts, 546-4284
STATE WSRTA CONVENTION PLANNING: Ken Angell, 778-2244
SUNSHINE AND VISITATION: Nancy Post, 774-4503
TELEPHONE: Ruth Westerhuis, Chairman, Winnifred Smith, Co-Ch., 778-3979
WELCOME & NAME TAGS: Elizabeth Morton and Winnifred Smith, 778-3979
IMMEDIATE PAST PRESIDENT: Bob Bisnett, 524-8015

SNO-KING RTA PROGRAM SCHEDULE - 1984-85

<u>DATE</u>	<u>PLACE</u>	<u>PROGRAM</u>
September 20 1:30 p.m.	Edmonds School District Board Room	Report on AARP Health Care Seminar - Fran Peters and Gretchen Lay.
October 18 Noon	Edmonds Unitarian Church 8109-224th SW, Edmonds	Scholarship Salad Luncheon Meeting. <u>League of Women Voters</u> will discuss pro/con of issues on November ballot.
November 15 1:30 p.m.	Edmonds School District Board Room	<u>Washington Medical Association/AMA</u> will give follow-up on September report by giving information on local level/area Health Care cost containment activity.
December 13 1:30 p.m.	Board Room	Holiday Music
No meeting in January		
February 21 Noon	Edmonds Unitarian Church	Scholarship Luncheon Meeting. <u>Washington State Heart Assoc.</u> will consider risk factor and importance of nutrition and exercise in heart patient wellness.
March 21 1:30 p.m.	Board Room	What is <u>Arthritis</u> , how to live with it and role of Arthritis Foundation in self help program.
April 18 1:30 p.m.	Board Room	(To be announced - suggestions welcome)
May 16 Noon		Sno-King/Sno-Isle Luncheon. Harold Anderson, WSRTA President, guest speaker.
June 20 Noon	Edmonds Unitarian Church	Scholarship Luncheon Meeting. Installation of Officers.
July 18		Picnic - New Retirees as guests.

Betty Puckett, Program Chairman
(Please call, if you have suggestions for programs, 522-8921)

SNO-KING RTA INTEREST INDICATOR

NAME: _____

ADDRESS _____

PHONE: Home _____ Office/other _____
(Please indicate best hours to contact: _____)

COMMITTEE OPPORTUNITIES: (Please check those of interest to you)

Community Participation

Community Service Programs and Projects _____

(55-Alive-Driver Improvement Program, assisting at Blood Bank Drives, etc.)

School Volunteers

Reading to children in Elementary School classrooms _____

Assist with Kindergarten testing _____

Tutoring(Indicate your special field of interest) _____

Informative and Protective Services - to promote the well-being of retired teachers

Resource Development _____

(Gather and disseminate information on retirement housing, Medicare and Medigard, Social Security changes, etc.)

Health Care _____

(Provide assistance in selection of hospitals, nursing homes; detecting individuals in need and referring them to appropriate source of help.

Sunshine (Friendly visitor service) _____

Legislative _____

(Inform Unit members of pending legislation affecting their lives and work to improve condition of older citizens through legislation.)

Membership Expansion and Development _____

(Recruit new members, hold present members and regain previous members who have dropped their membership.)

Pre-retirement _____

(Plan and set up annual pre-retirement seminar.)

Communications

Publicity for Newsletter, WSRTA Journal and Community Papers _____

Mailing Newsletter _____

Telephone Committee _____

Refreshment committee _____

Scholarship _____

PLEASE INDICATE ANY ADDITIONAL INFORMATION YOU WOULD LIKE TO SHARE(DO YOU TYPE? DO YOU PLAY A MUSICAL INSTRUMENT? WOULD YOU MIND USING YOUR CAR FOR UNIT ACTIVITIES? DO YOU HAVE AUDIO-VISUAL EQUIPMENT THE UNIT MAY BORROW?)

PLEASE SHARE ANY IDEAS YOU HAVE ON WAYS TO IMPROVE OUR UNIT. DO YOU HAVE SUGGESTIONS FOR PROGRAMS THAT WOULD APPEAL TO NEW MEMBERS AND BRING BACK SOME OF OUR "STAY-AT-HOMERS"?

(Please return to Betty Odle, 2137 N. 86th, Seattle, WA 98103)

LEGISLATIVE REPORT, Gene Olmsted , Chairman

At the recent Leadership Conference in Ellensburg the State RTA Legislative Committee, under the capable leadership of Stayner Brighton, spelled out the course of action that we must take if we are to get a permanent cost of living adjustment through the next legislature.

As Paul Weaver explained in the July 1984 SnoKing Bulletin, the 1984 State RTA Convention mandated that a permanent COLA would be on a percentage basis and not on a "sums of money" as the original resolution specified. Obviously a cross-the-board type of COLA would be much fairer, especially to the older retirees. But from a practical and especially a political standpoint this type of pension increase would be extremely hard to secure.

So at this point we are looking to our friends for support. Of course some help will be coming from AARP as we are already part of that organization. However, in the past years our gains in Olympia have come about largely through our association with the Senior Citizen Lobby. Norm Schut was a towering figure in this coalition, but he is now retired and the SCL is in a state of reorganization.

When next January rolls around once again it will be the hard-working telephone committees urging you good folks to make specific calls to specific legislators with specific messages. At state-wide campaign that is closely timed and coordinated will be our only hope in bringing about a much-needed cost of living adjustment.

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It's that time of the year again. Political signs are springing up in local yards as thick as spring flowers in May. And of course now is the time for all good retired teachers to come to the aid of their party.

For those inveterate Snow Birds who have been living these past few years in some vahalla in the South and are not registered to vote, you are hereby warned that to be able to vote in the General Election you must be registered by October 6. Most libraries and fire stations will be glad to register you. Or call your "official" RTA voter registrars, Marj and Gene Olmsted, 774-5988 and we will be glad to help you register.
G.O.

SnoKing Retired
Teachers' Assn.
P.O. Box 5253
Lynnwood, WA
98036 0878

