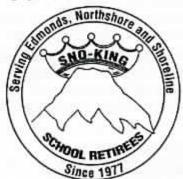
Sno-King School Retirees



September 2000

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The SKSR Bulletin

A message from our president

What do your dues do?

by Jack Rogers, 206-367-7153

By joining the Washington State School Retirees Association, an individual pledges \$48 a year in annual dues. But what does the individual get in return for the financial support? In order for any organization to maintain its membership there must be some form of return to the members. There are two types of return, intrinsic and extrinsic, and both have to exist if an organization is to be successful. However, I will only try to speak to the extrinsic benefits in this article.

Of the \$48 annual dues, \$36 goes to the state organization and \$12 is forwarded to Sno-King School Retirees Association, our local unit. The state dues are allocated primarily to maintain an office in Olympia, paying for an executive director, office staff, and a major lobbying effort at the state legislature. Over the years, I feel those state lobbying efforts have been reasonably successful. Colas and pension improvements from "gains-sharing" are perhaps the most recent signs of a successful coordinated lobbying effort.

Consensus in Olympia is the gains-sharing would have died had our organization not kept up the pressure. While the gains achieved are less than ideal, I have to wonder what progress would have been made without someone to speak for our interests at the legislative level. Lobbying efforts rarely achieve all that is desired or stem all the assaults to our pension system. Last year's raid on the state contributions to our pension plan is a prime example of a battle fought and lost. Well...welcome to the legislative process!

The reality is we must never shrink from supporting our voice in Olympia. We must never trust our future to a governmental process without, at least, making our positions known. Remember, "No one's life or property is safe while the legislature is in session." For that reason we must make the effort to be continually vigilant and support the efforts to make improvement for us.

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Coming Events

Thursday, September 21, 2000

Travels tips from Terri. Planning to travel? Planning to travel to a foreign country? Then come hear some valuable tips on travel from Terri Malinowski, a Sno-King SRA member. Terri and her husband have traveled extensively and learned valuable lessons from their experience. Pitfalls and common mistakes to avoid, and how to enjoy a trip to the fullest without spending a fortune, will be on the agenda.

Thursday, October 19, 2000

Our first of the year Scholarship Luncheon. This is an opportunity to enjoy a great potluck luncheon, fellowship, and help contribute to our annual scholarship award fund. Musical entertainment will be provided by the vocal group, Synergy. Suggested donation—\$5.



Coming Events for Sno-King School Retirees

September 21 General Meeting, 1:00

Edmonds School District Administrative Center

20420 68th Avenue West, Lynnwood

Sno-King communications chair Terri Malinowski will have travel tips and experiences to share with us.

This meeting will be in Rooms 101/102 (across the hall from the Board Room, our usual meeting place)

October 19 Scholarship Luncheon, 12:00
Music by vocal group Synergy

November 9...... General Meeting, 1:00
Choices in the State Health Care

December 7 (?) Legislative Breakfast

December 14 General Meeting, 1:00
Seasonal entertainment

February 15 Luncheon with Overlake, 12:00

March 15 General Meeting, 1:00 Legislative Report

April 19 Scholarship Luncheon Debbie DiMitre, "Sarah Borden Denny"

May 17 Luncheon with Sno-Isle, 12:00

June 21 General Meeting, 1:00

July 19 Annual Picnic, 11:00

Take us for granted!

by Rita Requa, grants chair

Special Message to active Sno-King members: It's time to apply for a grant from SKSR.

SKSR annually provides many of our active members with grants ranging from \$100 to \$300. Successful applicants in the past have asked for funds to purchase equipment and supplies for special projects: equipment, printed materials, digital cameras, videos, t-shirts, caps, copying expenses, etc.

The process is simple and straightforward—only one paragraph is needed which must include your name, grade level or subject area, school, district, a brief description of how you will use the money and the amount you request.

The due date is October 6. It is expected that awards will be announced by October 20.

Applications can be sent via email to Rita Requa, chair of the grants committee, at rrequal9@ idt.net or mailed to Rita Requa, 19121 Ballinger Way NE, #102, Lake Forest Park, WA 98155.

A worthy cause that could use some volunteer help

by Jack Rogers, SKSR president

The Washington Chapter of Neurofibromatosis seeks individuals to offer support and assistance to their office in Lynnwood. They conduct four special fundraising events each year. Two upcoming events include a walk/run at Marymoor Park in September and an auction at Benaroya Hall, October 21, 2000. They would significantly benefit from help now with both of these events.

They are an office of two, have lots of flexibility to accommodate volunteers and would be interested to speak with anyone who might offer assistance to this non-for-profit foundation. Contact Kathy Stoetzer at (425) 672-9610 at work or (206) 362-3831. You may also email Kathy at home at stoetzer@earthlink.net.

Neurofibromatosis (NF) occurs as frequently as cystic fibrosis in the population. Often, individuals stricken with NF become very reclusive, as their tumors are quite disfiguring causing individuals to feel very uncomfortable socially. The Elephant Man and the Hunchback of Norte Dame are two very good examples of what NF can look like.

NF is a genetic disorder, affecting 1 in 4,000 people, it does not discriminate by age, gender or race and can occur spontaneously as well as hereditarily. Neurofibromatosis as a disorder causes fibrosis tumors to form and attach themselves to the nervous system. The tumors grow both internally and externally, and result in a very painful condition.

NF can lead to blindness, deafness and bone paralysis as well as cancer. NF also causes learning disabilities, which is particularly problematic for children, as parents and teachers often do not know how a child is affected. Currently, many doctors, as well as the general public, are unfamiliar with NF which means the disorder can go undiagnosed and untreated.

55 Alive

AARP's 55 Alive Mature Driving Class is a refresher course teaching preventive measures that save lives when driving. Pay \$10 materials fee to AARP instructor at class time. Participants register through Edmonds Parks and Recreation, 425-771-0230. Possible discount on auto insurance. Clases meet 9 AM to 1 PM at the Anderson Center, 700 Main Street, Edmonds. For alternate dates and locations, call Bob Jones at 425-787-2727. Note that the class is a two-consecutive-days class, which can be selected during the month of your choice.

Fall 2000 Classes

September 6 and 7 October 4 and 5 November 1 and 2 December 6 and 7

Health tips for you

by Gordon Bowers, health chair, 425-778-9202

NEW DRUG TO TREAT ALZHEIMER'S

Rivastigmine (Exelon) was just approved by the FDA. It works similar to Tacrine (cognex) and Donepezil (aricept). All three block the breakdown of acetylcholine, brain chemical important to memory.

The drugs provide modest relief from Alzheimer's symptoms. In a study of 4000 Alzheimer's patients, Exelon helped sustain cognitive function, aiding them in their ability to recall and recognize words and perform everyday tasks, according to Mayo Clinic Health Letter, August 2000, p. 4.

WHAT TO DO ABOUT MANAGED CARE ABANDONMENT

Thousands of Washington seniors will lose their HMO coverage at the end of this year. This does not mean that Medicare is leaving; HMO's contract with Medicare for one year at a time, and if they are not making enough profit they pull out, leaving their members with no medical plan.

For most of us, HMO's can be a good choice because of low cost, but we must use the HMO's health provider's list. Medigap is different—consumers get to choose physicians and hospitals without referrals by a primary care physician, but these plans cost more.

Both types of plans are meant to help pay costs, but Medicare pays only 80%. In the case of expensive surgery or other serious problems, the subscriber must pay the remaining 20%, which could be a real blow if one is not covered by an HMO!

If your HMO is dropping out, you can get information about options: call Statewide Health Insurance Advisors at 800-397-4422, or Senior Rights Assistance at 206-448-5720, according to Shelby Gilje, of *The Seattle Times*. For those in Pacific Care/Secure Horizons, only Walla Walla County will be dropped–1500 members–but the other 61,500 in the State will remain on the plan.

Premera will drop 6,000 in Western Washington; Aetna will drop 10,700; and Regence, 8,000. Only Group Health announced no change for its 62,000 members. Information from Health Care Industry Analyst Kathleen OConnor, The Seattle Times, July 30, 2000.

My committee-AARP/VOTE -met with First District Congressman Jay Inslee, and discussed the HMO problem. In answering my follow up letter, Congresssman Inslee replied, "Knowing of our shared interest in funding for the Medicare+ Choice program, I would like to update you about some recent events. To address this issue, I have cosponsored the Medicare HMO Improvement Act (HR141)." His letter explains the details and summarizes steps taken so that seniors do not lose their supplemental coverage. I hope Congress acts!

NEW TREATMENT FOR HEART ATTACK

In addition to tPA, researchers have simplified heart attack treatment by developing a drug called tenecteplase (TNKase) that can be given in a single quick injection. This drug was approved by the FDA in July and should be available now. Though similar in effect, the new drug is longer lasting than tPA and does not thin blood, while tPA does, impairing the natural clotting process.

Because the new drug is simpler to use, it's more likely to be used more often, with fewer errors. Information from New England Journal of Medicine Health News, July 2000, p.4.

NEW GADGET FOR HEARING AID

Thousands of aging baby boomers are suffering hearing loss, due to lifelong exposure to



decibel
blasting
music, high
pitch
manufacturing
noises, and
other noise
pollution,
according to
health
specialist

David Pitt, The Seattle Times and Associated Press.

A tiny in-the-ear, hidden aid is designed to aid noise-induced, not age-related hearing loss. Though expensive, the product called "Songbird" is expected to sell well at about \$5,760 for six years of service; the appeal being that it is totally hidden.

PLEASE DO YOUR HOMEWORK

Read "The Disease Women Should Fear Most," Reader's Digest, August, 2000, pages 152-156. Seventy-five percent of women do not know that heart disease is their biggest threat.

Traveling with Terri

by Terri Malinowski, travel chair, 425-483-8344, terrim@accessone.com

The travel bug has really bitten retired Shoreline school nurse Lois Champion and her husband. Last fall, they enjoyed a "repositioning cruise" on the Norwegian Crown, which visited 10 ports in 13 days. At the end of 1999, Lois and her eight-year-old grandson Tyler journeyed to the Galapagos Islands.

By late spring, Lois and her grandson had itchy feet again. This time, they headed for the jungles of Costa Rica. The trip was more than a simple tour: the pair went kayaking, snorkeling, hiking, whitewater rafting, swimming and horseback riding.

They even sampled a canopy ride in the treetops to mingle with monkeys, parrots and 829 other species of birds. They wore body harnesses and hung from a moving cable more than 100 feet above the ground.

They were among a party of 16 adventurers in Toyota Land Cruisers, driving north to the Nicaraguan border, where they stayed at the base of an erupting volcano. One of their pleasures was a warm, relaxing mud bath, followed by a cleansing swim in hot springs. Then it was off to the Rio Frio river where they boarded a small boat to see sloths and crocodiles.

Their itinerary took place during Costa Rica's rainy season, which meant a steady diet of mosquitoes. They were instructed not to wear blue clothing or any perfumed cosmetics, all of which attract mosquitoes. Lois and her grandson also took plenty of insect repellant, aerosol sprays, rain gear, sun block and an arsenal of medications to treat tropical ills.

The terrain and scenery will be entirely different for Northshore retiree Walt Wolff when he departs in late September for a tour of Ancient Greece and Turkey. His 20-day trip is booked through Go-Ahead Vacations, whose address is One Education St., Cambridge, MA 02141. Check out their list of reasonably priced educational excursions by calling (800) 597-0350 or via the internet at www.goaheadvacations.com.

The trip includes all flights, boat and bus travel, most meals, hotels, transfers, fees, taxes and services of a tour director for about \$3,000 per person double occupancy or an additional \$995 for single supplement.

Walt will fly from Seattle to Athens via New York, spend several days in Athens and then tour Greece by bus and small boat. Destinations include the monastery at Meteora, the Ottoman fortresses of Ionia, Olympia (site of the first

Olympic games as well as the Temple of Zeus), and the islands of Corfu, Lefkada and Skorpios, home of the Onassis family.

The familiar names of
Ancient Greece will be
highlighted: Delphi, Neupolia,
Epidaurus and Mycenae. As a
retired social studies and history
teacher, Walt can hardly wait.
Boarding a cruise ship at Piraeus,
the group moves on to the
islands of Mykonos, Rhodes and
Patmos, where medieval walls,
Doric temples and timeless art
await their viewing.

After visits to the preserved ruins of Kusadasi and Ephesus on the Turkish coast, the cruise ends in Athens. The group then flies to Istanbul for four days of touring before returning to New York.

I can help you with your painting needs. 27 years experience painting during "summer" vacations.

References, free estimates, license, bonded.

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Warren Moore 425-485-4570

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YOUR HANDY-DANDY MAN AND BODY REPAIR

is just a phone call away.

I have several Edmonds district employees as references.

Call John Casebeer at 425-672-7087

Acceptance of this paid advertisement does not imply SKSR endorsement



Sunshine Committee

Cards and letters would be appreciated—send to the home address at 820 Walnut, Edmonds 98020.

REMEMBERING.

Betty Morton, SKSR co-founder and longtime educator, passed away on June 21, 2000, in Edmonds. Betty was recently presented with an honoraru membership in the Washington State School Retirees Association "in recognition of longevity of life and in appreciation of exceptional dedication" to the group.

Born in Napavine in 1907, Betty graduated as valedictorian in the Napavine High School class of 1926. She received her education at Ellensburg Normal (now Central Washington University), earning her teaching certificate and Bachelor's Degree. She kept up with educational trends by attending summer sessions throughout her career at Central Washington and Seattle Pacific Universities.

Her first teaching position was at Lacamas Prairie, near Chehalis. She received \$60 per month for a nine month contract (\$540 per year!). Betty taught for more than 37 years, moving from Lacamas to Woodburn, Puget Island, Medina, Monroe, and finally Edmonds. Betty spent her last 18 years in Edmonds at Mountlake Terrace, Forest Crest and Snoline Elementaries. It was when she was at Snoline that she received the coveted "Golden Acorn Award." She retired from Edmonds in 1972.

Upon retirement, she joined the Sno-Isle chapter of the WSRTA. When it became too large, she helped organize Sno-King in 1977. She held many positions in our organization and dedicated many hours to ensure the success of the unit.

Betty is survived by her sister, Winnifred Smith, many nieces and nephews, great nieces and great nephews and many wonderful friends.

For more information on Betty's contributions to SKSR and a tribute from Gordon Bowers, see the May 2000 Bulletin, p. 3.

Visiting the Japanese Garden

On June 23, several SKSR members traveled to the Kubota Gardens to enjoy a day in the sunshine admiring the gardens. The trip was organized by member services chair Barbara Berg.



Gayle Bromley, Rita Requa, Phyllis Enger, Bob Jones, Sharon Carson, Barbara Berg, Delia Broderick, Roberta McKee and Joyce Roloff take a break on their tourof the gardens.



Following their tour of the Kubota Gardens on June 23, SKSR members enjoy a delicious lunch at Vince's Italian Restaurant at Rainier Beach.

In your 50's?

That is the optimum time to investigate Long-Term Care insurance.

Know someone needing care?

Then you know why financial planning beforehand is essential.

For comparative quotes contact Don Denton (425) 787-7881 dondenton@jps.net

Acceptance of this paid advertisement does not imply SKSR endorsement

Our directory—a great service to you

New directory information

by Donna Murrish, directory chair, 206-363-5753, dmurrish@aol.com

The Sno-King member directory for 2000-2002 will be mailed to you with the November issue of the SKSR Bulletin. It is necessary for us to change the format this year since we have outgrown the method that has been used in the past.

Biennial publication

To meet the added expense of the new format, the new directory will be published every two years rather than every year. We will continue to publish any changes in membership (new members, address and/or telephone changes, etc.) in the SKSR Bulletin.

An update of the information changes (hopefully with a reference to the page number where the change should be made) will be sent to you during November of the non-directory year.

New e-mail feature

A new, useful feature of this year's directory will be to include e-mail addresses. Many of you have sent me your addresses, but there must be many more.

If you'd like to share your e-mail address with your fellow Sno-King members, please send it to me as soon as possible. You can e-mail me at dmurrish@aol.com, snail-mail it me at PO Box 33962, Seattle 98133-0962 or call me at 206-363-5753. Thanks for your help! Donna Murrish

Advertising with SKSR

In order to provide you, our membership, with better services, the SKSR Board has decided to help offset the cost of producing our publications by accepting advertising. This lets us direct more of your dues dollars to other activities and events that benefit you in your retirement. We don't invoice advertisers, so it's an "honor system" to pay when the ad has appeared. Checks should be made out to SKSR and be sent to Dave Johnson, 814 Sixth Ave S, Edmonds 98020.

In the Bulletin

Earlier, SKSR decided to accept advertising in the *Bulletin*. Advertisements there are \$180 for a full page ad, \$100 for one-half page, \$70 for a quarter page, and \$30 for a variable size ad (you furnish the information, we fit it in available space). SKSR members pay half price for these ads (\$90,. \$500, \$35 and \$15, respectively) as long as the ads are for their own services. Ads run automatically until discontinued.

NEW THIS YEAR- in the directory

We are expanding our advertising opportunities for 2000-2002 by accepting ads for the directory. The publication will be printed on letter sized paper full page (as opposed to our former folded booklet-style). Full page ads will be \$400, half page \$300 and variable size \$225. There is no discount on directory ads for members.

Ads should be sent to Bruce Caldwell, PO Box 1117, Edmonds 98020, sksr@wmea.org.

The absoulte deadline for receiving ads is SEPTEMBER 30, 2000.

Remember-it's a two-year ad.

www.sksr.org

Getting ready to party . . .

Clean-up organizer Bob Jones, second from left, raises his rake to encourage his crew to work harder. Crew members include Jack Rogers, Lorraine Corrington, Roberta McKee, Donna Murrish, Betty Olde and Dave Johnson.

Hosing down the shelter area in preparation for the picnic are Don Denton, Sharon Carson and Marlene Johnson. The volunteers worked on June 18 so everything would be nice for the picnic on the 20th.





IT'S ENTERTAINMENT TIME AGAIN!

The 2000-2001 Entertainment Books are ready for distribution.

Get yours early—the closing date is December 15.

As you know, proceeds from the sale of Entertainment Books go to help fund the Sno-King Scholarship Fund.
Last year we earned \$400 for the fund.
Let's do even better this year.

As an added incentive, we're giving a prize (which will be provided by Entertainment Publications) to the person who sells the most books.

So let your friends know they can purchase their books through you. Remember, too, that you can purchase books for other states.

To order your new book—
call Donna Murrish at 206-363-5753 or
e-mail her at drnurrish@ao1.com

Getting ready—a BIG "Thank you"

by Bob Jones, community service chair

es, that's so true in so many ways. The following Sno-King School Retirees were involved July 18th in weeding and cleaning up the shelter area where we held our annual picnic, at Kenmore Park on July 20, 2000: Rita Requa, Dave & Marlene Johnson, Jack Rogers, Betty Odle, Roberta McKee, Sharon Carson and grandson, Lorraine Corrington, Don Denton, Donna Murrish, and Bob Jones. (Pat Jones and grandson Max, age 2, were too busy going on a lion hunt among the rhodies to be of much help!)

Ten heaping wheelbarrows of weeds were pulled and 12 picnic tables were scrubbed as well as the flooring. Doing a great job was the goal, and it was achieved. "Just one more weed," was the motto—so much so that only a free lunch across the street at the Fortune Inn could stop them.

Next year we expect twice the turn out and we will fill the Fortune Inn's large room for lunch. Warren Timmons III, Parks Director and Rhododendron expert, joined us for lunch. By the way, the Fortune Inn's menu is top of the list for Chinese food.

... and then Picnic 2000, a day of friends, fun and food

enmore's beautiful Rhododendron
Park, sunshine, friends, music and
food. What more could one want? The
annual SKSR picnic held on July 20 was once
again a big success. Many of our "old" members along with several new retirees turned out
for an afternoon that all enjoyed. Enjoying the

Betty Olde dishes up some of her delicious meatballs to new member Dale Schultz. Her years of service help make SKSR activities successful.



Helen Beeler, Margit Christensen, Wes Grande and Cathy Miler fill their plates with salads and other goodies. The picnic offers good food and fellowship.



Following dessert, Justine Wood chats with new retiree Grace Hofrichter (Northshore).

benefits of our work two days earlier (notice the article on the opposite page), we gathered to welcome the newcomers and rekindle friendships for the ongoing members. Plans are already under way for next summer's cleanup (July 17) and picnic on July 19 at the same park. Mark your calendars and plan to attend!



SKSR President Jack Rogers introduces new retirees Gary Reul (Northshore), Linda Morse (Shoreline), Dale Schultz (Northshore) and Marilyn Tangen (Northshore) to the picnic. New members are welcomed into the group and encouraged to participate in activities.



Claudia Eliasen, a new retiree from the Edmonds district, visits with SKSR Past President Rita Requa.

Our membership chair speaks

Improving our system

by Don Denton, 425-787-7881

■ n June, close to 100 school employees from Edmonds, Northshore, and Shoreline earned the new designation of "Retiree." Close to 40 of those people had already joined Sno-King while they were employed and automatically transferred from being active to retired members. When I use the term active, it refers to those who are employed in school business. Whereas most of us retirees are more active than we would like to be at times, we are still designated as retirees.

If you are a non-member who has received this complementary copy of our Bulletin, we would like you to join us in working to improve the retirement system. Most people (16,000 members state-wide) do this by paying dues of \$4.00 per month. Some volunteer their time, too.

\$3 of the \$4 go to our state organization, the Washington State School Retirees Association, and is used mostly for informing legislators of our needs and informing members on issues and activities of interest. The other \$1 each month goes to support our local unit. Our greatest expenditures are our newsletters, our directory and our scholarships.

If you are not a member, we urge you to complete the attached membership form and send it to the return address on this *Bulletin*. Or look under your stack of to-do items and you will probably find the form and envelope I sent you earlier. Please join us! We need you, and you need us. Call me with questions.

SKSR BULLETIN BOARD

PHONE SCAM

One of our members received a telephone call recently from an individual identifying himself as an AT&T Service techniclan who was conducting a test on the telephone lines. He stated that to complete the test our member should touch "nine (9), zero (0), the pound sign (#), and then hang up." Luckily, our member was suspicious and refused. Upon contacting the telephone company, she was informed that by pushing the sequence "9-0-#," you give the requesting individual full access to your telephone line, which enables him or her to place long distance calls billed to your home phone number. Our member was further informed that this scam has been originating from many local jails/prisons. The member also verified this information with UCB Telecom, Pacific Bell, MCI, Bell Atlantic and GTE. Please beware. DO NOT press 9-0-# for anyone. The GTE Security Department requested that this information be shared with everyone possible. Please pass this on to your friends and acquaintences. It is always dangerous to give out any personal information or follow instructions given when the information and/or instructions are received through an unsolicited telephone call.

submitted by Rita Requa, SKSR past president

CASCADIA COLLEGE OFFERS SPECIALS FOR SENIORS

The new catalog was just published for Cascadia College—the new community college which shares a campus in Bothell with the University of Washington, Bothell branch. On page 24, in the tuition and waiver's section, they state that resident seniors over the age of 60 can have the tuition and S&A fees waived and can pay only \$10.00 per quarter, with a limit of two courses per quarter. Also seniors can audit classes for \$5.00 per credit for two courses per quarter.

submitted by Walt Wolff, SKSR member

	DUES DEDUCTION AU	THORIZATION FORM
WASHINGT	TON STATE SCHOOL	OL RETIREES ASSOCIATION
Piese Print w Tror	4726 Pacific Ave. S.E.,	Lacey, WA 98503-1216
Name		Local Unit No.

Address STATE FIRST STATE STAT

I authorize the Washington State Department of Retirement Systems to deduct the following dues and any future increases as voted by the membership from my monthly retirement allowance and to pay such deduction to the Washington State School Retirees Association.

Should I wish to cancel ensuing deductions I will send a written notification of cancellation to Washington State Department of Retirement Systems and WSSRA.

DUES: State _____ Local ____ Total ____ per month

Date Signature

A scholarship "Thank-you"

from our Shoreline winner

Dear Sno-King School Retirees:

As I prepare to move to Tacoma in two weeks, I realize once again how fortunate I am to be one of your scholarship recipients. At the University of Puget Sound, I will meet many new challenges and will have to work very hard, both academically and in the pursuit of varsity softball. I look forward to exploring a career in education.

I am also remembering the wonderful luncheon. The food and entertainment were excellent, and the company was even more enjoyable! It was so nice to meet many of the active retirees. I sincerely want to thank you for inviting my mother and me. I appreciated the opportunity to tell you how much your support means to me.

Thank you so much!

Sincerely, /s/ Kelsey Weidkamp

The purpose of our Scholarsh	CHOOL RETIREES' SCHOLARSHIP FUND CONTRIBUTION ip Fund is to assist carefully selected graduating seniors from Edmonds, Northshore
and Shoreline School District	majoring in education in reaching their goals. Contributions are tax deductible.
Enclosed is a contribution of in honor of	s as a special gift OR in memory of on the occasion of
Donor's name	
Address	City/State/Zip
If	nemorial or honorarium, please send acknowledgment to
Name	
Address	City/State/Zip
Make Mail to Sno	check payable to Sno-King School Retirees' Scholarship FundKing School Retirees, PO Box 33962, Seattle WA 98133-0962.

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ADDRESS SERVICE REQUESTED



HELP US WITH INFORMATION TO PUT IN THE BULLETIN

The deadline for the next newsletter is Tuesday, September 19.

Send news and other materials to

Jo or Bruce Caldwell, PO Box 1117, Edmonds WA 98020, sksr@wmea.org, fax 425-776-1795, phone 425-778-9390.

Please send TRAVEL news to Terri Malinowski, 15341 158th Ave NE, Woodinville WA 98072, terrim@accessone.com, 425-483-8344.

Please send us news about other members as well as about your activities.

If you know of illness, please call Sunshine Co-Chairs, Gayle Bromley (206-364-1314) or Frances Peters (206-361-8594)

To help with mailing our next Bulletin on Thursday, September 28, call Betty Odle (206-525-8276), Ellie Bonnano (425-778-0751) or Ruthann Warren (206-367-0742).

New Address

Dorothy Baird—16328 26th Ave NE, Shoreline 98155 Joyce Bayer—1331 195th St SW, Lynnwood 98036 Mathea Bryn—979 N Central Ave N, Valley City, ND 58072

Patricia Dean—21030 39th Ave SE, Bothell 98021
Bruce Ellestad—822 Shoreland Dr, Lopez Island 98261
Mary Beth Gulley—21408 92d Ave W, Edmonds 98020
Allen Haynes—19901 105th PI NE, Bothell 98011
Michael Hilton—1405 Snead St, Banning, CA 92220
Corinne Ludy—8948 NE 192 nd P1, Bothell 98011
Katherine Marsh—3045 Barkley Meadows Cir,
Bellingham 98226

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