



RETIREED TEACHERS ASSOCIATION

DECEMBER 1986

BULLETIN

PRESIDENT'S MESSAGE

With the holidays just around the corner, we always look back at the past year to see how we have fared. Our Unit has done well--we have had good meetings, we have maintained our membership, we hosted the "best convention ever", and our scholarship fund has grown. So far, we have not had to contend with snow problems. Keep your fingers crossed.

We owe many thanks to Betty Odle for all the work she did in producing our colorful new directory. With the whole year's programs listed, you can plan ahead and join us in our many activities.

Our December 18 meeting will feature the choral group from Meadowdale High School. Please call your teacher friends and bring them to enjoy this group's beautiful music.

We wish you and your dear family and friends a joyous holiday season and a happy New Year.

Happy Holidays

Marion Bellows, President



CALENDAR OF EVENTS

- December 10 - 1:30 p.m. Board Meeting - Mary Lou Porter, 18824 Olympic View Drive, Edmonds
- December 18 - 1:30 p.m. Christmas meeting, Board Room, IMPRESSIONS from Meadowdale
- January NO MEETING
- February 11 - 1:30 p.m. Board meeting - Pat Svendsen, 15515 Larch Way North, Alderwood Manor (pre-retirement workshop beforehand)
- February 19 - Meeting, Board Room, Dr. Hal Reasby on "Current Trends in Education"



DECEMBER 18, 3rd Thursday, 1:30 p.m.

Mark your calendar now and make a special effort to attend the Christmas meeting of our Sno-King RTA. The Meadowdale vocal group, The Impressions, will sing away your "blahs" and get you into the holiday spirit. Call a friend (or two?) and offer to share a ride. The cookies will be super and your welcome most warm! Remember, too, that the Scholarship Committee will have the drawing for that beautiful sweater that was knitted by Helen Beaver. Don't miss getting a chance on the sweater!

(News and reports for the February Bulletin to Betty Odle, 2137 N. 86, Seattle 98103, 525-8276 by January 25, 1987)



NEWS ABOUT OUR MEMBERS

50th Anniversary - Edith and Gordon Bowers will celebrate their 50th anniversary with a January trip to Kauai and Kona, Hawaii (big island). Their son, two daughters and families (seven grandchildren) will have a farewell gathering to wish Bon Voyage!

A former member, Glyde Krumbah, passed away on November 13. She taught high school in the Edmonds School District.

Vesta Lerdrup flew to South Carolina last month to attend her granddaughters wedding.

Just heard that Leonard Goehner had had an operation and is now working to stabilize a heart condition that they discovered while he was in the hospital. Our thoughts are with him for a speedy recovery because we know he is anxious to get "on the road again"!

Al and Helen Meinert are in Tucson housesitting for friends who are visiting in Florida. They will be home in the middle of December.

PRE-RETIREMENT SEMINAR - We will be needing lots of cookies and serving help for the seminars which will be held the end of February and in March. Call Pat Svendsen, 743-3482, to volunteer.

55 ALIVE/MATURE DRIVING COURSE

The 55 Alive/Mature Driving course will be held on December 15 and 16 at the Shoreline Library, 5th NE and NE 175th, Seattle - just a couple of blocks east of the 175th exit of I-5. If you haven't already signed up, call Betty Puckett, 522-8921 to see if she can get you in this session. The course will be from 10 am to 2:30 pm - bring your sandwich for lunch break. You must attend Both days to be awarded a certificate of completion. Many insurance companies give discounts if you have a certificate. (PEMCO gives a 5% discount.)

DECEMBER HEALTH TIP

FIVE WAYS TO REDUCE STRESS

1. Learn to live one day at a time.
2. Everyday, do something you really enjoy.
3. Add an ounce of love to everything you do.
4. Do something for somebody else.
5. Have an optimistic view of the world. Believe that most people are doing the best they can.

But the very best stress reducer is a HUG! Use the coupon below whenever life gets a little tense.



LEGISLATIVE UPDATE - Gordon Bowers

A special Retired Teachers' Seminar was held December 2 at the Everett Sno-Isle Vocational Center to review the CASE FOR COLAS - RETIREMENT INCOME PROTECTION FOR WASHINGTON'S PUBLIC SCHOOL TEACHERS. Eloise Stendal, WSRTA Board member from Sedro Wooley was the seminar leader, with representatives from several RTA units. Those attending from Sno-King RTA were Marion Bellows, Gene Olmsted, Paul Weaver, Marylou Porter, Betty Odle and Gordon Bowers.

The purpose of the meeting was to help RTA members to become better informed on the "COST OF LIVING AND FIXED PENSION PROBLEM". The State of Washington has never granted a COLA to retired teachers, but has to other retired Washington State employees. The legislature has consistently skirted the issue. The WSRTA is pushing for favorable legislative action in 1987 to correct this inequity.

Sno-King RTA has tentative plans for a special January meeting for RTA members to review the COLA study and rally support for legislative action on permanent COLAS for retired teachers. Keep tuned!



(The following recipe is published by request from members attending the last Scholarship Luncheon.)

Holiday Cranberry Punch

- 48 oz. can unsweetened Pineapple Juice
- 48 oz. can Cranberry juice cocktail
- 4 cups water
- 1 cup brown sugar

Combine those four ingredients in 30 cup percolator.

- 4 teaspoons whole cloves
- 4 cinnamon sticks broken into pieces
- 1/4 teaspoon salt

Place spices and salt in percolator basket and perc. If you wish you can heat wine and add as desired to each serving.



WELCOME TO OUR NEW MEMBERS!

Doris Beech 2629-136th SE, Bothell 98012 742-8832
Warren R. Rowe 812-6th S., Edmonds 98020 774-0955
Margaret Rowe 812 - 6th S. Edmonds 98020 774-0955 (Assoc. Member)
Phone number for James Steves: 466-4079
New address for Jordan Moe 1151 - 5th S Edmonds 98020 771-5960
(Please make these additions and changes in your new roster.)





*Always on Christmas comes a silent peace
If hearts are still and eyes are lifted up;
For those who listen, carols never cease
And Love will overflow each waiting cup,
Come, let us seek the Holy Christ Child too
And worship Him this Christmas time anew.*



*Merry Christmas and a
Happy New Year*

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*Sno-King Retired
Teachers' Assn.
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