



RETIRED TEACHERS ASSOCIATION

APRIL 1987

BULLETIN

PRESIDENT'S MESSAGE

What a delightful trip of Japan we had on March 19 by means of Dick Sacksteder's wonderful slides! And we were pleased to have so many of you there to take this "trip."

Four of our members, Helen Bird, Geneive Kimm, John Kochrian, and Gordon E. Smith, have been named to the Edmonds District 1987 Living Legend Hall of Fame. These folks will be honored at a banquet on April 24. Congratulations to all of you.

The following nominations for next year's officers were made at the March meeting: President - Marion Bellows, Vice President in charge of programs - Jim Becker, Secretary - Cheryl Bickford, and Co-Treasurers - Gordon Roberts and Myra Sorensen. You will note that President-Elect is vacant again. Somehow, I have a feeling that I should not be your president for three years; so will one of you capable people come forward and accept the nomination. Remember we will vote on these people at our April meeting.

The April 16 meeting is our last Scholarship luncheon of the year--let's have lots of you with your friends, spouses, etc. come to the luncheon. Also, save the date of May 21 which will be our joint luncheon with Sno-Isle. We will be at the Mill Creek Country Club. There is a sign-up sheet for you to use in sending in your money for your reservation.

See you at the April 16 luncheon.

Marion Bellows

CALENDAR OF EVENTS

- April 8 - 1:30 p.m. Board meeting at Betty Odles
- April 16 - noon Scholarship Luncheon at Edmonds Unitarian Church
8109 - 224 Street SW, Edmonds
- May 13 - 1:30 p.m. Board meeting
- May 21 - 12:30 p.m. Joint luncheon with Sno-Isle at Mill Creek Country Club.



SCHOLARSHIP SALAD LUNCHEON

Our April 16th meeting will begin at 12 noon at the Edmonds Unitarian Church, 8109-224th SW, Edmonds. You will enjoy a delicious salad luncheon for a \$3 donation to the Scholarship Fund. Please call some of your fellow RTA'ers and urge them to join you at the luncheon - or better still invite a retired teacher who is not at present a member of our Unit.

We do need to know an approximate number attending in order to have plenty to eat; so if you did not sign up at the last meeting, please call Pat Svendsen, 743-3482; Betty Odle, 525-8276, or Betty Puckett, 522-8921 by Monday April 13. Let them know, too, if you would like to donate a salad.

Mr. Curt Howard, president of Pilchuk Audubon, and his wife will speak on local Audubon activities.



WHAT TO LOOK FOR IN LONG TERM CARE INSURANCE

INSURANCE CO	COMMERCIAL INSURANCE COMPANY HEALTH CARE SERVICE CONTRACTOR HEALTH MAINTENANCE ORGANIZATION
A.M. BEST RATING (IF ANY)	A+ (SUPERIOR), A(EXCELLENT), B, B+
POLICY FORM #	CHECK TO SEE IF APPROVED IN WASHINGTON
RENEWABILITY	GUARANTEED FOR LIFE, OR AT OPTION OF INSURER
UNDERWRITING	TOUGH, LIBERAL, FAIRLY LIBERAL, GUARANTEED ISSUE
DAILY INDEMNITY AMOUNT	\$10 - \$100
MANAGED CARE SYSTEM	PARTICIPATING VS NON-PARTICIPATING PROVIDERS
LEVEL PREMIUM AT ENTRY AGE	FUTURE INCREASES BASED ON ENTRY AGE
WAIVER OF PREMIUM	USUALLY AFTER 90 DAYS OR 120 DAYS ON CLAIM
WAITING PERIOD FOR PRE-X	365 DAYS PRIOR - 180 DAYS AFTER EFFECTIVE DATE
PRIOR HOSPITALIZATION?	NONE, OR UP TO THREE DAYS
DAYS BETWEEN HDSP. & SNF	14 - 30 - 60 - 90
TYPE OF SNF REQUIRED	MEDICARE PARTICIPATING, ANY SKILLED CARE FACILITY
LEVEL OF CARE AT ENTRY	MEDICARE SKILLED, SKILLED, INTERMEDIATE, CUSTODIAL
SKILLED CARE BEFORE I/C	NONE, 1 DAY, UP TO 20 DAYS
ORGANIC BASED MENTAL OR EMOTIONAL ILLNESS	ASK ABOUT COVERAGE FOR ALZHEIMER'S DISEASE
ELIMINATION PERIOD	NONE, 21 DAYS, 100 DAYS OR MORE
LENGTH OF BENEFITS	STATED IN NUMBER OF DAYS OR YEARS, 1 TO 6 YEARS
HOME CONVALESCENT CARE	A DAY AT HOME FOR A DAY IN SNF - REDUCED \$ AMOUNT
CONGREGATE CARE	SOME LIMITED BENEFITS
PRESCRIPTION DRUGS	DOLLAR ALLOWANCE PER MONTH
PHYSICAL EXAM BENEFIT	MONTHLY M.D. EXAM
BENEFIT INCREASE OPTION	INFLATION GUARD
PAID UP BENEFIT	USUALLY AFTER A LENGTHY STAY

Stress?

Sometimes, the best way to reduce stress and to put things back into perspective is to forget yourself and to remember someone else...

1. Lend an ear.
2. Hold a hand.
3. Give a hug.
4. Warm a heart.
5. Pat a back.
6. Dry an eye.
7. Ease a pain.
8. Forgive a wrong.
9. Pay a debt.
10. Tell a joke.
11. See only the good.
12. Smile!
13. Give a gift.
14. Return a book.
15. Phone a friend.
16. Write a letter.
17. Welcome a stranger.
18. Mend a quarrel.
19. Boost a cause.
20. Pay a compliment.
21. Shine (even if the sun doesn't).
22. Remember a birthday.
23. Say "I love you."



JOINT LUNCHEON WITH SNO-ISLE RTA ON MAY 21

Use the reservation form below to make reservations for this special annual luncheon. Sno-King is the host unit this year so we would like to have a good turnout of our members to welcome our guests. WSRTA President Orville Widman will speak and the Woodway High School Neo-pholics will perform.

The cost of the luncheon is \$8, and will be held at the Mill Creek Country Club at 12:30 p.m. Directions to the Country Club will be included in the May Newsletter.



SNO-KING - SNO-ISLE RTA LUNCHEON MAY 21 MILL CREEK COUNTRY CLUB

(Reservations close May 15)

Please reserve(_____) places at the luncheon at \$8.00 each.

Enclosed is my check for \$_____ Luncheon begins at 12:30 p.m.

Signed _____
(Include names covered by this reserv.)

Mail to: Sno-King RTA, P. O. Box 5253, Lynnwood, WA 98046 5253

THE FOLLOWING RESOLUTION WAS UNANIMOUSLY ADOPTED BY THE SNO-KING RTA MEMBERS IN ATTENDANCE AT THE REGULAR MEETING ARCH 19, 1987.

TO: PRESIDENT MARION BELLOWS, SNO-KING RTA & MEMBERS
FR: GORDON BOWERS & GENE OLMSTED, CO-CHAIRMEN, LEGISLATIVE COMMITTEE
RE: PROPOSED RESOLUTION TO BE INTRODUCED FROM THE FLOOR AT THE WSRTA

CONVENTION IN RICHLAND, JUNE 1 - 3, 1987

Whereas, retired teachers do not have an automatic COLA as do retirees in six of the nine retirement systems of Washington State; and

Whereas, the dramatic increases in the cost of living in recent years have eroded the purchasing power of retirement allowances; and

Whereas, the WSRTA Board in September 1986 deferred a request by SNO-KING RTA to initiate legal action against the State Of Washington, but promised to pursue the feasibility of a class action lawsuit if the 1987 Washington State Legislature failed to make progress toward automatic COLAS for TRS retirees.

NOW, THEREFORE, because the Washington Legislature has failed to act on any significant COLA bills introduced in 1987 or prior years, even with WSRTA'S CASE FOR COLAS and other documentation in hand of pension inequities between the systems, BE IT RESOLVED that the WSRTA Board initiate legal action by employing a firm of attorneys qualified to investigate the feasibility of a suit to bring TRS into equitable status with other Washington retirement systems with automatic COLAS.

THERE WERE HUNDREDS OF BILLS IN THIS SESSION OF SPECIAL INTEREST TO RETIREES, BUT MOST DIED IN COMMITTEE. Only one bill that would increase pensions for retired teachers is still alive - SB 5380 - now in the House Rules Committee - which would raise the minimum pension amount from \$13 to \$15 per month for each year of service. This will help those who retired before 1973, raising from \$390 to \$450 per month (30 years X \$15).

Our SNO-KING telephone committee will call if the HOTLINE needs to be activated to move this bill.
STAND BY!

NEWS ABOUT OUR MEMBERS

President Marion Bellows is the proud Grandmother of her second grandson, Brian David Fitz, born on March 11. Guess why she wasn't at Board Meeting that day!

Mrs. Eileen Pettigrew of Moncton, New Brunswick, Canada was a guest of Vesta Lerdrup and we were happy to have her join us at our March meeting.

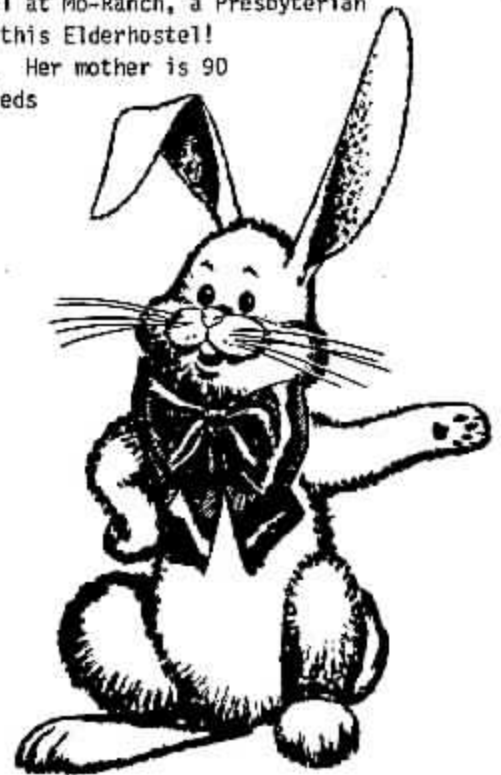
Harry and Judy Liden returned on March 17 from a marvelous Elderhostel at Mo-Ranch, a Presbyterian Retreat and Conference Center near Hunt, Texas. They highly recommend this Elderhostel!

Gretchen Lay visited her mother in Port Angeles, WA this early March. Her mother is 90 and is busy on a 10 acre piece of land, gardening and showing off hundreds of rhododendrons. Gretchen just heard that she is to be a grandmother for the eleventh time.

Next month we will have another list of new members to welcome.

(NEWS AND REPORTS FOR THE MAY BULLETIN
TO BETTY ODLE, 2137 N. 86th, Seattle 98103
525-8276, BY APRIL 20, 1987.)

SEE YA THERE, FOLKS
At the luncheons on
April 16 and
May 21.



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Teachers' Assn.
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