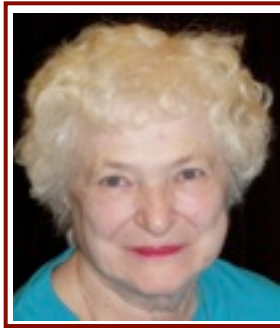


SKSR Bulletin

A message from Our Co-President Rachel Lake



February 2011



ANOTHER LOOK AT THE NEW YEAR

We are reviewing where we are and where we're going in our mid-term organizational year.

The economy is growing, but the shortfall in the state budget is of great concern because of the \$4,600,000,000 shortfall for 2011-2013. Legislators are reviewing cuts in existing programs, and considering if a

different plan of delivering services would be more effective. Hence, Governor Gregoire has a different plan for the state's educational system by having all levels, preschool through college and technical schools, under one umbrella. An Education Secretary would be appointed by the Governor, and he/she would replace the current Superintendent of Instruction's position, which is elected and responsible to the public. There will be considerable debate about these ideas in the next four months.

Another issue, and one voiced by Legislative Leadership in a recent televised broadcast, is the concern about pension funding. More will be coming out about changes as the session progresses. Expressed views of the existing practices such as deleting the guaranteed yearly COLA adjustment permanently for Plan 1 is under consideration for new legislation. Revising the health benefit too is marked for reduction. Please read and follow-up on Ellie Bonanno's article and her requests on Page 4 to let our legislators know we don't approve of using promised pension funding to solve the crisis. You will find our newest legislative card enclosed with this mailing to help you voice your concerns to them about what's happening. Also, if you would like to receive Leslie Main's "Legislative Insight" by email, please contact me with your email address and I will forward that to you. RachelmLake@comcast.net.

For the last three months the RRU Committee, chaired by Roberta Hawkins, has worked diligently reviewing the purposes and bylaws of our organization. Many hours have been spent delineating, redefining and debating the current view of our organization and setting the course for our future. Members Betty Ogle, Alice Bingaman, Barbara Berg, Erma Snook, Rita Requa and Rachel Lake participated in

See **President's Message** page 2

Rachel Lake, Erma Snook, Co-Presidents
 Roberta Hawkins, Vice President
 Cheryl Bauer, Secretary/Schl Fin
 Donna Murrish, Treasurer/Mailing/Schl Fin
 Rita Requa, Membership
 Betty Odle, Historian/Luncheons/Picnic
 Rachel Lake, WSSR-PAC Treas
 Ellie Bonanno, WSSRA Legislative/Schl Fin
 Bob Nordeen, Membership/Schl Fin
 Bob Jones, RetirPlan/Web Page/Outreach
 Alice Bingaman, Telephone/Schl/RetirPln
 Gordon Bowers, Health
 Keith Lindaas, Linda Fitzgerald, Scholarship
 Joan Hertrich, Telephone
 Marlene Johnson, Marilyn Alaniz, Hospitality
 Virg Rayton, Grants
 Evelyn Nordeen, Sunshine/ Past Coordinator
 Jim Siscel, Special Projects
 Marilyn Dauer, Membership
 Dick Stucky, Don Denton, Schl Fin
 Bruce Caldwell, Directory
 Barbara Berg, Scrapbook
 Dave Johnson, *Bulletin* Editor/Schl Fin

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MARK YOUR DATEBOOK

February 17 General Meeting
at
The Brightwater Treatment Plant

March 3, 10, 17, 24, 31 Retirement Seminars
 April 21 Scholarship Luncheon
 May 20 Joint Meeting with Sno Isle
 June 6-8 WSSRA Convention
 July 21 Picnic

President Message from page 1

extraordinary deliberation. The Executive Board is reviewing their work now, and soon it will be posted on Website www.sksr.org for members to view. We owe Roberta a great deal of thanks for organizing this activity and to all the above members who spent their time completing this document. We appreciate all of their efforts. Roberta's article appears on page 6.

On February 17th, Sno-King has been invited to visit Brightwater educational plant and Rita Requa has written information about this see page 3 in our *Bulletin*. Join us for this interesting field trip.

The week of March 14-20, 2011 has been proclaimed as School Retirees Appreciation Week by Governor Christine O. Gregorire. One of her special "Whereas" states: "Whereas, the WSSRA educates and assists retirees in meeting the special challenges retirement brings, and works to improve their general welfare . . ." (See **Proclamation** page 11). Indeed, we at Sno-King are working hard at this endeavor.

SKSR Board Meetings

1:00 PM,
Edmonds SD ESC
20420 68th Ave W,
Lynnwood
Everyone welcome!

February 10

March 10

April 14

May 12

July 14

August Planning Meeting ?



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IN APPRECIATION TO THE FOLLOWING DONORS TO THE SCHOLARSHIP FUND

SKSR in memory of Paula Roemer, Leona Kindley, Don Kok, Shirley O'Neil, Richard White, and Raymond Martyn; Erma & Gil Snook in memory of Edith Bowers; Leo and Delores Valenzuela in memory of Edith Bowers; Cheryl Bickford and Justine Wood in memory of Shirley O'Neil. **Donations** from Roberta Hawkins, Chuck & Pauline LeWarne, Phyllis Fiege, Rachel Lake, Margaret Dezell, Bruce Caldwell

A special thank you to all who purchased/sold Entertainment Books. As a result, \$1,265.00 was added to our scholarship fund.

Sno-King Brightwater Field Trip

Feb 17, 2011

You’ve heard the rumbling of deep bore tunneling, seen the giant drilling equipment at the portals in Bothell, Shoreline, Kenmore, and Point Wells, and read about the controversy over the site of Brightwater. Now you will have an opportunity to see Brightwater Waste Treatment System Center, at the intersection of SR 522 and Rte 9.

On Feb 17, our regularly scheduled meeting date, the organization has planned a field trip to Brightwater, the regional wastewater treatment site that will serve portions of King and Snohomish Counties. Brightwater is located at the intersection of 228th and Highway 9, just north of Woodinville. SKSR member, Aaron Fiek, was instrumental in making sure that an educational component was included in the Brightwater site and helped secure the reservation at the Operation Center. Aaron reminds us that this is a construction site so wear appropriate clothing, formal attire not required.

The meeting is scheduled to start at 1:00 PM. Carpooling is suggested. Carpools will leave at 12:15 from two parking lot sites: Third Place Books in Lake Forest Park and Office Depot (Lynnwood) parking lot, SE corner of 196th and Hwy 99. If you plan to carpool from 3rd Place Books call Rachel Lake (206- 362-5611), if you plan to leave from Office Depot, call Erma Snook ((425) 776-2067). After entering the site, turn left, and then right, you will see a white building that is the Operation Center, where we will meet.

A field trip of this nature is a rare opportunity for members of Sno-King School Retirees. Look forward to seeing you on Feb 17.



E-MAIL DELIVERY

We are well on our way to saving trees and \$! Since first announcing our e-mail delivery campaign, over 200 of you signed up to receive your Newsletter via e-mail. We thank you so much!

Now for the rest of our 996 members, we know you may have intended to sign up if you have e-mail and haven’t gotten around to it. Here’s how easy it is: look over the “How I Want My E-mail Address Used” choices below and e-mail your information to Donna Murrish at donnamurrish@comcast.net and you are signed up! You will receive your Newsletter via e-mail containing an attachment ready for viewing and/or printing. There are TWO big advantages to receiving your Newsletter electronically. First, you will receive it about 10 days, or more, earlier than snail mail and secondly, it will be in bright color! Our Editor is dressing it up just for our e-mail customers!

Don’t delay! Sign up today!

How I want my e-mail address used! In our attempt to conserve \$ & resources, make your choices below and e-mail information to

Donna Murrish : donnamurrish@comcast.net

Name	
e-mail address	

Check the appropriate boxes below to indicate your preferred use(s) of your e-mail address. Use my e-mail address:

	1.	In the Membership Directory 2010-2012.
	2.	To send me the <i>Bulletin</i> .
	3.	To inform me about Pension Reform, Legislation, Senior Issues, Events, Grant Information for Active Members, and/or PEBB (Public Education Benefits Board) Health Insurance issues.

LEGISLATIVE NEWS By Ellie Bonanno

We have all read about the 4.6 billion dollar deficit in our state's budget. Since the voters rejected any new taxes in November, the Legislature is facing a daunting task of trying to find ways to cut programs. We must keep vigilant to preserve and protect our pension system. Our basic pensions are mandated by law, but there are other proposals the Governor has suggested.

One proposal is to terminate any increases in the Uniform COLA July 2011. That is when a 3% increase was scheduled for those people that are 66 years old and are in TRS/PERS1. In 1995, there was much work to achieve the Uniform COLA and if it is taken away, I doubt that we could ever pass it again. Promises of retirement security made to active and retired teachers should be kept.

Newly hired teachers will not have the early retirement benefits granted to TRS 2 & 3. Teachers who are presently in plan 2 or 3 program will still be able to retire at age 62, but new hires will revert back to 65. We must protect these current and future retiree pension benefits.

Another proposal is to reduce the "explicit" subsidy for health benefits to \$150 per month. Presently that amount is \$182 per month to reduce the cost of health insurance for eligible retirees.

The Governor also proposes that the practice of double dipping retirees who retire with full benefits and then get rehired into the educational system will not be tolerated. These proposals are all being talked about in Olympia and as yet there are no bills and no numbers for the bills. However, we must be prepared to let our elected officials know how we feel. The brunt of this budget crisis should not fall on the shoulders of the people that have worked to educate our young people.

There is still the problem of the state contribution rate to PRS/TRS1. The state treasurer has proposed an amendment to have the state pay their share as their manipulation of employer contributions has resulted in a loss of potential investment return. A lobbyist group, The Nexus Group, has been approved and will work with us this year. They have many years of successful experience in the public education field.

As a member of the State Legislative Committee, I will be in Olympia Feb. 9-10 to meet with the Legislators from Districts 1, 21 and 32.

We have reactivated a telephone tree alert team and have over 100 people that are ready to contact their legislators on a moment's notice when the alert is sounded from our state office. Do join us if you want by calling me or anyone on the board. You can go to the WSSRA website (wssra.org) for updates. A card has been enclosed in this bulletin that tells all the information needed to contact our Legislators. Do keep it to refer to when needed. A good place to keep it is in your directory. You can also sign up for the Legislative Insight by calling our state office at (800) 544-5219 and ask to be put on their list. You can call your legislator and ask to put on their e-mail list. Stay informed and be prepared to help preserve and protect our benefits.

Retirement Seminars Schedule

Who: Employees & spouses: Edmonds, Mukilteo, Shoreline & Northshore school districts.

Note: All sessions are for Classified and Certificated Staff.

Location: Edmonds District Administration Bldg. 20420 68th Ave W. Lynnwood, WA

Session 1: **Wednesday March 2, 2011:** Who What When & Why: **6:00 - 8:00 PM**

Katie Sherwood, Benefits Supervisor Edmonds School District & Panel of Retirees

Session 2: **Wednesday March 9, 2011:** VEBA III & State Medical/Dental Plans: **6:00 - 8:00 PM**

Mike Smolko, VEBA Representative & HCA Benefits Representative

Session 3: **Wednesday March 16, 2011:** WA State Retirement Systems: DRS Representative

TRS 1: 5:00 - 6:20 PM Board Rooms

Deferred Compensation Program (for all) 6:30 - 7:00 PM Board Rooms

PERS 1: 5:00 - 6:20 PM Rooms 101 & 102

TRS 2/SERS 2: 7:10 - 8:30 PM Rooms 101 & 102

Session 4: **Thursday March 24, 2011:** Getting Your Financial Ducks in a Row: **6:00 - 8:00 PM**

Richard Fowler, CFP D.A. Davidson & Co./Christy Gatién AAMS, Financial Advisor

Session 5: **Wednesday March 30, 2011:** Social Security and Medicare: **6:00 - 8:00 PM**

Social Security Representative

2010 WINNIE SMITH MEMORIAL SCHOLARSHIP WINNERS:

Milan Beard, University of Washington and from Edmonds-Woodway HS

Laura Glasgow, Eastern Washington University and from Mountlake Terrace HS

Nicole Richards, Western Washington University and from Shorecrest HS

Margaret Shipe, Whitworth University and from Inglemoor HS

Each of these students received a \$1200 Scholarship for school year 2010 - 2011.

Milan writes that he made the Dean's List for autumn quarter last year. He was also granted early acceptance into the Foster School of Business because of his high academic achievements in high school. In addition to his academic work Milan is an Associated Students University of Washington Senator (this organization is responsible for student government at the UW). His current plan is to complete his general distribution requirements during his freshman and sophomore years and he is on track to graduate with a bachelor's degree and then he intends to complete a fifth year in order to attain a teaching degree and certificate. He concludes by thanking SKSR for this scholarship.

Laura states that she wants to thank us again for our continuing support of her education. "This scholarship means so much to me. Without your support, my education may not be possible. As most people are aware, the economy has made it difficult for students such as myself to continue their education, so every bit helps". As of right now she is getting her general requirements done before she can declare her Education Major at Eastern Washington University and she is on target to finish this next quarter. Once that is finished she will start on classes that are required by her major.

Nicole says that her first year in college was quite exciting. She started off the year by participating in the Woodring Future Scholars program, which is a group of 20 preselected freshmen at Western who show promise out of the incoming class to be teachers. She decided on majoring in Elementary Education Studies with an endorsement in TESOL (Teaching English to Speakers of Other Languages). Nicole is in the Woodring College of Education and is planning on graduating in four years, if not earlier. She is a member of SWEA (future teacher's club), volunteers in environmental restoration groups and plays intramural soccer. She finishes by saying, "I am very fortunate to have a clear-cut path in my life, it brings me purposefulness and hope. I am so grateful to have the opportunity to fulfill my dreams and I thank you for helping me do this".

Scholarships see page 6

Time In The Garden

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Krist Sharpe 425-745-8526 kjsharpe@yahoo.com

Landscape Designer----Retired Shoreline Teacher

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Scholarships from page 5

Margaret writes that she is pursuing a Master’s Degree in Elementary Education. At present she is working on her general requirements and is excited to begin her education courses. She states, "I can’t put into words how thankful I am for your faith in me. Without your scholarship money, I probably wouldn’t be where I am today". Margaret says that Whitworth University is the perfect school for her and she feels so blessed to be going there. She says that she does miss home but they have enough breaks that she is able to travel back to Seattle and spend time with her family. She concludes by saying, "Thanks again for all your support and for your help in providing the finances necessary for me attend Whitworth".

SCHOLARSHIPS 2011

SKSR will award four \$1200 scholarships to graduating seniors from Edmonds, Northshore, and Shoreline School Districts. These scholarships then can be renewed for the next three years as long as the criteria of pursuing a career in education are met. Graduating seniors interested in pursuing education as a career may apply, with the selection being made on the basis of scholarship, career goals in education, school activities, community service and may or may not include consideration of financial need. Completed applications must be post marked by the deadline of March 18, 2011. Applications may be found in each high school’s scholarship center and also online at www.sksr.org. Winners will be honored at our annual scholarship banquet on April 21st. Keith Lindaas and Linda Fitzgerald, Scholarship Co chairs

NOTICE BY-LAW CHANGES

After much discussion the By-laws Ad Hoc committee and the Executive Board are presenting two By-laws changes that will facilitate our organizational operation. They will also help save funds for publication. These two changes are presented below for your consideration and will be voted on by the members at the February 17th General Membership meeting at the Brightwater facility.

ARTICLE XII —QUORUM

~~Five percent (5%) of the retired members of the Unit shall constitute a quorum to do business.~~

A quorum shall consist of those members present at a regularly scheduled meeting.

ARTICLE XIV —AMENDMENTS

~~Amendments to~~ The Bylaws may be amended by majority vote of membership present at any regular meeting following ~~publication~~ *membership notification* in the

In memory of members who have passed on:

- Pg 42 Kindley, Leona F. Nov. 2010
- Pg 43 Kok, Donald H. Nov. 2010 (Shoreline)
- Pg 49 Martyn, Raymond H. December 2010 (Edmonds)
- Pg 56 O’Neil, Shirley A. Dec. 2010 (Shoreline)
- Pg 63 Roemer, Paula A. Oct. 25, 2010 (Edmonds)
- Pg 77 White, Richard S. Dec. 2010 (SLCC)

For rent: Scottsdale Condo

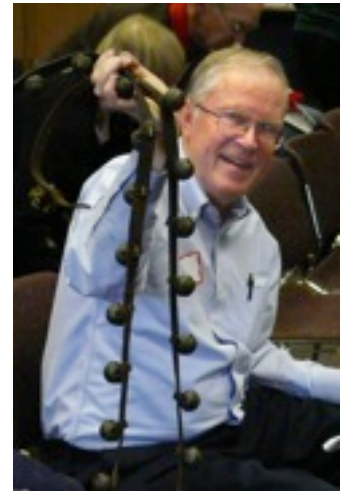
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Clockwise starting at the left Lori Hansen from the Pickled Herring band, Jim Siscel plays with Jingle Bells, The entire Sno-King group attending the Holiday Sing Along and Cookie Fest and a few of the cookies



Festive Fall Fares

In November, around Veterans' Day, Sno-King held its Fall Scholarship Potluck Luncheon. The great success of the event (money for our Scholarship Fund) was accredited to Rachel Lake, program chair, and Betty Odle, potluck chair. Lori Hansen, from The Pickled Herring Band, regaled us with her accordion music. Her infectious enthusiasm and talent entertained us with Scandinavian music, some old classics and a beautiful medley of anthems from all the military branches. Jim Siscel inspired us all with a reading of "What is a Veteran?" Our potluck was abundant and tasty. Thanks to all who attended, donated food and time, and donated to the Scholarship Fund and/or bought raffle tickets. Along with our Entertainment Book sales we are well on our way to meeting our \$4800 annual goal.

Early in December, Sno-King held a Holiday Sing Along and Cookie Fest organized by Rachel Lake and Erna Snook. Accompanied beautifully by Bruce Caldwell on keyboard, we sang all our Christmas Carol favorites-- Bruce was amazing! Very festive! Through member donations, we had over 20 different kinds of cookies to sample and purchase over coffee and punch. The house sold out all those cookies and we all went away with sweet treats to enjoy. This was a first time December event for Sno-King in many years. Those in attendance and the Executive Board feel the event would be well worth repeating next year!

HEALTH SERVICES by Gordon Bowers

HOW TO REDUCE RISK OF DEMENTIA: A Mayo Clinic study was published in the January 2010 *Archives of Neurology*. The purpose of the study was to determine to what extent a regularly controlled exercise program would effect dementia. The study compared 198 older adults who had mild cognitive decline with the exercise schedule of 1,126 older adults with no cognitive decline. The study showed that the most successful dementia prevention was an exercise program, even if begun in later life, but called for moderate to heavy physical activity, exercise for at least an hour a day, five or six times a week. The 1,126 on the vigorous exercise program had a 45% lower risk than the 198 (39%) in the study.

Alzheimer's and Mayo Clinic experts say that the most potent means of preventing dementia is exercise, including walking, bicycling, golfing (no cart); all activities done briskly, even housework, swimming and strengthening exercise done at least twice a week can improve your chances of not having either Alzheimer's or dementia. The only cost is determination.¹

GOOD NEWS ON GOVERNMENT HEALTH PLANNING: Concerns over lagging progress in protecting the American public from pandemic flu or other attacks caused US Health and Human Services Secretary Kathleen Sebelius to say, "We aren't generating enough products, citing leaks, choke points and dead ends in the medical pipeline." As a consequence, US Federal aid authorities announces (Aug 20) that an appropriation of \$1.9 billion to make over the entire system for identifying and manufacturing drugs & vaccines for health emergencies is underway.

The goal is to speed up the supply of scientific discoveries and get them to market. Included would be government contracts with private facilities to be geared up to speed production of new drugs, improve the National Institute of Health capacity to measure the safety and effectiveness of new products.

This foresighted planning and action should be reassuring in times of HINI scare, pandemic or other catastrophes, terrorist attacks. Thanks to all!²

Health Services continued page 9

Finance & Business Manager, Non-Profit Educational Organization

The Attic Learning Community, a progressive non-profit educational organization in Woodinville, is *hiring* a Finance and Business Manager. This is an exciting opportunity for a business professional with a background in finance and operations, strong leadership skills, and a desire to be involved with a rapidly-growing non-profit educational organization.

The Finance and Business Manager reports to the Executive Director and is responsible for the financial operation of the organization, including purchasing, financial investments, banking activities, borrowing, payroll and benefits; coordinating an annual audit; preparation of the annual budget; guiding the organization's new building project including activities associated with project budgeting, management, capital fund raising and borrowing.

The Finance and Business Manager also works with the Executive Director and the Board of Trustees to ensure the development and implementation of appropriate policies for the organization and provides staff support to the Finance and Executive Committees of the Board.

**To apply, please provide a cover letter and CV to:
brad.e.fisher@gmail.com.**

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PAINTING PAIN?—I can help you

Since retirement almost four years ago and for 25 years before that, we have had the privilege of helping members with their painting needs. References are available from many of them. I would also be happy to help you with your needs. Help is also available to fix some of those small household repairs that need to be done. We serve the east side and north end of Lake Washington. For information call

G.F. Moore Painting (Warren) 425-466-2729 or
425-485-4570

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Health Services *Continued from page 8*

A NEW KIND OF MOUSE: This mouse is transgenic neither male or female, but produces plaque in the brain. It was genetically altered to speed research in the treatment of Alzheimer’s disease. having the same type of plaque as in the human brain.

Because this strain of mice, much faster progress in research shows promising results. A particular protein that causes plaque can be reduced with a new drug. The same protein is found in the brains of alzheimer’s patients. This drug could be pivotal in reducing plaque in Alzheimer’s disease patients.

Mayo Clinic, developer of the mouse has made it available to major pharmaceutical companies and offered to university research centers.³

TINY THYROID IS YOUR POWER PLANT: It is the size of a grain of rice, located near the adams apple. It regulates your metabolism and can affect your overall health and well being. Low thyroid production can cause fatigue, depression: called hypothyroidism, can cause swelling of the face, memory problems and even affect the heart. Tests for thyroid well being should begin at age 35 and continue every five years. Females have thyroid problems at the rate of five times more than men.

Remedy and treatment, if done early could be a terrific change in a person’s life. Ask your doctor!⁴

ARE YOU STRESSED OUT? Some helpful tips offered by Harvard Medical School. Whether on the job or at home map out your day, setting time writing, phone calls and time for yourself. Give yourself an extra 15 minutes to get to your destination. Discard unnecessary tasks. Don’t magnify problems. avoid getting angry or irritated. Clear the desk of tasks not important to you right now. Hire part time help if needed, slow down to just one task, take pleasure in accomplished tasks. If feeling too tense, try massage, hot bath, brisk walk, talk with friends or how about a cup of coffee? Advice from the Harvard Staff: “The world is a kinder, more wondrous place when you share its pleasures and burdens!”⁵

MENTAL MASSAGE: “Be nice to people on your way up because your might meet ’em on your way down.” Jimmy Durante

“Nothing in the world is so exhilarating as to be shot at without results.” Winston Churchill

¹Mayo Clinic Health Letter December 2010 Vol. 28 P. 4

²Zajac, Andrew, *Tribune Washington Bureau and Seattle Times* August 2010

³Mayo Clinic Breakthrough Bulletin, Alzheimer’s Drive December 2010, p. 1

⁴Smoots, Dr. Elisabeth S. and American Thyroid Assn, *Everett Herald*, November 23. 2010, p. 1 & 2

⁵Harvard Medical School Staff, *Guide to Stress Relief* December January 2011, p. 1 - 4

Affordable Living for Exceptional People

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TWENTY-FOUR GRANTS AWARDED

Each fall Sno-King School Retirees' active members are invited to apply for grants of up to \$200 to facilitate special projects they envision to enrich the school experience of students they work with. During the tough economic times schools are experiencing presently, money is tight so a few extra dollars come in handy. SKSR enjoys recognizing and rewarding the often unnoticed creative efforts of our colleagues still "in the trenches." This year there were a record number of requests for grants making the identification of recipients especially challenging, but our limited budget allowed us to award 24 grants to 25 recipients for this 2010-2011 school year. Congratulations to the following:

Edmonds

- Louise Barnes
- Tanya King
- Kim Mason
- Lynn McCabe
- Kathy Metcalf
- Stacey Sateren
- Gail Summerfield
- Nancy Sutherland
- Jill Walzer

Shoreline

- Linda Berthelson
- Stephanie Cady
- Frank Halferty
- Julie Moe
- Carrie Misener
- Karen Nicholson
- Kathryn Pihl
- Martha Nichols
- Sandy Sanders
- Sharon Turpin
- Christine Von Hoffmann
- Kathleen Ward

Northshore

- Susan Jackson
- Betsy Leahy
- Laurie Nunnelee
- Paula Wilson

We extend our thanks to the following board members who served on the deliberation committed to identify this year's recipients: Cheryl Bauer, Donna Murrish, Bob Nordeen, Evie Nordeen and Chair, Virg Rayton. Thanks also to those who delivered grant checks to recipients during December and January: Cheryl Bauer, Barbara Berg, Ellie Bonanno, Marilyn Dauer, Linda Fitzgerald, Donna Murrish, Bob Nordeen, Evie Nordeen, Betty Odle, Jim Siscel and Erma Snook.

AARP's Driver Safety Program (55 Alive)



AARP's *Driver Safety Program (formerly 55 Alive) Mature Driving Class* is a refresher course teaching preventive measures that save lives when driving. Pay \$12 (AARP members, \$14 non-members) materials fee to AARP instructor at class time. Participants register through Edmonds Parks and Recreation, 425-771-0230. Graduates may have a possible discount on auto insurance. Classes meet 9 AM to 1:00 PM at the Anderson Center, 700 Main Street, Edmonds. For alternate dates and locations, contact Bob Jones at 425-438-2727 or bobpatjones@frontier.com Note that the class is a "two-consecutive-days class," which can be selected during the month of your choice.

2011 dates
February 16 & 17 Wed & Th
March 16 & 17 Wed & Th
April 18 & 19 Mon & Tu
May 16 & 17 Mon & Wed
June 27 & 28 Mon & Tu

The State of Washington



Proclamation

WHEREAS, the Washington State School Retirees Association (WSSRA) recognizes all retired school employees; and

WHEREAS, the WSSRA educates and assists retirees in meeting the special challenges retirement brings, and works to improve their general welfare; and

WHEREAS, the WSSRA aids in advancing education by supporting high educational standards; and

WHEREAS, the WSSRA promotes group and individual involvement in charitable projects and activities, sponsors scholarships, and maintains interest and participates in educational and community activities; and

WHEREAS, the WSSRA supports and encourages retired educators to remain active in the education profession through volunteer activities associated with learning;

NOW, THEREFORE, I, Christine O. Gregoire, Governor of the state of Washington, do hereby proclaim March 14-20, 2011, as

School Retirees Appreciation Week

in Washington State, and I urge all citizens to join me in this special observance.

Signed this 13th day of December, 2010

Governor Christine O. Gregoire





Sno-King School Retirees
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Seattle, WA 98133-0962

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ADDRESS SERVICE REQUESTED

HELP US WITH INFORMATION TO PUT IN THE BULLETIN

The deadline for the next newsletter is 8:00 AM, **Friday March 25**

Send news and other materials to

Dave Johnson 814 6th Ave. So. Edmonds, WA 98020, damajo3@comcast.net, or
425-776-7298.

Address, phone or e-mail changes should be sent to **Donna Murrish** donnamurrish@comcast.net
or 206-363-5753.

If you know of illness, please call Sunshine Chair, **Evelyn Nordeen** evie.nordeen@frontier.com or
425-775-1127

To help with mailing our next Bulletin on Monday, **April 4** call

Alice Bingaman 425-778-1343, **Betty Odle** 206-525-8276 or **Joan Hertrich** 425-778-9572

Welcome New Members:

Babin, Linda	Paden, Janet A.
Bower, Helen J.	Raney, Kathleen A.
Day, Dennis A	Redmond, Judith A.
Ebisu, Cindy R.	Richmond, D. M.
Gauksheim, Robert C.	Russell, Theresa
Jordan, Josephine T.	Scarpelli, Victor J. Sr.
Littlejohn, Tamara S.	Schmidt, Theresa A.
Longley, Christel	Telstad, Mary K.
McElroy, Christine	Thorkildsen, Hilde K.
Miner, Aimee M.	Wandler, Carrie R.
Nissan, Jonathan A.	

Address /email Changes and/or Corrections:

Pg 13 Bek, Mary M, 68 Queen St, Falmouth, MA 02540
Pg 18 Bumgardner, Barb – new email:
BarbBumgardner@gmail.com
Pg 31 Gose, Robert L, 1052 NE 102nd St, Seattle 98125-7520
Pg 38 Hyman, Margaret – new phone number: 425-379-8642
Pg 45 Add to directory: Leopold, Joseph, 19120-47TH PL NE,
Lk Forest Park 98155-2920
Pg 58 Peterson, Kay M – new phone number: 206-284-3844
Pg 75 Walsh, George O., 17502-102nd Ave NE, Apt 230,
Bothell 98011-6709