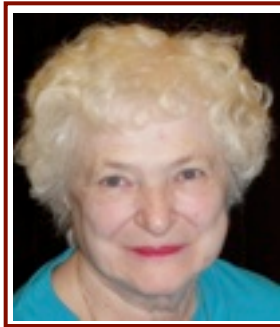


# SKSR Bulletin

A message from Our Co-President Rachel Lake



April 2011



I just returned from the 32<sup>nd</sup> District Town Hall meeting sponsored by Senator Maralyn Chase, Representative Cindy Ryu, and Representative Ruth Kagi. The 3<sup>rd</sup> Place Books Center was packed with many teachers and constituents wanting to hear about the state financial situation and the status of the budget demands that they will be considering. Some interesting facts came out of this meeting, that need our consideration.

1. In the state of Washington, unemployment is 9.1% as of February.
2. Since the beginning of the recession in 2007, Washington has lost 195,000 jobs and has only regained about 20,000.
3. The revenue sources for the budget come from 50.1% of retail sales (which are down.)
4. 21.7% of our revenue comes from business and occupation taxes (house building and construction are down).
5. There is also an approximately \$180 million gap for the remainder of the fiscal year ending June 30, 2011.
6. Washington currently faces a \$4.6 billion revenue shortfall for the 2011-2013 biennium and it will probably get worse.

The revenue forecast released on Thursday, March 17<sup>th</sup> predicts an additional 780 million shortfall in on top of the current 4.6 billion. The House Ways and Means Committee will begin working on the 2011-2013 Budget. The House needs 50 votes to pass the budget, and they will focus on K-12, children, and protection of opportunity for growth (jobs). The Senate will also have a budget and ultimately, both will need to be reconciled before the Governor signs the final bill.

Legislators receive about 1000 e-mails a day and staff hours have been cut. E-mails and letters are usually filed by subject, and they take note of this correspondence. With so many of these, legislators' responses are usually late, but they appreciate our communicating with them. **WE NEED TO KEEP OUR ISSUE BEFORE THEM.** Between now and April 14, our message is the following, and we need to ask for their response:

See **President's Message** page 2

Rachel Lake, Erma Snook, Co-Presidents  
 Roberta Hawkins, Vice President  
 Cheryl Bauer, Secretary/Schl Fin  
 Donna Murrish, Treasurer/Mailing/Schl Fin  
 Rita Requa, Membership  
 Betty Odle, Historian/Luncheons/Picnic  
 Rachel Lake, WSSR-PAC Treas  
 Ellie Bonanno, WSSRA Legislative/Schl Fin  
 Bob Nordeen, Membership/Schl Fin  
 Bob Jones, RetirPlan/Web Page/Outreach  
 Alice Bingaman, Telephone/Schl/RetirPln  
 Gordon Bowers, Health  
 Keith Lindaas, Linda Fitzgerald, Scholarship  
 Joan Hertrich, Telephone  
 Marlene Johnson, Marilyn Alaniz, Hospitality  
 Virg Rayton, Grants  
 Evelyn Nordeen, Sunshine/ Past Coordinator  
 Jim Siscel, Special Projects  
 Marilyn Dauer, Membership  
 Dick Stucky, Don Denton, Schl Fin  
 Bruce Caldwell, Directory  
 Barbara Berg, Scrapbook  
 Dave Johnson, *Bulletin* Editor/Schl Fin

**YOU'LL FIND INSIDE**

President's Message.....1 & 2  
 Calendar of Events.....2  
 Scholarship luncheon.....3 & 4  
 By-Laws revision .....4  
 Searching for You & AARP driving.....5  
 Health Services.....6 &7  
 Announcements.....7  
 May Joint SKSR & Sno-Isle Lunch.....8  
 Legislative News & New Members.....9  
 Brightwater Revisited.....10  
 Mariners & SKSR/E-mail Delivery.....11  
 Member Information.....12

**MARK YOUR DATEBOOK**

**April 21 Scholarship Luncheon**

May 20 Joint Meeting with Sno Isle  
 June 6-8 WSSRA Convention  
 July 21 Picnic  
 August Planning Meeting ?

**President Message** from page 1

**SKSR Board Meetings**

1:00 PM,  
 Edmonds SD ESC  
 20420 68th Ave W,  
 Lynnwood  
 Everyone welcome!

[www.sksr.org](http://www.sksr.org)

April 14  
 May 12  
 July 14

August Planning Meeting ?



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**PLEASE OPPOSE TRS/PERS 1 UNIFORM COLA PROVISIONS  
 IN GOVERNOR GREGOIRE'S PROPOSAL.**

(Bill number is 2021.)

**Pension promises made should be promises kept. Don't balance the State's budget on the backs of current and future Plan I retirees.**

Legislators are severely limited because of the passage of I-1053 last November with 54% of a favorable vote; and they must have 2/3 vote in order to increase them. It's a question of their priorities and Senator Chase stated that she thinks "the only way to solve this problem is to increase tax revenue."

At the meeting, other issues were raised that included, 1) Campaign Reform, 2) Close corporation tax loopholes, 3) closing parks, 4) tax reductions, 5) evaluating teachers under a new system, 6) student testing at end of course rather than as graduating test, 7) National Certification and stipends (which are cut or suspended), 8) supporting Collective Bargaining—(all agreed they supported this, but there have been bills introduced.), 9) immigration access to basic education in the Community Colleges, and others.

It was a good meeting and many attended. We know the problems. Now, we need to find out what the legislators' solutions are this coming month. Will there be just cuts which include protection of our COLA? Or, will our priority really be considered and be part of the State's legal obligation to fund our pensions as promised?

Rachel M. Lake, Co President  
 Sno-King School Retirees

### APRIL SCHOLARSHIP LUNCHEON

On April 21st, Thursday, at noon, join us for the second of our semi-annual Scholarship Luncheons to raise money for our Scholarship Fund for the four \$1200 scholarships we award annually to graduating high school seniors who are intending to major in the field of education. We award them to students from Edmonds, Northshore and Shoreline High Schools.

We will hold the potluck luncheon at the Edmonds Unitarian Church at noon (see map). The fee is \$5 with your potluck salad donation. Your salad should serve 12+. We also need cookie and bread donations and folks to sign up to set up and clean up!!! Call today!

Following lunch will be a musical program ( see article below). There will be a vote on proposed bylaw revisions that have been under construction since Fall. Also, of major importance will be the presentation of this year's scholarship winners: four brand new ones, and up to seven renewing. They will all be invited to attend and will be presented to us by Linda Fitzgerald and Keith Lindaas, Scholarship Committee Co-Chairs.

Come to support our Scholarship Fund and enjoy a grand time of dining, being entertained and meeting new and old friends.

### YOU'RE IN FOR A TREAT AND A GOOD LUNCH TOO!

The April meeting and musical program will honor our 2011-2012 scholarship winners. In addition to a wonderful salad galore luncheon, we will have unusual and fun entertainment. Matt Dahlberg, a student at Edmonds Community College studying audio engineering and music theory, will provide us with his "awe-inspiring" talent as he plays his ukulele from jazz to other hits. Previously, he has played all over the world at different ukulele festivals including this last summer when he played at the Cairns Ukulele Festival in Australia.



*Matt Dahlberg*



*"Tune Drifters", Barb and Wayne*

After this part of the program, we will hear an entirely different type of music. We will spotlight Barb and Wayne, "The Tune Drifters", and they will come from Port Angeles to entertain us. They play at different bluegrass festivals, perform at assisted-living communities, and visit elementary schools. Wayne is a professional musician, and he plays the piano and fiddle. Wearing an outlandish hat and seasonable attire, Barb plays the washtub bass. Their songs include Big Band and Mariachi songs from the '30's and 40's as well as songs like "All of Me", "Ain't She Sweet" and "What a Wonderful World."

**Do come enjoy our lunch, honor our winners, and enjoy our unusual music presentations!**

**SNO-KING SCHOOL RETIREES' SCHOLARSHIP FUND**

The purpose of the SKSR Scholarship Fund is to assist carefully selected graduating seniors majoring in education from Edmonds, Northshore and Shoreline School Districts in reaching their goals. Contributions are tax deductible.

Enclosed is a contribution of \$\_\_\_\_\_ As a special gift\_\_\_\_\_Or in memory of

\_\_\_\_\_ Or in honor of\_\_\_\_\_

on the occasion of\_\_\_\_\_ Please send acknowledgment to  
Name\_\_\_\_\_

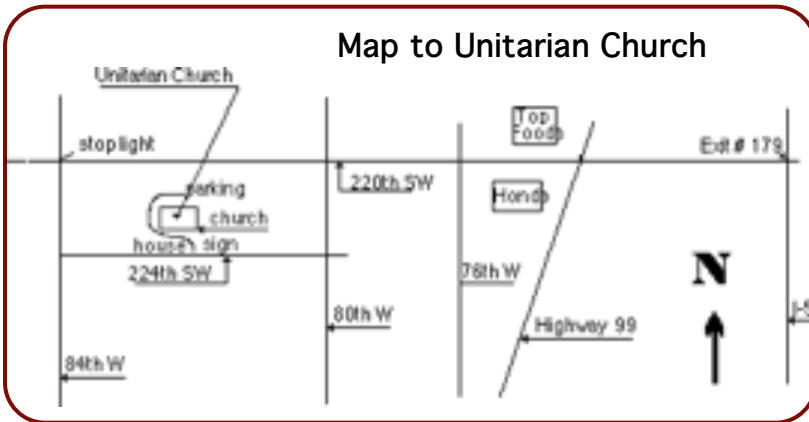
Address\_\_\_\_\_

Donor's Name\_\_\_\_\_

Address\_\_\_\_\_

Make check payable to Sno-King School Retirees' Scholarship Fund. Mail to:  
Sno-King School Retirees, PO Box 33962, Seattle WA 98133-0962.

**Map to Unitarian Church**



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**BYLAWS READY FOR A VOTE**

Since early last November an Ad Hoc committee has been reviewing the SKSR existing Bylaws. Their review focused on comparing our actual practice against the language and descriptions in the current Bylaws. The goal: to update, revise as needed and produce a clearer and more streamlined document to describe and guide our Sno-King School Retirees work and activities.

Some early amendments were presented to and approved by the Board in January. On February 17, 2011 at our general meeting, held at the Brightwater site, those first two amendments, published in the February Bulletin, were presented to the general membership and approved.

The committee presented their final recommendations for Bylaws changes to the Executive Board on March 10, 2011. After a careful review and discussion of the proposed amendments to the remaining bylaws and the new Appendix to the Bylaws in which all the committee duties and responsibilities are listed, the Board voted to approve the recommendations.

They are now ready for the membership to review. The Bylaws with the proposed amendments and the new Appendix A document will be available for viewing on the SKSR Website: <http://www.sksr.org/> Those who wish these documents in "print" copy should contact: Rachel Lake (206-362-5611) or [rachelmlake@comcast.net](mailto:rachelmlake@comcast.net)) or Erma Snook (425-0776-2067) or [egsnook@comcast.net](mailto:egsnook@comcast.net)), co-presidents.

**We will vote on these proposed amendments to the Bylaws and the inclusion of the new Appendix A at our April 21, 2011 general membership meeting/Scholarship Luncheon.** Please join us at the luncheon to participate in the vote as well as to celebrate our 2011 scholarship recipients.

**SEARCHING FOR YOU...**

Somewhere out there I know there is someone who would be very good at keeping up the membership records for Sno-King School Retirees. If you are computer-literate and able to keep accurate records, you can handle the Membership Records job.

Or maybe you're good at handling finances – paying bills, keeping track of income and outgo. Maybe the Treasurer position is the one for you!

Think about it – currently both these positions are being handled by one person, but they are actually two different assignments.

Here's the deal – if you'll take one of them, I'll continue with the other and we'll work together. There are detailed manuals for each position so if you'd like to see what's involved before making a commitment, let me know. Donna Murrish, Treasurer & Records Keeper 206-363-5753 [donnamurrish@comcast.net](mailto:donnamurrish@comcast.net)

# AARP's Driver Safety Program (55 Alive)



AARP's *Driver Safety Program (formerly 55 Alive) Mature Driving Class* is a refresher course teaching preventive measures that save lives when driving. Pay \$12 (AARP members, \$14 non-members) materials fee to AARP instructor at class time. Participants register through Edmonds Parks and Recreation, 425-771-0230. Graduates may have a possible discount on auto insurance. Classes meet 9 AM to 1:00 PM at the Anderson Center, 700 Main Street, Edmonds. For alternate dates and locations, contact Bob Jones at 425-438-2727 or [bobpatjones@frontier.com](mailto:bobpatjones@frontier.com) Note that the class is a "two-consecutive-days class," which can be selected during the month of your choice.

**2011 dates**

April 18 & 19 Mon & Tue  
May 16 & 17 Mon & Wed  
June 27 & 28 Mon & Tue

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Bothell, Washington 98011



## HEALTH SERVICES

by Gordon Bowers

### **Skin Cancer Threat Grows As You Age:**

According to Mayo Clinic your risk of skin cancer increases with age, due to an accumulation of damage over the years. The damage is irreversible and a small amount of the sun's ultraviolet (UV) radiation can cause additional damage to the body's DNA and immune system. This could cause a skin cell to become cancerous. It is best to use sunscreen regularly, no matter what age. Don't become the one in five Americans who will have skin cancer at some time in life.<sup>1</sup>

**New Study On Prostate Cancer:** Because of the scare of cancer, many men elect to have surgery or other high risk types of treatment even though they are in the low risk of cancer with a blood test – PSA of less than 10. Such aggressive treatment may not be necessary. In Europe, most of the men follow an agenda of “watchful waiting” year after year with no medical treatment unless there is pain or other problems;

Most of the USA watchful waiting have no treatment at all. Dr. Maha Hussain, University of Michigan Cancer Specialist said of the study, “We are identifying men who are not likely to need even a pill”. The results of this study were released February 22, 2011 by the American Society of Clinical Oncology.<sup>2</sup>

**Screening For Heart Disease:** The major concern with heart disease is that plaque can build up in arteries and partly block blood supply to the heart without causing symptoms. Tests could miss this. Most heart attack victims have several risk factors such as high blood pressure and high levels of cholesterol (LDL bad). Screening to identify heart disease can head off some risk factors, but too late. As Dr. Roger Blumenthal, Director of Ciccarone Center For the Prevention of Heart Disease at Johns Hopkins Medical warns, “Some people can be lulled into a false sense of security from

traditional screening”. Such screening is of help and is needed by adults every five years and all factors, family history, age, diabetes, blood pressure, and cholesterol are cranked into an evaluation of whether you are at low, medium, or high risk for a heart attack. Whatever the score, all adults over the age of 50 should have an electrocardiogram (ECG) and follow the doctor's advice about risk factors. This may mean a change in life style. Patients with two or more risk factors should have an ECG every year. To prevent heart attacks, men age 45 to 79 should take aspirin – 81mg daily, and women (same age group) should take the same baby aspirin as men to help prevent stroke. Blood pressure should be below 140/90, cholesterol below 200 for patients with intermediate risk as recommended by the Johns Hopkins heart disease staff. Don't forget good diet and weight control, 30 minutes of exercise five times a week, walking is OK. Ask your doctor!<sup>3</sup>

**US Life Expectancy:** Life expectancy hit a bump in the road. After rising rapidly in the past 25 years, it has slowed and is given a poor performance rating by the National Research Council. Compared with other countries we spend more on health care and do not live as long. US male's increased five and a half years from 69.9 to 75.5 from 1980 to 2006. US female's life expectancy increased about 3 years from 77.5 to 80.7. All were lower than other developing nations.

Why? Heart disease, women smoking, obesity account for most of the difference in the study, although the US health system prolongs life, it is not very effective in prevention. *The American Association Journal* gives the annual cost of treating heart disease and related problems. It will triple by 2030. The report by the National Research Council is not intended to alarm, but to call attention to the need for changes in lifestyle and better medical prevention.<sup>4</sup>

**New Alzheimer's Test Awaits FDA Approval:** The FDA Advisory Committee recommended that a brain scan be approved. It can show the plaque in a living person's brain. If a patient has serious memory problems and other symptoms, and the

*Health Services continued page 7*

**Health Services** *Continued from page 6*

scan test shows no plaque, the patient does not have Alzheimer's, previously, such decision would be made only by an autopsy. The doctors can now focus on other causes and symptoms for treatment. Let's watch for this brain scan plaque test to be approved.<sup>5</sup>

**Next bulletin will include information on memory tests and dementia.**

**Mental Massage:** My wife was in the hospital seriously ill. The doctor, trying to stir up mental response asked, "What day is this?" She hesitated and the doctor repeated the question and don't you know? She said, "I know, but I'll be damned if I'll tell you if you don't know."

The patient asked the doctor, "Do you mind if I get a second opinion?" The doctor said, "It's OK. Come back tomorrow!"

1. *Mayo Clinic Health Letter*, Second Opinion by Mayo Staff, March 2011, vol 29 #3 p 8
2. MaryLinn Marchione, Associated Press & *Everett Herald*, Feb 16, 2011, p 3
3. Limits of Screening for Heart Disease, *Health After 50*, Mar 2011 p 4 & 5
4. Shari Roan, Life Expectancy Rising at Slower Rate, *Los Angeles Times* and *Seattle Times* Jan 27, 2011 p A4
5. Gina Kolata, *New York Times* and *Seattle Times* Jan 21, 2011 P A7

**PAINTING PAIN?**—I can help you

Since retirement almost four years ago and for 25 years before that, we have had the privilege of helping members with their painting needs. References are available from many of them. I would also be happy to help you with your needs. Help is also available to fix some of those small household repairs that need to be done. We serve the east side and north end of Lake Washington. For information call

**G.F. Moore Painting (Warren)** 425-466-2729 or 425-485-4570

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**SKSR Announcements**

Interested in attending WSSRA Convention this year in Wenatchee on June 6-8, 2011? Let Rachel (206-362-5611) [RachelLake@comcast.net](mailto:RachelLake@comcast.net) or Erma (425-776-2067) [egsnook@comcast.net](mailto:egsnook@comcast.net) know this in April.

Nominations are open for 2011-2012 Sno-King Officers now. Call Alice Bingaman (425-778-1343) if you wish to help with this process.

**WSSRA Announcements**

\***Leslie Main** has submitted her resignation effective March 31st.

\***Neil Prescott**, WSSRA Treasurer, will be resigning at the end of this year,

\***Dick Anderson**, NW#1 Board Member, will be a nominee for WSSRA President-Elect in June.

\***Joan Penewell** will run for WSSR-PAC treasurer at the 2011 PAC Convention. She will replace Rachel Lake who is retiring after five years of service in that capacity.

**Time In The Garden**

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**Please contact me and let me know how I may be of assistance to you and your landscape project.**

**Krist Sharpe 425-745-8526**

[kjsharpe@yahoo.com](mailto:kjsharpe@yahoo.com)

**Landscape Designer----Retired Shoreline Teacher**

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### **Annual Joint SnoKing/SnoIsle Luncheon**

Get out your calendars, and sign up to attend our annual SnoKing/SnoIsle Luncheon. It is our time to make new friends or renew acquaintances with our neighbors to the north and have a great visit! It is **on FRIDAY, May 20th**. Note this is a departure from our usual Thursday meeting date!!!!. We will dine at the SnoIsle Skills Technical Center in Mukilteo near the Boeing Plant. The new "Bistro" is just opened this Fall following their devastating fire of two years ago. Director Chef Becky and her culinary students are a delight!

We are to arrive at 11: 15 a.m. for a 11:30 seating, students need to serve us by noon. The cost is \$13 including tax and gratuity. Our entree choices are Chicken Cordon Bleu (breaded chicken with ham and Swiss cheese slices) or Baked Cod Provencal ( cod baked with tomatoes, capers, olives, etc ) . Your lunch includes salad (probably a Caesar), entree choice, dessert and beverage (coffee, tea, soft drink on request).

Our program for the day will be presented by Karen Holm, Betty Odle's niece, an active educator from Oregon to share about her treacherous trek to the Arctic Circle (see article).

**RSVP to Erma Snook 425-776-2067, or [egsnook@comcast.net](mailto:egsnook@comcast.net).** Please RSVP by May 17th and include your entree preference. Look for map to SnoIsle Technical Skills Center in next issue.

### **Program for the May Joint SnoKing/SnoIsle Luncheon Three Rivers Traverse Expedition Karen Holm and Rob Walker**

Traveling by foot, canoe, and packraft, from the historic gold rush settlement of Skagway, Alaska, to Kaktovik, an Inupiat whaling village on the Beaufort Sea, provided an extraordinary journey through the vast and unyielding Yukon and Alaskan Arctic. Our 3-month, 1,450-mile "Three Rivers Traverse Expedition" was the 4<sup>th</sup> leg in our quest to travel the Western Hemisphere by human power.

In the late '80s, infused with young idealism, we set out for 9 months bicycling from Seattle to LaPaz, Bolivia. Then at the millennium, after building stitch and glue wooden kayaks, we navigated the Inside Passage from Glacier Bay, Alaska to the San Juan Islands, Washington. Three years later we paddled the mirror image of these island strewn channels in the tempestuous waters of Southern Chile culminating at Puerto Toro, a tiny Tierra del Fuego fishing village boasting the title, "the southern most community in the world."

Our new trip seemed simple: no crazy coastal storms; no harrowing, narrow, dirt roads; and merely a few months. It would be just an ultra-light backpacking trip, portaging a 40 pound collapsible canoe 33 miles over an early-season, snow-covered Chilkoot Pass, paddling 1000 miles down the Yukon River to where it peeks above the Arctic Circle, and a backpacking portage 300 miles up the Chandalar River, then over the Brooks Range, traversing the Okpilak glacier, and down the north-slope to the ice strewn waters of the Beaufort Sea. By its end, this remarkably challenging human-powered adventure required two summers for us to complete.

We embarked on this expedition in early June of 2007 with the intent to complete the route in one 3-month push. That first season we negotiated the Chilkoot Trail with 80+ pound packs then basked in the relative ease of gliding by pack-canoe down the Yukon before confronting the hardships of dragging our craft 200-miles up the Chandalar River. This remote river ascent, intended to be a several week backpack portage, grew to nearly a month of arduous lining our bright red boat along the boundary between the Arctic National Wildlife Refuge (ANWR) and the Gwich'in people's native lands. Although our original plan was to continue over the Brooks Range and down the North Slope of ANWR, the difficult travel combined with hunger, fatigue and the constraints of time forced us to stop short in the Athabaskan community of Arctic Village.

Re-energized and ready for more we returned to Arctic Village in July 2010. We replaced the 40-pound canoe and its gear with one month's worth of food and a 4-pound packraft. Shouldering 85-pound packs we followed the Chandalar River valley 90-miles north before turning east into the Romanzof Mountains and crossing the Continental Divide. The crossing delivered us into the heart of the Brooks Range where our mountaineering skills gave us access to the Okpilak Glacier basin—the largest in the range. The West Okpilak Glacier led to the emerald green Okpilak River which in turn guided us out of the mountains and 100-miles overland across an eerily vacant coastal plain. On arrival to the Arctic Ocean we launched our single tiny packraft and tandem paddled the icy waters of Arey Lagoon to Kaktovik—the Inupiat whaling village on Barter Island and our journey's successful end.



### Legislative News      Ellie Bonanno

I just returned from Olympia where I spent the last 2 days at the State Legislative Committee meetings. The daffodils were almost in full bloom and very beautiful, but the mood around the capitol was somber. There is a 5.2 billion dollar short fall and no way to raise taxes, so they have to make deep cuts. If we could close all the tax loopholes, we would not have a deficit, but it would take a 2/3 vote (thanks to Tim Eyman) to close any of them. Governor Gregoire's Proposal, "Eliminating any future Plan 1 COLA increases by changing TRS and PERS Provisions" has been given a number, HB 2021. WSSRA position is to strongly **OPPOSE** this bill of limiting the annual increase amounts.

If HB2021 for Plan 1 is enacted:

- Retirees will have their benefit limited to its current amount. Any retiree who has already begun receiving the Uniform COLA will continue to receive the amount already added to their benefit. However no further automatic increases would be provided.
- No benefit would be provided to any members of TRS 1 and PERS 1 who have yet to receive eligibility for the Uniform Plan 1 COLA.
- Retirees on the \$1000 minimum benefit would continue to receive the Uniform Plan 1 COLA. When they reach the \$1000 benefit, their COLA would be suspended.
- It would reduce the minimum employer contribution **unfunded liability from 8.0 to 5.75** percent.

This affects 90,000 TERS and PERS retirees. **Uniform Plan 1 COLA benefits must be protected.** We are not asking for a huge amount of money! The average salary for PERS 1 is \$1,654 and TRS 1 is 1,861. Do let your legislators know that you oppose HB 2021. The legislators should not balance the budget on our backs. When you communicate with your legislator, make it personal of how this would affect YOU.

There was nothing said in Olympia about the decrease in the "explicit subsidy" for Medicare people. It is fairly certain that the subsidy will decrease from \$182 to \$150 so we will pay more on health insurance.

There is a constitutional amendment from the State Treasurer, Jim McIntire, which would have the legislator pay for the unfunded liability. For many years, they have not contributed their 6% to our retirement fund; even though we did all the years we worked. The money could not be invested and now they want to take away from us to help fund it. We will hear more about this amendment.

Leslie Main, our Legislative Coordinator, has resigned, due to health reasons, effective March 31. She will be greatly missed and we wish her well.

All of the Legislators I talked to have received many emails and telephone calls from our group. THANK YOU! We were able to slow this down as it would probably have been enacted already. We have won the battle and now we must win the war!!! We need to flood them with our opposition to HB2021. It will probably not get much media attention. We need to keep contacting them. It is best to call or email them directly using the information on the card sent out in your Feb. bulletin.

Let us know if you need those numbers or addresses. By the time you read this, many things will have changed but I wanted you to have the background information. Let us hope that it will be time to send a thank you to our legislators for retaining our annual COLA's.

---

#### Welcome New Members

Bangasser, Bette M, 5901-177 <sup>th</sup> St SW, Lynnwood 98037-3512 Bowker, Carol Ann, 17721-16 <sup>th</sup> Pl W, Lynnwood 98037-4003 Chelin, Pauline F, 20504-79 <sup>th</sup> Ave W, Edmonds 98026-6831 Wyman, Irene J., 4404-212 <sup>th</sup> St SW #A-2, MtLk Terrace 98043-3433 Sharon Harms, 2306-190 <sup>th</sup> St SE, Bothell 98012-6905	Mary M Wergeland, 2002-173 <sup>rd</sup> St SE, Bothell 98012-6466 Joanne Branch, 16711 Graystone Dr, Lynnwood 98037-6974 Jennifer M Hodgen, 316 NW 178 <sup>th</sup> St, Shoreline 98177-3517 Joanne E Moore, 6827 NE 204 <sup>th</sup> St, Kenmore 98028-2049 Daryl D Smith, 14148-174 <sup>th</sup> Pl NE, Redmond 98052-1244 Janis Tucker, 17233-10 <sup>th</sup> Ave NW, Shoreline 98177-3712
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## Brightwater –Did You Miss It?

Despite the forecast of snow for February 17, twenty-two SKSR members arrived at the Brightwater Wastewater Treatment site in sunshine. Donning hardhats and bright orange vests, SKSR members walked to the nearby Education Center for the tour.

Michael Popiwny, Mitigation and Architecture Design Manager, and Aaron Feik, SKSR member, retired Northshore science teacher and President of Friends of the Hidden River Foundation, were outstanding guides who explained the planning and construction of the Brightwater site. The Friends group tirelessly raised money and involved the community in the possibilities of Education Center. This Center can be designated a “green building,” using reclaimed lumber and recycled materials, solar panels, natural light and ventilation systems. The grounds include about 70 acres of open space with trails for walking and a 43 acre restored salmon habitat of the Little Bear Creek.

Everyone agreed this was a worthwhile and interesting field trip.

Here are random quotes from some of the attendees:

**Evie Nordeen:** “The guides were exceptional.... starting nine years ago ...the planning...describing what has occurred to the landscape.”

**Jim Siscel:** It was apparent that “the design made minimum impact upon the environment.”

**Ted Dauer:** “ They took the lead...what could be used for industry and restored to its natural habit at the same time.”

**Roberta Hawkins** was “impressed with the layout and attention to detail to all the ecological and renewable options in both plant and landscape.”

**Virg Rayton** said “This is an exciting place to visit, .... the physical size ... the present and future capacity...the use of reclaimed water. It was fascinating how improvements were made to the salmon habitat of Little Bear Creek at the site.”

**Ed Orsborn** was “impressed with the facilities that focused on labs from Kindergarten through high school and beyond. It was apparent that educators were part of the planning.”

**Donna Murrish:** “I can hardly wait until the Grand Opening, Sept 24, so I can go again.”

### NOTE TO ACTIVE MEMBERS

All the attendees immediately thought this site as a great school field trip. However, reservations cannot be made until Sept. 25. There will be an Open House for Educators in late May. Watch for the invitation in your district communications and be sure to visit the Brightwater Waste Treatment Center.



*Sno-King Retirees, led by Bob & Evie Nordeen tour the Brightwater Plant.*



*Michael Popiwny, Mitigation and Architecture Design Manager presents information to members of Sno-King.*

### Seattle Mariners & Sno-King School Retirees

Come with the Sno-King School Retirees families and friends to the Seattle Mariners game on Friday, June 3th at 7:05 pm when the Mariners play the Tampa Bay Rays.

We have reserved **View Reserved** seats on the first base line. These seats are above the 300 level concourse which will involve climbing 14 – 36 steps. Invite your children and their families and your neighbors to join you at the game. Send in one form and money for all, and we will seat you all together.

Normal View Reserved tickets are \$20. Our ticket price is Only \$12 per person. Please fill out the form below and send it with your check, payable to Sno-King School Retirees to:

James Siscel,  
19322 73<sup>rd</sup> Place West, Lynnwood, WA 98036.  
Questions: Jim—425-778-7202 or [asjs68@earthlink.net](mailto:asjs68@earthlink.net)

The deadline for your form and check to be received is Friday, April 22<sup>nd</sup>. Cut and mail

Yes, our family and friends want to cheer on the Mariners!!  
Please reserve \_\_\_\_\_ seats for our family and friends at \$12 per seat.  
Enclosed is my check for \_\_\_\_\_ (Payable Sno-King School Retirees)

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Name (Please Print) \_\_\_\_\_ Phone Number \_\_\_\_\_

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Address \_\_\_\_\_ City \_\_\_\_\_ ZIP \_\_\_\_\_

#### E-MAIL DELIVERY

We are well on our way to saving trees and \$! Since first announcing our e-mail delivery campaign, over 200 of you signed up to receive your Newsletter via e-mail. We thank you so much!

Now for the rest of our 996 members, we know you may have intended to sign up if you have e-mail and haven't gotten around to it. Here's how easy it is: look over the "How I Want My E-mail Address Used" choices below and e-mail your information to Donna Murrish at [donnamurrish@comcast.net](mailto:donnamurrish@comcast.net) and you are signed up! You will receive your Newsletter via e-mail containing an attachment ready for viewing and/or printing. There are TWO big advantages to receiving your Newsletter electronically. First, you will receive it about 10 days, or more, earlier than snail mail and secondly, it will be in bright color! Our Editor is dressing it up just for our e-mail customers!

Don't delay! Sign up today!

**How I want my e-mail address used!** In our attempt to conserve \$ & resources, make your choices below and e-mail information to

Donna Murrish : [donnamurrish@comcast.net](mailto:donnamurrish@comcast.net)

Name		
e-mail address		

Check the appropriate boxes below to indicate your preferred use(s) of your e-mail address. Use my e-mail address:

	1.	In the Membership Directory 2010-2012.
	2.	To send me the <i>Bulletin</i> .
	3.	To inform me about Pension Reform, Legislation, Senior Issues, Events, Grant Information for Active Members, and/or PEBB (Public Education Benefits Board) Health Insurance issues.



*Sno-King School Retirees*  
*P. O. Box 33962*  
*Seattle, WA 98133-0962*

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**ADDRESS SERVICE REQUESTED**

**HELP US WITH INFORMATION TO PUT IN THE BULLETIN**

The deadline for the next newsletter is 8:00 AM, **Friday April 15**

Send news and other materials to

**Dave Johnson** 814 6th Ave. So. Edmonds, WA 98020, [damajo3@comcast.net](mailto:damajo3@comcast.net), or  
425-776-7298.

Address, phone or e-mail changes should be sent to **Donna Murrish** [donnamurrish@comcast.net](mailto:donnamurrish@comcast.net)  
or 206-363-5753.

If you know of illness, please call Sunshine Chair, **Evelyn Nordeen** [evie.nordeen@frontier.com](mailto:evie.nordeen@frontier.com) or  
425-775-1127

To help with mailing our next Bulletin on Monday, **April 25** call

**Alice Bingaman** 425-778-1343, **Betty Odle** 206-525-8276 or **Joan Hertrich** 425-778-9572

**Address /email Changes:**

Pg 25 Donahue, Paula C, 5005 NE 187<sup>th</sup> St, Lk Forest Park 98155-4341

Pg 47 Lohman, Jennifer, 422 N 63<sup>rd</sup> St, Seattle 98103-5526

Pg 50 McElroy, M.A. Christine, 201 Elliott Ave S, Unit 7, Wenatchee 98801-2566

Pg 52 Morgan, Tina M, PO Box 13905, Mill Creek, WA 98082-1905

Pg 53 Nelson, Catherine, 17432 Bothell Way NE, #B308, Bothell 98011-1959

Pg 73 Truax, Barbara, 19701 Bing Rd, Lynnwood, WA 98036-7100

Pg 77 Wilcoxon, Hazel O, 2825 Colby Ave, Everett, WA 98201-3554

**Deceased:**

Pg 44 Lamphere, Geraldine L January 2011

(Edmonds Dist)