

# Sno-King School Retirees



March 2001

## The SKSR Bulletin

A message from our president

### Legislative Priorities for 2001

by Jack Rogers, 206-367-7153

**T**he Washington State School Retirees Association Legislative Committee has been working on four prioritized goals for the current session. We need to be informed about these and stay in contact with our legislators as the session progresses.

**1. ANNUALIZE GAIN SHARING AND GET THE STATE OUT OF DEBT**—There are two elements to this goal. One is to reduce the trigger point above which extraordinary gains would be shared. WSSRA has gained sponsors and introduced **Senate Bill 5855** to lower the threshold from 10% to 8%. The second part is to share the gains on an annual basis rather than biennially (**Senate Bill 5856**). This benefits retirees and enables the state to pay off the unfunded liability much sooner.

**2. LIFT THE MINIMUM PENSION PAYMENTS FOR OLDER RETIREES**—There are over 500 retired teachers and 10,000 retired public employees who receive a poverty retirement. Now is the time to elevate the retirement base.

**3. PENSION GOVERNANCE**—We need to have pensions granted the status of a trust fund. The pension board should be independent of legislative control. The pension board needs to be able to set the actuarial assumptions for the fund. Appropriate representation of interested parties should be on the pension board. There should be an accountability for all board members.

**4. HEALTH BENEFITS**—There needs to be a "second chance" enrollment window for state health benefits for those who missed their one time enrollment chance. (**HB 1128** and **SB 5446**). We need to obtain a permanent Medicare eligible retiree subsidy which keeps pace with rising medical costs. We need to secure stronger PEBB sponsored health insurance benefits. Just introduced by someone is a bill (**HB 1421** and **SB 5422**) which seeks to

Jack Rogers, President  
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Jackie Gary/Wes Grande, Retirement Planning  
Mary Ellen Gardiner, Scholarship Correspondent  
Linda Fitzgerald/Keith Lindaas, Scholarships  
Gayle Bromley/Fran Peters, Sunshine  
Jo/Bruce Caldwell, Bulletin Editors

see ROGERS on page 7

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March 15 meeting—Karen's kyaking trip

**K**aren Holm (daughter of Bill Holm—Northwest artist and authority on Northwest Coast Indian art—and our member Betty Odle's niece) will share her exciting trip by kayak from Glacier Bay, Alaska, to the southern tip of Lopez Island, via slides, at our March 15 meeting.

Karen and her friend Rob Walker started on their 1300 nautical mile journey on June 2, 2000, by taking the Alaska ferry from Bellingham to Juneau and a smaller boat to Glacier Bay where they began their 121-day kayaking trip.

Their first day began among huge floating icebergs, and camping that night along the edge of the glacier they listened to the thundering sounds of ice all night long.

They shared their space with seals, sea lions, sea otters, river otters, porpoises, orcas, had almost daily visits from humpback whales and saw countless species of birds. They caught and cooked a salmon over a fire started with flint and steel.

Their two handcrafted 17-foot mahogany kayaks survived beautifully in spite of landing for four months on rocky mussel coated shores, and rain and storms.

Karen is a graduate of Shorewood High School. She taught for several years at Evergreen School in Shoreline and is now living in Bend, Oregon.



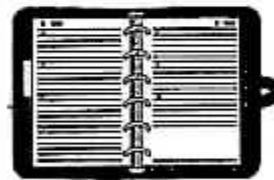
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**MARK YOUR DATEBOOK**

Coming Events for Sno-King School Retirees

March 15 ..... General Meeting, 1:00  
*Edmonds School District Administrative Center*  
 Legislative Report and Karen Holm's kyaking slides

April 19 ..... Scholarship Luncheon  
*Edmonds Universalist Unitarian Church*  
 Debbie DiMitre as "Sarah Boren Denny"

May 17 ..... Luncheon with Sno-Isle, 12:00  
*Mill Creek Country Club*

June 21 ..... General Meeting, 1:00

July 19 ..... Annual Picnic, 11:00  
*Kenmore Park*

## The State Retirement System and you

by Orin Fjeran, Sno-Isle School Retirees Association

*This is the last in a series of four articles written by fellow school retiree, Orin Fjeran. He is a retired chief financial officer from the public school system, active in our state organization, and understands better than anyone else I have met, the complexities of our state retirement system. I hope you have found his articles helpful in understanding the state teachers retirement system and why we are concerned about its future.*

Jack Rogers, SKSR President

### What Lies Ahead?

Right now we have the Uniform COLA and gain-sharing every even year to share any extraordinary investment earnings on the Pension Reserve fund above 10%. The legislature will be considering the maintenance of the low state contribution rates for current employees to pay off the unfunded liability that should be completed in 2018. What are our present concerns?

First, the state has set aside the 2.5% "rainy day fund" in 1998 in the amount of approximately \$370 million, and again in 2000 for at least another \$500 million, totaling approximately \$1 billion with interest over three years. It appears the \$1 billion should be sufficient for a "rainy day fund" to make up the difference any year the state does not earn at least 7.5% in any given year in the future. Therefore, it is not unreasonable for the state to do away with the 2.5% rainy day fund requirement and have the basic 7.5% as the base to determine the eligibility for gain-sharing in the future.

The second element of importance at the present time is to annualize gain-sharing, and share the extraordinary earnings on investments every year instead of every other year. As you can see, TRS Plan 1 recipients would have an opportunity to improve their retirement benefits annually instead of every other year. Obviously the state would rather leave it like it is because the retirement pension fund grows on the odd years, making it possible for them to continually lower the state contributions into the fund, weakening the opportunity for extraordinary growth in future years. They are not focused on sharing the greater investment gains annually through gain-sharing, which would shorten the length of time for the unfunded liability and get the state out of debt as well.

The real benefits of the above proposals would be significant. Assuming the present methods used the 7.5% as the base, and the state shared the extraordinary investment gains annually, the model would look like the information shown in the table on page 7.

Creating the new base, and sharing the gain-sharing annually can make a significant difference to the benefits of the PERS and TRS Plan 1 retirement systems.

Another consideration should be the sharing of the gain-sharing annually with a 13<sup>th</sup> month check instead of putting it into the Uniform COLA model.

see SYSTEM on page 7

# 55 Alive

AARP's 55 Alive Mature Driving Class is a refresher course teaching preventive measures that save lives when driving. Pay \$10 materials fee to AARP instructor at class time. Participants register through Edmonds Parks and Recreation, 425-771-0230. Possible discount on auto insurance. Classes meet 9 AM to 1 PM at the Anderson Center, 700 Main Street, Edmonds. For alternate dates and locations, call Bob Jones at 425-787-2727. Note that the class is a two-consecutive-days class, which can be selected during the month of your choice.



2000-2001  
dates remaining

March 7 and 8  
April 4 and 5

May 2 and 3  
June 6 and 7

Health tips for you

## Stay healthy after retirement

by Gordon Bowers, health chair, 425-778-9202

### CAFFIENE AND YOU

According to a Mayo Clinic study, even a couple of cups of coffee or a few cans of soda can affect your nervous system causing irritation, irritability and insomnia, and the digestive system, including ulcers, constipation, diarrhea, gas upset, bladder irritation and frequent urination. Wow!

The surprise is that sodas like Mountain Dew contain 55 mg. of caffeine; Coke, 31 mg. and Pepsi 37. Diet sodas contain the same amounts as their regular brand. Coffee caffeine contents range from brewed at 103 mg. per cup to espresso at 100, percolated at 80 and instant at about 55. Tea contains between 25 and 36 mg. per cup.

Please continue to enjoy all of the above, but just be alert to undesirable side effects. *Mayo Clinic Health Letter*, January 1, 2001, P. 3.

### CHILD ACCIDENT DEATHS

We take pride in the way we protect our children—safety belts, restraints, helmets, life guards, etc. A shocking report in February 2001 by UNICEF Research Center found that Sweden was the safest of the 26 richest nations, followed by Italy and Britain. The study included deaths from fires, car crashes, falls, drownings and others for children ages one to 14. The United States came near the bottom of the list, at 22<sup>nd</sup> out of 26 countries. Only Mexico, Portugal and South Korea had worse records.

How could this be? The co-author of the report, Anna

Wright, told a London conference that in the US safety programs “tend to be state-based, and there is lots of variation between the states in enforcing laws.” The message is to urge the use of proven safety equipment—seat belts, smoke detectors, playground safe gear, child safety caps on medicines, speed limits for vehicles, etc.

Perhaps better supervision by parents should be added, and all should keep in mind that boys account for 70 percent of deaths. Maybe we do need federal standards for a national improvement in this dismal record. Teachers, what do you think?

### HOW TO GET HEALTHIER

With the flood of health information in newspaper, magazines, TV, etc., once in awhile some new ideas pop up, not always tested or FDA approved but worth knowing about. Such is the article in the February 5, 2001, issue of *Time*, entitled “Repairing Damage,” pp. 53-58. If a body has been damaged over the years, can this damage be repaired by eating right, getting into shape, dropping all bad habits? Is it too late?

Writer Christine Gorman says that over the past several years scientists have collected convincing evidence that the body can heal itself, within limits, if good health guidelines are followed. For example, *The Journal of the American Medical Association* reported that women who consume as little as eight ounces of fish per week cut their risk of suffering a stroke almost in half.

Other studies have found that



40-year-old sedentary women who start a program of walking briskly for a half hour a day, four days a week, can have the same low risk of heart attack as those who have remained fit all their lives. Also, the body will respond favorably within a few days of quitting smoking, and reducing the risk of a heart attack, but 50 million Americans still smoke, and 60 million are obese or overweight.

The writer urges that even elderly people (age 86 and older) can reverse some effects of aging. For example, she cites a Tufts University 1990 study that showed nursing home residents ranging in age from 86 to 96 dramatically increased their strength and improved general health by weight lifting over a two-month period.

The study claims there was a reduction in pain, bone density loss, etc. So, quit smoking, eat right, watch your weight, drink less, and after all this—take it easy, keep a positive attitude, join a support group to help undo the damage of illness or unhealthy habits. It won't be easy or foolproof, and keep the doctor's phone number handy. The Romans left us with the advice, “Take all advice with a grain of salt.” (But that may not be good for you either!)



Traveling with Terri

## Arizona, cruising and visiting China

by Terri Malinowski, travel chair, 425-483-8344

One of Sno-King's new Northshore retirees is Patricia Lay, who taught business education at Bothell High School. She and husband Ernie offer some postscripts to a recent column of ours on travel in the Southwest. The Lays enjoyed the area around Sedona, Arizona during an autumn trip.



They took a train journey from nearby Cottonwood through the Verde Valley, into an area only accessible by train. The 20-mile trip takes about four hours and offers coach or first-class seating. The Lays recommend first-class for an additional \$20 each. "We had better seating and excellent snacks," Pat noted.

She votes the Pink Jeep Original Tour in Sedona as one of their most enjoyable excursions. The tour takes six people in a jeep into the Red Rock area east of Sedona. "The whole trip only covers about two miles, but the two miles are up and down over the huge rocks," says Pat. "The ride is very bumpy, but lots of fun."

.....

Pat Lay also offers some personal comments on cruising, which she and Ernie have enjoyed since their retirement. She enumerates two priorities which affect their choice of cruise lines.

"We look for as new a ship as possible because I have allergies," explains Pat. "I want the air conditioning/ventilation systems to be as clean as possible because everything inside cruise ships is recirculated air." (After their first two cruises on other lines, the Lays came home with respiratory problems that took a month to clear up.)

Their most recent cruise through the Panama Canal in December met their criterion because it was Holland America's newest ship, the Amsterdam, which Pat pronounced as excellent. The Lays now favor the Holland America

Line because of its clean ships, good food, well-trained restaurant staff and good entertainment.

The Lays like to book early enough to get the cabin they want—an outside cabin, midship, and not on the lower deck. "I'm not the world's best sailor, so midship rather than stern gives a smoother ride," Pat said. And the cruising motion is less noticeable in the upper deck rooms.

The couple also prefers to book the cruise/fly package, whereby the cruise line sets up flights between Seattle and the cruise departure city. "That way, if there are delays or airline problems, the cruise line will see that passengers reach the ship, one way or another," Pat said. "If you book your own air flight and the plane arrives late, it's your own responsibility."

(My husband and I often book our own flight, however, because it usually costs less if we use bestfares.com or one of the other

see TRAVEL on page 6

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## TRAVEL from page 5

online discounts. We also like to arrive a couple of days early in the departure city and do some sightseeing, so that gives us flexibility if the flight is somehow delayed).

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From our SKSR president, Jack Rogers, comes news of two China tours offered through the Shoreline Rotary Club.

The first tour, September 10-19, 2001, has been arranged under auspices of Beijing Normal University. The purpose is to promote Sino-US scientific and cultural exchanges, sightsee along the famous Silk Road, and see such scenic and archeological sites as the Dunhuang Caves, Jiayuguang, the end of the Great Wall, Tien San and Wulumuqi and the western part of the Chinese frontiers.

While this Pacific NW Friendship Delegation tour is open to the public, invites are on a first-come, first-served basis. If interested, call James Chou at



425-739-9800 or Gloria Yang, 206-546-8396.

The second tour is June 25-July 11, 2001, and is a study tour offered through Seattle Pacific University. If you share a fascination and curiosity about China, you can join fellow SPU travelers on this 17-day adventure. The plan is to explore the ancient treasures of China and Jiuzhaigou, which is the beautiful Tibetan reserve newly opened for sightseeing and containing a Panda reservation.

Graduate-level credit or clock hours are available. For more information, call Dr. Frank Kline at 206-281-2504 or email [fkline@spu.edu](mailto:fkline@spu.edu).

## ROGERS from page 1

consolidate the Department of Retirement Systems with the State Personnel Department. WSSRA opposes this move.

Also introduced is a bill to lower COLA eligibility to one year after retirement regardless of age (SB 5854). A great idea!

**YOU CAN HELP!** Attend local meetings and keep informed. Stay in touch with your legislators. Keep pressing the important issues. Inform your legislators that these plans do not cost the state additional monies because funding for pension benefits come from investment earnings. Check the message line weekly for updates (1-800-221-1269).

Our March 15<sup>th</sup> meeting will be at the Edmonds ESC and feature Betty Odle's niece, Karen Holm, who took a three month kayak trip from Alaska to the San Juans. Be prepared for another legislative update as well.

## Botanical Arts Institute

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**Membership form for retirees**

**DUES DEDUCTION AUTHORIZATION FORM**  
**WASHINGTON STATE SCHOOL RETIREES ASSOCIATION**

Please Print or Type 4726 Pacific Ave S.E., Lacey, WA 98503-1216

Name \_\_\_\_\_ Local Unit No. 23  
(LAST) (FIRST) (INITIAL)

Address \_\_\_\_\_

Retirement Plan: (CIRCLE) TRS-1 TRS-2 TRS-3 Phone \_\_\_\_\_

Month/Year of Retirement \_\_\_\_\_ S. S. Number \_\_\_\_\_

Name of Local Unit Sno King Leg. Dist. \_\_\_\_\_ Cong. Dist. \_\_\_\_\_

I authorize the Washington State Department of Retirement Systems to deduct the following dues and any future increases as voted by the membership from my monthly retirement allowance and to pay such deduction to the Washington State School Retirees Association.

Should I wish to cancel ensuing deductions I will send a written notification of cancellation to Washington State Department of Retirement Systems and WSSRA.

DUES: State \$3.00 Local \$1.00 Total \$4.00 per month

Date \_\_\_\_\_ Signature \_\_\_\_\_

**Membership form for current school employees**

**AUTOMATIC PAYROLL AUTHORIZATION FORM**  
**WASHINGTON STATE SCHOOL RETIREES ASSOCIATION**

Please Print or Type 4726 Pacific Ave S.E., Lacey, WA 98503-1216

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Address \_\_\_\_\_  
(STREET) (APT. #)

\_\_\_\_\_  
(CITY) (STATE) (ZIP+FOUR)

Retirement Plan: (CIRCLE ONE) TRS 1 2 3 PERS 1 2 3 SERS

Phone \_\_\_\_\_ S. S. Number \_\_\_\_\_

Name and Local Unit No. Sno King Unit 23 Leg. Dist. \_\_\_\_\_ Cong. Dist. \_\_\_\_\_

I authorize School Dist. # \_\_\_\_\_ (name) \_\_\_\_\_ and upon my retirement, the Washington State Department of Retirement Systems to deduct the following dues and any future increases as voted by the membership from my monthly paycheck, or WSDRS benefit check, and to pay such deduction to the Washington State School Retirees Association.

DUES: State \$3.00 Local \$1.00 Total \$4.00 per month

Date \_\_\_\_\_ Signature \_\_\_\_\_

Please copy the above forms and give to potential members.

*This chart shows the difference in benefits as explained in the fourth paragraph of this article (located on page 3).*

Old Method		New Method	
2001	10.0%	2001	7.5%
	3.5%		6.0%
<b>TRS/PERS 1 share</b>			<b>\$300 million</b>
2002	10.0%	2002	7.5%
	3.5%		6.0%
<b>TRS/PERS 1 share</b>			<b>\$300 million</b>
<b>Two-year total share</b>			<b>\$600 million</b>
	<b>\$175 million</b>		

**SYSTEM from page 3**

If a person were to actuarially forecast out gain-sharing growth and the 3% Uniform COLA growth each year, those who reach 66 years of age in 2012 would be getting increases greater than the CPI and would continue to gain on it, whereas, many of the present do not come close to acquiring a CPI with the present method and never will in their lifetime. The 13<sup>th</sup> month check would provide a significant benefit now when retirees are young enough to enjoy it, and the money could be held in escrow of some kind with growth for those that are still working.

The TRS and PERS 1 plan members need to remember half of the money put into the pension reserve fund came from them. Although the members have a guaranteed retirement benefit, the windfall gains from investments should be shared in some way with all participants.

The state now has over \$1 billion in reserve for the rainy day fund to protect them from harm should the investments fall below 7.5% in earnings, so it is only fair the members share annually with the gains and help the state pay off the unfunded liability earlier. Otherwise, the state can virtually eliminate their contribution in future years and rely entirely on extraordinary gains to take care of their share of their responsibility to help pay for the retirement program.



Our membership chair speaks  
**Recruit new members**  
 by Don Denton, 425-787-7881

Remember the old days when some teachers belonged to the professional association (we didn't call them unions then) and other were content to let the dues-paying members carry them? Well, that is the way it is now with the Washington State School Retirees Association (WSSRA) to which you belong.

Over 16,000 members statewide, including over 1,200 of us in Sno-King, pay dues which support our efforts to improve the retirement system. However, there are many of our retired colleagues who do not pay dues but still enjoy the medical insurance subsidies we have gained or our foot in the door on gain-sharing.

We have much work to do and need everyone's support. Our lawsuit against the state costs money, as do our continuing efforts to lobby the legislature and make them aware of our ever-declining pensions.

Have you asked a non-member to join? Some retirees believe that they are members of our organization while they actually belong to the teacher's union retirement group. You might point out that Sno-King and WSSRA's only objective is to support retirees, all retirees. If you have talked with a non-member about joining, please give me his/her name and I will send that person a form. It is only \$4.00 per month! If you are not sure who belongs and who doesn't, look in your new directory.

You can also give people a membership form, which can be found on page 7 of this *Bulletin*.

## SKSR BULLETIN BOARD

### SUNSHINE NEWS

Friends of Joan Brown's (former Shoreline teacher and valuable Member Service Chair of our unit and NW1) will be glad to know she is in rehabilitation phase in Bellingham. Joan is staying with a cousin in Bellingham until she is able to back at her Edmonds apartment. Here's her temporary address: Joan Brown, % Dorothy Feenstra, 4877-A North Village Lane, Bellingham, WA 98226.

We are happy to report that Mary Ellen Gardiner is making very good progress after her recent heart by-pass surgery at Northwest Hospital. Our thoughts and best wishes are with her.

Alma Buxton fell before Christmas and broke her hip. She has been in a care center and would appreciate cards or visits. Her address is Life Care Center of Bothell, 707 228th St SW, Bothell, WA 98021.

### UPCOMING EVENT

Mini-trip to the Bellevue Botanical Gardens and/or new Bellevue Art Museum is being planned for Friday March 30—another carpool trip meeting at Lake Forest Park Center at 10:00 A.M. Anyway interested in this trip please call Phyllis Enger at 425-486-1127. Barbara will be in New Mexico until March 12.

*submitted by Barbara Berg, Member Services chair*

### VOLUNTEERS NEEDED

A dear friend (and retired teacher) suggested I contact your organization. It's no doubt preaching to the choir, but I'm looking for volunteers to work in any number of openings at Alderwood Middle School. Our teachers need in-class assistants, our office staff needs absentee callers, our after-hours program needs kind hearts to tutor, mentor, teach a craft, play a game, present a hands-on science activity, or simply "be" with the kids, engaging them in conversation or activity, for an hour after school. Our music teacher needs a pianist to accompany her vocal classes. Our science teacher needs workers for a wetlands restoration project. You, as retired educators, are probably more knowledgeable than I about the many ways our middle schoolers need adults-who-care in their lives. I promise that if anyone has an interest, I can find a spot for them at Alderwood Middle School. The needs are very great, but the rewards are even greater! Thank you!

*Chris Kratz, Volunteer Coordinator  
 Alderwood Middle School  
 20000 28th Avenue West  
 Lynnwood, WA 98036  
 425-670-7579 ext 4077 (school)  
 kratzc@edmonds.wednet.edu (school)  
 425-672-1217 (home)  
 kratz5@juno.com (home)*

SKSR WEBSITE

[www.sksr.org](http://www.sksr.org)



## Remembering . . .

**Josephine Anne (Griffin) Stitzlein** passed away January 27 after a lengthy battle with cancer. She was born May 26, 1982, in Salt Lake City. She graduated from the University of Utah and was married in 1950. She and her husband, Elmer "Stitz" Stitzlein, spent their early years of marriage in Ohio, Idaho and eastern Washington before settling in the Seattle area in 1966.

Jo taught DECA, general business and typing at Shorecrest High School from 1967-1980. After retiring, she enjoyed traveling by motorcycle and camper, visiting friends and relatives across the US and Canada.

Jo and Stitz managed the El Patio Camper Village in Santa Barbara from 1983-1988. She was active in AAUW, a former president of the Shoreline Library Board, a past president of the Washington DECA teachers and a long-time member of Bethel Lutheran of Shoreline.

Jo is survived by her husband of 50 years, Elmer, three daughters, three grandchildren and two sisters.

**Edyth Bowen Henderson** passed away August 18, 2000. She taught for many years in the Edmonds School District. She began her teaching career at Mountlake Terrace High School, then she taught at Lynnwood High School. She is survived by three sons, Russ, Hilary and Kim, and two grandchildren, Todd and Makenzie.

Edyth was an accomplished gardener and bridge player. She taught bridge to many of her friends. Her friends also enjoyed walking through her lovely yard when they dropped by for a visit.

Many volunteer groups benefited from Edyth's help—Stevens Hospital, Edmonds Friends of the Library, Edmonds Floretum, Richard Fuller Guild, Children's Hospital, Seattle Opera Guild, Edmonds Arts Festival and American Association of University Women, to name a few.

Memorials can be made to the AAWU Edyth Henderson Scholarship Fund c/o Jane Roberts, 22724 106th Ave W, Edmonds 98020, or Edmonds Floretum Edyth Henderson Scholarship Fund, c/o Barbara Turner, 1010 Edmonds, Edmonds 98020.

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**HELP US WITH INFORMATION TO PUT IN THE BULLETIN**

The deadline for the next newsletter is **Monday, March 12 at 8:00 AM.**

Send news and other materials to

Jo or Bruce Caldwell, PO Box 1117, Edmonds WA 98020, sksr@wmta.org, fax 425-776-1795, phone 425-778-9390.  
 Please send TRAVEL news to Terri Malinowski, 15341 158th Ave NE, Woodinville WA 98072, terrim@accessone.com, 425-483-8344.

*Please send us news about other members as well as about your activities.*

If you know of illness, please call Sunshine Co-Chairs, Gayle Bromley (206-364-1314)  
 or Frances Peters (206-361-8594) or call past president Rita Requa (206-362-5220).

To help with mailing our next *Bulletin* on **Monday, March 26**, call Betty Odle (206-525-8276),  
 Ellie Bonnano (425-778-0751) or Ruthann Warren (206-367-0742).

**Directory updates**

**Change of address and new members**

- |      |                                 |  |                |
|------|---------------------------------|--|----------------|
| P 3  | <i>Kimberlie Beglau</i>         | 19044 16th Ave NE, Shoreline 98155-2307            |                |
| P 4  | <i>Edward Bergsagel</i>         | 8307 SE 41st St, Mercer Island 98040               |                |
| P 5  | <i>Brook Mary A</i>             | 18303 43th St NE, Snohomish 98290-4429             | 360-691-1000   |
| P 6  | <i>Marvin Capps</i>             | 18539 Fremont Ave N, Seattle 98133-3820            |                |
| P 7  | <i>Barbara J Chamberland</i>    | 900 University St, #3R, Seattle 98101-2727         |                |
| P 19 | <i>Robert Jacobs</i>            | Change from Stanwood to Camano Island 98282-6664   |                |
| P 25 | <i>Russell McClintick (new)</i> | 79 S Sagebrush Way, Cottonwood AZ 96323-7320       |                |
| P 40 | <i>William &amp; Betty Tift</i> | 1532 Thompson Dr, Camano Island 98292-8310         | bt2@camano.net |
| P 43 | <i>Jane Wilson</i>              | 20431 Little Bear Creek Rd, Woodinville 98072-8384 |                |
| P 43 | <i>Lynn Wilson</i>              | 1713 S. 282nd Pl #12, Federal Way 98003-3059       |                |

**Deceased**

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|------|--|------|--|
| P 38 | <i>Josephine Stitzlein</i> —January 27, 2001 | P 37 | <i>Janet L Smith</i> —February 8, 2001 |
|------|--|------|--|