

Sno-King School Retirees



February 2001

The SKSR Bulletin

A message from our president

2001: a new odyssey

by Jack Rogers, 206-367-7153

Welcome to a new year, and I hope you had a happy and rewarding holiday season. Many of us get a chance to travel and visit with old friends. I hope you found enjoyment during the season.

Last December 7th we had a very informative legislative breakfast at the Ballinger Club House. State legislators from our area met with us and discussed the upcoming legislative session scheduled to begin January 8th. Representatives Lovick, O'Brien, Cooper, Kagi and Edmonds were present. We discussed our legislative goals for the coming year, and where the goals did not relate to requiring new money, the legislators were in general agreement with us. Representatives Cooper, O'Brien, and Lovick are members of the state retirement system and are very much in agreement with our "governance" requests.

The state legislature is faced with submitting a balanced budget for the next biennium. The *only problems* they face are granting a cost of living increase to teachers, lowering class size, finding a way to control runaway utility costs and improving health care programs while not raising taxes to accomplish any of this. For mere mortals this should prove a daunting task.=

We are once again facing a new year with some of the old challenges. As expected, the governor has eyed our pension fund as a source of state revenue to the budget. He is again proposing to decrease the state's contribution rate to the fund and divert the money to the general budget. While this move does not endanger or decrease current benefits from the system, it does prevent any prospect of improvements or expansion of extraordinary gains sharing.

I want to encourage you to start checking regularly on the WSS-

Jack Rogers, President
Bob Jones, President-Elect
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Dave Johnson, Treasurer
Terri Malinowski, Communications
Bob/Pat Jones, Community Service
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Rachel Lake, Mailing
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Ellie Bonanno/Ruthanne Warren, Phone
Jackie Gary/Wes Grande, Retirement Planning
Mary Ellen Gardiner, Scholarship Correspondent
Linda Fitzgerald/Keith Lindaas, Scholarships
Gayle Bromley/Fran Peters, Sunshine
Jo/Bruce Caldwell, Bulletin Editors

see ROGERS on page 6

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February meeting with Overlake RTA

Tuesday, February 20th Sno-King and Overlake will hold a joint luncheon meeting at Crystal Lake Lodge. The meeting is hosted by Overlake.

Program: Joel Mattson and *The Lore of Alaska*. It promises to be an entertaining meeting.

Time: The meeting starts at 11:30 with punch and conversation. At 12:00 noon, lunch is served.

Cost: \$6.

RSVP: Jack Rogers (206-367-7153) by Thursday, Feb. 15.

Directions to Crystal Lake

From the downtown Bothell intersection:

Take **Highway 522** east toward Monroe for 6.9 miles.

At stoplight turn right onto **Paradise Lake Road** and then take an immediate right (less than a half block) on to **Bastion Road**.

After 0.6 miles turn left onto **Crystal Lake Road** (87th Ave SE).

Stay on Crystal Lake Road for 1.1 miles.

Park in the lot outside the gate—a shuttle will pick you up and take you to the clubhouse.



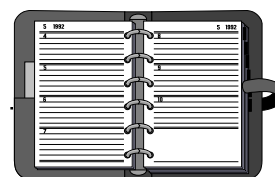
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MARK YOUR DATEBOOK

Coming Events for Sno-King School Retirees

February 20.....	Luncheon with Overlake, 12:00 Crystal Lake Lodge
March 15.....	General Meeting, 1:00 Edmonds School District Administrative Center Karen Holm slides—Legislative report
April 19.....	Scholarship Luncheon Edmonds Universalist Unitarian Church Debbie DiMitre, "Sarah Borden Denny"
May 17.....	Luncheon with Sno-Isle, 12:00 Mill Creek Country Club
June 21	General Meeting, 1:00
July 19	Annual Picnic, 11:00 Kenmore Park

Rachel M. Lake, 2000 Elector

On December 18, 2000, Rachel Lake, a retired Shoreline teacher, joined 10 other electors in Olympia to vote for Washington state's choice for United States president. Nominated and elected at the First Congressional Democratic Caucus last April, she knew on November 7th that she officially would be voting for Albert Gore for president because the state's popular vote for him determined which party would be balloting in December. News media, CNN, ABC, NPR and others called to interview her. Later, the *PI* and the *Enterprise* included articles about her and her feelings about the election. In addition, each elector and a guest have been invited to Washington DC for the Inaugural Ceremonies to be held Saturday, January 20, 2001.

Electors for each congressional district and representatives for the two states senators were:

- 1st Congressional District *Rachel M. Lake*
- 2nd Congressional District *Debbie Aldrich*
- 3rd Congressional District *Paul Steinberg*
- 4th Congressional District *Carol Sue Perkins*
- 5th Congressional District *Tim Hattenberg*
- 6th Congressional District *Debbie Regala*
- 7th Congressional District *Vic Battson*
- 8th Congressional District *Carl Schwartz*
- 9th Congressional District *Nancy McGinnis*
- At Large: *Jim Frush*
Charlotte Coker

The ceremony was called to order in the Reception Room of the Capitol by Secretary of State Ralph Munro after each elector had pledged to vote for the state's Democratic choice for president

and vice president. Governor Gary Locke gave a brief history of the electoral process and spoke of



the impact of the Electoral College. After the election of Charlotte Coker of Spokane as chair, each elector was given an official pen to sign the two ballots, which were documented and verified before sending to Congress. The tabulations for each state were read into the *Congressional Record* January 5, 2001.

Later Governor Locke hosted the electors and their guests for refreshments before a lunch hosted by Democratic State Chair Paul Berendt.

This event was very historical since the total for Governor Bush was 271 electoral votes and 267 for Gore. The confusion over ballots in the state of Florida and the appeals to the United States Supreme Court compounded the issue, but finally the results made this one of the most unusual events in the history of the Electoral College.

55 Alive

AARP's 55 Alive Mature Driving Class is a refresher course teaching preventive measures that save lives when driving. Pay \$10 materials fee to AARP instructor at class time. Participants register through Edmonds Parks and Recreation, 425-771-0230. Possible discount on auto insurance. Classes meet 9 AM to 1 PM at the Anderson Center, 700 Main Street, Edmonds. For alternate dates and locations, call Bob Jones at 425-787-2727. Note that the class is a two-consecutive-days class, which can be selected during the month of your choice.



2001 winter and spring dates

February 7 and 8	May 2 and 3
March 7 and 8	June 6 and 7
April 4 and 5	

Health tips for you

Health highlights while we were hibernating

by Gordon Bowers, health chair, 425-778-9202

LATEST RESEARCH ON TEEN-AGE BRAINS

Why do teenagers do the things they do? Between the ages of 11 and 15 major changes take place in the prefrontal cortex that controls a series of adult brain functions like goal setting, priority setting, planning, organization and impulse inhibitions. The adolescent brain is in a growth period when these brain functions are not fully developed.

New studies using MRI and positron emission tomography (PET) images show a tangle of nerve cells sprouting, then a period of pruning after puberty when new fibers create more efficient networks of circuits in the prefrontal cortex (just above the eyes).

During this transition stage, adolescence is a time of risk taking, and part of the reason teenagers aren't good at risk-taking is that the brain isn't fully developed, according to Lynn Ponton, psychiatrist at the University of California, San Francisco, author of "The Romance of Risk: Why Teenagers Do the Things They Do." The author goes on to say that accidents and teenage deaths are a natural result, also that most smokers and alcoholics get started during this period.

Neuroscientists only recently found that adolescence is a period when the developing brain is vulnerable to traumatic experience, drug abuse and other unhealthy influences. AND WE TEACHERS KNEW IT ALL THE TIME! (*Associated Press/Seattle Times*, article by Matt

Crenson, December 31, 2000, P. A9.)

NEW IDEAS ON DEPRESSION

Until recently, depression was considered just a weakness, the person should "snap out of it." Doctors now know that this is a disease, that the individual can't treat himself or herself. It affects 17 million Americans each year and if not treated, can result in suicide. New drugs are generally safe and effective, but many people are reluctant to seek treatment unless they understand the signs and symptoms: loss of interest in normal daily activities, feeling sad, helpless, hopeless, crying spells, sleep disturbances, weight loss/gain, slowness of movements, fatigue, low self esteem, thoughts of suicide and impaired thinking or concentration.

The best help for a friend to give is to try to get the person who is depressed to see a doctor. One of the newest treatments is use of a pacemaker type of chest implanted device that sends electrical impulses to the vagus nerve and on to that section of the brain that affects depression. The procedure is waiting for FDA approval at this date. (*Mayo Clinic Health Letter*, December 2000, pp 4-5 and *Associated Press/Everett Herald*, January 2, 2001, P. D2)

ANATOMY OF A COLD

More than 200 different viruses can cause the common cold, according to an extensive study by the Mayo Clinic. The cold season usually runs from early September through March or April, mostly because people

are spending more time indoors and in close contact with others. Hand-to-hand contact with a person who has a cold, using shared objects like telephones or towels are the most common source of getting the bug, but one can catch a cold by just breathing airborne infectious particles.

Your susceptibility to a cold virus depends, in part, on age, genetic makeup, whether you smoke, the intensity and duration of exposure, and whether you already have antibodies to the virus. See a doctor if you have a fever higher than 102 degrees that lasts beyond the first few days of a cold; ear, sinus, tooth or throat pain that is severe or persists for three days; a rash or cough that lasts more than two weeks, or if you seem to be getting better and the symptoms return, even worse. (*Mayo Newsletter*, December 2000.)

TIDBITS OF HEALTH NEWS

NEW TREATMENT FOR ECZEMA—from Fugisawa Healthcare of Japan, called "protopic."

NEW FOR CANCER SORES—FDA approved is "Soothe-N-Seal." (*New England Journal*, Vol. 5.)

AARP—is pushing for prescription drug as a part of Medicare coverage. Should be voluntary, affordable and available to all regardless of income.

FREE PROSTATE CANCER STUDY—Experimental therapeutic vaccine. Must have rising PSA, hormone resistant prostate cancer, no cancer related

see **HEALTH** on page 6

Traveling with Terri

Teaching in the United Arab Emirates—a side trip

by Terri Malinowski, travel chair, 425-483-8344

Sno-King Retirees member Gordon Warren, who spent 32 years in the trenches, still enjoyed teaching too much to really quit. After retiring from teaching at Issaquah High School in 1992, he and his wife Judy got their TESL (Teaching English as a Second Language) certificates and have been traveling the world and teaching English ever since.

After two and a half memorable years in Japan, and another two in Malaysia, on Borneo, they are now enjoying their second year in the Middle East, having established their base in the United Arab Emirates.



Gordon Warren (r) and his hiking partner, Marius Van Skalkwyk, explore the dunes of the UAE.

Gordon teaches at an Australian University, and Judy at a government women's college, in the town of Fujairah. Their Emirati women students wear the traditional black burkah, covering their entire dress and body, with the black shaylah over their heads. Some of them also wear

veil. The men wear the white

dishdashas and usual headpieces. But underneath all of that they are like students everywhere, eager to learn and to enjoy their classes.

Gordon loves this mountainous east coast of Fujairah, right on the Gulf of Oman, for the opportunity to bicycle, snorkel, and explore nearby Oman. He tells us of just one recent adventure into the "real" desert:

"I spent six days with Marius, a South African friend here. We drove six hours to the southern end of the UAE, through remote sandy roads to the very border of Saudi Arabia. From there we pushed Marius' four-wheel drive deep into the sands, parked, and hiked for three days into a world I never knew existed. It was like being on the moon. The golden red sand dunes towered 300 to 400 feet above the occasional salt flats. We crossed many of these dunes, pulling our 26 quarts of water on plastic improvised sand sleds attached to our pack hip belts, just like the arctic explorers.

"Fortunately, we encountered much cooler weather than expected, down to 38 degrees at night, and only up to 85 degrees in the daytime, so we had water for bathing, and even jettisoned some. In the summer, though, when they bake goat meat by

burying it in the daytime sand, we would need all we had brought.

"The silence was awesome; you could hear yourself breathe. The views from a dune-top were simply 360 degrees of more sand dunes. And the stars at night peppered the sky to every horizon. Most of the sand was firm enough to thoroughly enjoy hiking over the rippled curves, making our way around vast holes, and spotting the tracks of desert foxes, hares, lizards, and hoopoe larks.

"After three days of hiking, we returned to the vehicle, with help from our GPS (global positioning system). We had

see TRAVEL on page 6

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I have several Edmonds district employees as references.

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HEALTH from page 4

pain. Call 1-800-7530 (I also got through on 206-256-4545.)

NEW TEST FOR COLORECTAL CANCER—from Mayo. Instead of colonoscopy or sigmoidoscopy, the new test checks for abnormal DNA in stool sample. It is still experimental but appears promising.

MORE ON STROKES—From the *Journal of the American Heart Association*...There are striking differences in stroke death rates around the country. Washington and Oregon are part of a new “stroke belt.” Nobody knows why, but Dr. Laurence Freidman of the study points out that obesity, inactivity, smoking, fatty diets and lack of appropriate treatment can all contribute to stroke deaths.

TRAVEL from page 5

three more days to car camp, enjoying the sunrise dune-shadows to the west, and then the sunset shadows leaning back to the east. We also paraglided some with the steady winds and managed to get the car stuck in the sand once. But a successful dig-out, even if it did take three hours, gave a sense of triumph to our outing. We didn't want to leave, and both feel we must return some day to this moon world of the real desert.”



Base camp provides security and supplies for Gordon and Marius when they return from their explorations.

HISTORY from page 7

than 2% in 1999, which provided less funds in the Pension Reserve Fund to earn interest, and following Governor Locke's recommendation, it was lowered another 3+% in 2000, which would indicate there will be less gain in earnings, and less to share

ROGERS from page 1

RA's hotline throughout this legislative session and contacting your legislators when actions in Olympia will affect us. The number is 1-800-221-1269. Contacting your legislators is a piece of cake and there is no cost. You can either call a toll free message line or email them. See your directory for numbers.

I hope to see you at our February meeting which is a get-together with Overlake RTA and will be held at Crystal Lake in Maltby on Tuesday, February 20th, at 12:00. Driving directions are on page 2.

Thanks for assistance

The following letter was received from Mike MacLeod, a recipient of a 2000 SKSR grant.

Lockwood Elementary School
November 24, 2000

Dear Rita and Grants Committee:

I have finally found the time to do a proper job of thanking you for agreeing to grant my application for purchase of some chess clocks. Parent-Student-Teacher conference preparation impeded both this letter and the ordering of the clocks. Now all of that is history, and we are ready to roll with chess done more formally!

I look forward to seeing if these clocks help define a more formal, disciplined atmosphere for chess learning and competition. The kids are really psyched! I will (successfully!) send a digital photo as soon as the clocks come out of the boxes and are in use!

It is nice to know that your organization provides an avenue for teachers to advance some initiatives they might otherwise shelve for lack of funds. I hope the tardiness of this note isn't read as a lack of gratitude; it's purely a function of time and energy!

Sincerely,
/s/
Mike MacLeod
Sixth grade teacher

through gain-sharing in future years.

The legislature [is in session] and there is much at stake if there is any hope of making further improvements to the retirement program. It would be wise to attend the local meetings and follow what our local legislative representative[s] has to tell us

The State Retirement System and you

by Orin Fjeran, Sno-Isle School Retirees Association

This is the third in a series of four articles written by fellow school retiree, Orin Fjeran. He is a retired chief financial officer from the public school system, active in our state organization, and understands better than anyone else I have met, the complexities of our state retirement system. I hope you will find his articles helpful in understanding the state teachers retirement system and why we are concerned about its future.

Jack Rogers, SKSR President

Starting in 1967 the legislature would make changes every two or three years to improve the minimum pension payments to teachers. In 1972 they provided a 5.9% COLA for all members retired before July 1, 1971, and another 3% COLA in 1974 for those retired on December 31, 1973. The COLAs were a one-time boost and not recurring each following year.

The legislature occasionally raised the minimum retirement benefits for those who were retired, but there were no further COLA improvements until 1989. At that time the legislature provided for a permanent automatic 3% COLA for retirees whose age 65 purchasing power had been reduced by more than 40%. The benchmark was 65 years of age, which correlated with the social security eligibility for federal benefits. Assuming a 3% inflation rate, it would take approximately 13 years to lose 40% of the purchasing power after age 65, which meant a person would be 78 years of age to be eligible for the 3% COLA improvement to the full state retirement payment.

The State Investment Board began receiving large earnings on the stock market investments during the years following 1989, and by 1995 there was in excess of \$1 billion in earned interest not committed actuarially to any of the pension systems. The legislature enacted what is known as the “Uniform COLA” program with approximately \$760 million of the funds for PERS I and TRS I. The “Uniform” part of the act was to treat PERS I and TRS I alike. The amount of the payment per years of service is identical for both programs.

The Uniform COLA program makes provisions for automatic pension increases for retirees 66 years of age and older based on years of service. The original start of the payment plan was \$0.59 per year of service per month. Each succeeding year the original figure was raised 3%. In 1996 the figure was raised to \$0.61 per year of service per month.

The same amount for the Uniform COLA program was applicable to both PERS and TRS Plan 1 retirees. For a number of people the increase was not a COLA in the true sense of the term, but represented a pay adjustment because it was less than 3% of the full retirement payment.

The investment earnings in the Pension Reserve Fund continued to grow significantly, so in 1998 the legislature enacted the “gain-sharing” legislation that made it possible to increase the Uniform COLA figure that year and each succeeding even-numbered years with the extraordinary investment earnings. The extraordinary earnings for PERS and TRS Plan 1 would be investment earnings beyond 10%. The 10% floor was established because the expected rate of return for actuarial purposes is 7.5%, and the state was of the opinion they were entitled to an extra 2.5% to pay for any year the earnings fell below 7.5%; thus, 7.5% plus 2.5% equals 10%.

The term “sharing” in “gain-sharing” comes into play when the state takes half of any earnings above 10% to help pay off the unfunded liability for PERS and TRS Plan 1. In 1998 there was in excess of \$535 million, which represented approximately 3.5% earnings above the 10% that belonged to the state. At that time there was some improvement in benefit payments, and when that was settled, there was \$514 million to be shared between the state and the two plans. The \$257 million represented \$0.10 per year of service per month, which was added to the \$0.64 from the Uniform COLA, which provided for \$0.74 per year of service to eligible retirees in 1998.

The huge investment returns continued to hold their own, so in 2000 the gain-sharing equated to an improvement of \$0.28 per year of service per month, which raised our Uniform COLA in July to \$1.05 per year of service per month. Next July (2001) the pension will be increased \$1.08 per year of service per month, and each succeeding year it will increase 3%. If there are extraordinary earnings, the gain-sharing will increase the Uniform COLA every even-numbered year.

A major concern to retirees is that the legislature lowered the collection for the Pension Reserve Fund from the state for working employees more

see HISTORY on page 6

RETIREMENT PLANNING SEMINARS

by Jackie Gary

If you have thought about signing up for the retirement planning seminars presented by Sno-King School Retirees and the Northshore, Shoreline, and Mukilteo school districts, now it's the time! **Register before February 8.** A lack of space prevents us from printing the form in this *Bulletin*, but the registration form may be obtained from your school district offices. (Note—Edmonds teachers will attend the seminars presented by their own district)

Session 1

Thursday, February 15

Washington State Retirement System—TRS 1 only

Session 2

Thursday, March 1

a) Washington State Health Care Authority (providers of medical coverage for retired school employees)

b) Long Term Care Insurance

Session 3

Wednesday, March 7

a) Financial Planning

b) Estate Planning

Session 4

Thursday, March 15

a) Social Security

b) Medicare

Seminars will be held from 7:00 to 9:00 p.m. in the Shoreline Room (north end of the complex) of the Shoreline Center. The Center is located at 18560 First Avenue NE.

To register please contact your district for a registration form.

If you have further questions, contact Jackie Gary at 425-488-7086 or jg82341@earthlink.net.

SKSR BULLETIN BOARD

PROJECT ENTERTAINMENT SUCCESSFUL

Thanks to all of you who purchased and/or sold entertainment books. We exceeded our goal of 50 books and earned \$440 for the Scholarship Fund. There are still two books available which, if sold, will add another \$80 to the fund since these were bonus books given to us for selling the 50 we guaranteed to sell. Let me know if you would like one. The Entertainment company has awarded 4 free movie tickets to our highest seller and that person is Ruthanne Warren. Ruthanne has consistently taken 7 or 8 books to sell for us every year. Congratulations to her and many thanks to all of you!

Donna Murrish (206-363-5753)

SCHOLARSHIPS TO BE GIVEN AGAIN THIS YEAR

The Sno-King Retired Teachers will again award scholarships in the amount of \$1000 each to graduating seniors from Edmonds, Northshore and Shoreline School Districts. This year a fourth scholarship will be awarded at-large to a senior in one of the three school districts. Scholarship cochairmen Keith Lindaas and Linda Fitzgerald will have the scholarship application forms in the respective high schools in January. The scholarship recipients will be honored at the Scholarship Luncheon at the Edmonds Unitarian Church on April 19, 2001.

Linda Fitzgerald and Keith Lindaas, Scholarship Co-Chairs

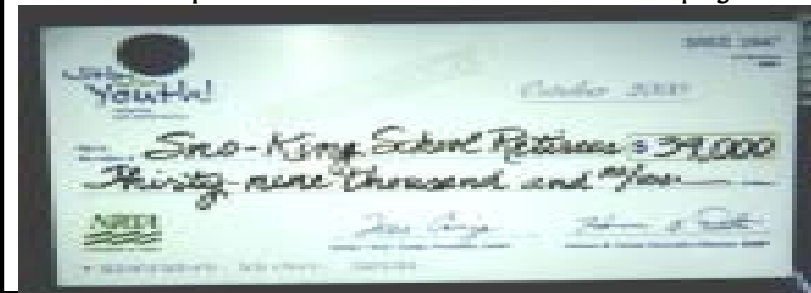
SHORELINE SECONDARY TUTORS LISTING

The Kellogg-Shorecrest Readiness to Learn (RTL) Program of the Shoreline School District is compiling a list of adults who are interested in tutoring middle and high school students in the Shoreline School District. Individuals are being sought who have expertise in middle and high school level classes or who are bilingual. The listing will be placed at Einstein, Kellogg, Shorecrest and Shorewood Schools as well as other Shoreline District Offices as a resource for staff and parents. All arrangements and fees are entirely the responsibility between the tutors and parent or student. If you would like to be included, please contact Gidget Terpstra for the necessary forms.

Gidget Terpstra, Readiness to Learn Coordinator
Shorecrest 206-368-4754 and Kellogg 206-368-4782
email: gidget.terpstra@shorelineschools.org

"CHECK" GIVEN TO HONOR VOLUNTEER HOURS OF SKSR MEMBERSHIP

The Washington Chapter of NRTA presented SKSR with this "check" representing the value of the 3,000 volunteer hours donated by members. These hours are just those which were donated to help children. We can all take pride in the work of our fellow members helping others.



A TEN DOLLAR INVESTMENT

by Bob Jones, SKSR president-elect

This month I invested \$10 in my driving insurance. I say that after taking the "55+ Alive" class. I'm told that many insurance companies give a 10% discount on your insurance. It is said that both spouses get the discount when both take the class. There is one more BIG THING that I was not aware of—it only lasts for TWO years. After that you need to take the class again. I'm told that Hartford gives a three year period until you need to renew the class.

The AARP is now using a new revised student workbook and video in the class. From the prelude of the student workbook: "AARP 55 Alive is the first and most recognized comprehensive nation-wide course designed especially for the older driver.

physical changes of the maturing driver and identifies ways the older driver may compensate for those changes. Course material is based on information gained through research to determine what is needed by this age group to update driver knowledge and skills. Most important, the curriculum provides opportunities for the participants to identify individual problem areas and apply information that is needed to improve their behavior as drivers. The course will remind you of driving skills and techniques that you once learned but perhaps fail to use regularly now. The course will also provide new approaches, including compensating for normal age-related physical changes that may affect your driving ability.

"Traffic laws are simply rules intended to keep the roads safe for everyone. Sometimes when a driver is following the letter of the law it is not enough." This eight-hour, two-day class is worth it and goes by quickly.

Check on page 3 for place, time and registration information.

Another program AARP offers is a TAX-AIDE service for all middle and low income taxpayers, with special attention to those age 60 or older. It's a drop-in, first come first served approach at the South County Senior Center in Edmonds (on the waterfront). It is free of charge from February 1 to April 15. It also offers year-'round on-line tax counseling at www.aarp.org/taxaide.

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HELP US WITH INFORMATION TO PUT IN THE BULLETIN

The deadline for the next newsletter is Thursday, February 12. Send news and other materials to Jo or Bruce Caldwell, PO Box 1117, Edmonds WA 98020, sksr@wmea.org, fax 425-776-1795, phone 425-778-9390. Please send TRAVEL news to Terri Malinowski, 15341 158th Ave NE, Woodinville WA 98072, terrim@accessone.com, 425-483-8344. Please send us news about other members as well as about your activities.

If you know of illness, please call Sunshine Co-Chairs, Gayle Bromley (206-364-1314) or Frances Peters (206-361-8594) or call past president Rita Requa (206-362-5220).

To help with mailing our next Bulletin on Tuesday, February 23, call Betty Odle (206-525-8276), Ellie Bonnano (425-778-0751) or Ruthann Warren (206-367-0742).

Members with changed information

3–**Bauer, Mary**–951 W Orange Grove Rd, #79-103, Tucson, AZ 85704
mnbau@azstarnet.com
6–**Capps, Marvin L**–23003 2nd Ave SE, Bothell 98021-8703
7–**Clark, Tonya J**–20800 72nd Ave W, #302, Edmonds 98026-9607
11–**Dunsdon, Lorna M**–610 Daley St, Apt C, Edmonds 98020-3000
12–**Evans, Lee**–3890 Whitman Ave N, #203, Seattle 98103-8775
15–**Gulley, Mary Beth**–18620 52nd Ave W, Apt 124, Lynnwood 98037-4520
20–**King, Margaret A**–320 Price St, Friday Harbor 98250, 360-378-4373
33–**Reiss, William S**–3578 Korbelt St, Eugene, OR 97404
36–**Sekowsky, JoAnne**–8424 N. Nevada St, Apt 3-31, Spokane 99208-7375
38–**Spell, Marlene**–2000 192nd St SE, Unit 127, Bothell 98012-7902
43–**Willett, Janet E**–23603 77th Ave SE, Woodinville 98072-9532
44–**Youngren, Harold L**–2301 SW Lk Roesiger Rd, Snohomish 98290-7530

New Members

4–**Bliss, William H**–19801 86th Pl W, Edmonds 98026
12–**Ewers, Virginia D**–23203 51st Ave W, Mountlake Terrace 98043,
425-774-1397

13–**Foos, Janice L**–21505 89th Ave W, Edmonds 98026-7311, 425-778-6723
17–**Hennum, Mary C**–6520 196th St SW, Apt 352, Lynnwood 98036-4503
20–**Kasperson, Susan J**–15916 EastShore Dr, Lynnwood 98036, 425-745-1538
28–**Nelson, Dick E**–9819 NE 139th St, Kirkland 98034, 425-821-1711
31–**Peters, Mary Beth**–220 Pine St, Edmonds 98020, 425-778-9123
31–**Plaisance, Robert J**–PO Box 816, Allyn, WA 98524-0816, 360-275-9219
36–**Severson, Beverly C**–12501 Greenwood Ave N, #C315, Seattle 98133-806, 206-362-7867

Deceased

4–**Bernard, Margaret L**–Edmonds–October 15, 2000
11–**Eddy, Patricia A**–South Carolina–November 2000
19–**Jensen, Norman W**–Marysville–October 2000