

Sno-King School Retirees



December 2000

The SKSR Bulletin

A message from our president

Here comes the Legislature!

by Jack Rogers, 206-367-7153

Greetings and Happy Holidays! Another legislative session is just around the corner. Our state legislature will convene in January and may prove to be a lengthy session. A new biennial budget must be adopted and you can bet every worthy cause and every special interest lobbyist will be pushing for a greater share of the pie. We, as retired school employees, will be in that milieu as well. What will set us somewhat apart from the others is we will most likely be fighting to hang on to what we have.

If past sessions are an indicator, elected officials will again be eyeing our pension fund to balance the budget. It's good to stay attuned to the next session. Call in and listen to the WSSRA message center (1-800-221-1269) on a regular basis and contact your legislators when important issues affecting us begin to surface.

At our October Scholarship luncheon we talked about the need for financial support for litigating our association's lawsuit against the state. I was very proud of our members' generosity and commitment. We were able to send to Olympia over \$200 from that one request, and I know others went home and wrote checks. The need is still there, and if you haven't yet contributed, I encourage you to do so in whatever amount you can. Total costs for this round is estimated at \$20,000. The address for the contributions is on the back of your new directory.

Speaking of the new directory, remember this is a two year edition. A supplement will be printed and mailed with the *Bulletin* in fall of 2001. We have also started to actively seek advertising for our monthly bulletins and for future editions of the directory. This is a good opportunity for retirees who have businesses, and it really helps to defray costs. Our December meeting will be in the Shoreline Center Ballinger Room on December 14th. Music will be provided by the Einstein Middle School Choir. I hope to see you there.

Jack Rogers, President
Bob Jones, President-Elect
Rita Requa, Past President/Grants
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Dave Johnson, Treasurer
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Bob/Pat Jones, Community Service
Donna Murrish, Directory
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Jackie Gary/Wes Grande, Retirement Planning
Mary Ellen Gardiner, Scholarship Correspondent
Linda Fitzgerald/Keith Lindaas, Scholarships
Gayle Bromley/Fran Peters, Sunshine
Jo/Bruce Caldwell, Bulletin Editors

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Our December Meeting

On Thursday, December 14, the Sno-King School Retirees will meet in the Ballinger Room at the Shoreline Center for a meeting of music and camaraderie. Seasonal music will be provided by the Einstein Middle School (Shoreline) Choir, directed by Janet Allison.

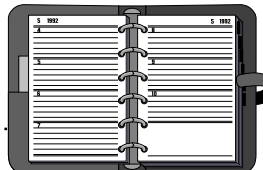
If time permits, we might also have a grand time caroling together, singing many of the well-known holiday songs that so many of us grew up with.

This is a great time of year to come out and renew friendships, make new ones and enjoy this happy time of year with your fellow school retirees.

The Shoreline Center is at 18560 First Avenue Northeast in Shoreline. It's the former Shoreline High School. Plan to attend.



For all your real estate needs call
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MARK YOUR DATEBOOK
 Coming Events for Sno-King School Retirees

December 7	Legislative Breakfast
	Ballinger Golf Course
December 14	General Meeting, 1:00
	Ballinger Room, The Shoreline Center
	Einstein Middle School Chorus
February 15	Luncheon with Overlake, 12:00
March 15	General Meeting, 1:00
	Edmonds School District Administrative Center
	Legislative Report
April 19	Scholarship Luncheon
	Edmonds Universalist Unitarian Church
	Debbie DiMitre, "Sarah Boren Denny"
May 17	Luncheon with Sno-Isle, 12:00
	Mill Creek Country Club
June 21	General Meeting, 1:00
July 19	Annual Picnic, 11:00
	Kenmore Park

2000-2001 Sno-King active teacher grants awarded

by Rita Requa, Grant Committee Chair

The Sno-King School Retirees have awarded grants totalling \$1400 to eight active members. This is the third year that the grants program has been in effect, and each year the interest and demand has grown. The Grant Committee of Rita Requa, Andrea Boushay and Ruthanne Warren reviewed all applications and found the projects interesting and worthy. Because of the high demand for funds, the grants will be considered "seed" money as additional funds will have to be secured from PTAs, Foundations, and/or building budgets.

Susan Wickersham-Berg, Kindergarten, Evergreen Elementary, Edmonds School District, received a grant to purchase of sets of six books for emerging readers for independent and small group work.



This will allow students to understand and use different skills and strategies to be better readers.

Susan Jackson, Highly-Capable

Grades 2-3, Arrowhead Elementary, Northshore, was awarded a grant to cover expenses of a bus field trip for the class to attend the Arbor Day Fair at the University of Washington on April 25, 2001. This project is an extension of the science curriculum to challenge the exceptional learners in Susan's class.

Corinne Ludy, Leota Junior High Librarian, Northshore School District, will purchase sets of novels for use in Literature Circles. This is a joint English/Social integration project featuring reading materials with a setting in Pacific Rim countries. This program is being implemented for the first time with all the 9th grade English classes, approximately 250 students.

Robin Randles, 5th Grade Teacher, Highland Terrace Elementary, Shoreline Schools, will oversee a project to develop backdrops of Highland Terrace Kid News-School Television Station News Program.



An artist will consult with the Kid News team, develop the concepts with them and supervise the painting. Student teams would complete


the work.

Arlene McLeod, Special Education Teacher, Shelton View Elementary, Northshore School District, will use the money to cover expenses for a Rockets and Wind Science Unit. This involves model rockets and kite making materials. Students

see GRANTS on page 6

55 Alive

AARP's 55 Alive Mature Driving Class is a refresher course teaching preventive measures that save lives when driving. Pay \$10 materials fee to AARP instructor at class time. Participants register through Edmonds Parks and Recreation, 425-771-0230. Possible discount on auto insurance. Classes meet 9 AM to 1 PM at the Anderson Center, 700 Main Street, Edmonds. For alternate dates and locations, call Bob Jones at 425-787-2727. Note that the class is a two-consecutive-days class, which can be selected during the month of your choice.



2000-2001 dates

December 6 and 7	April 4 and 5
January 3 and 4	May 2 and 3
February 7 and 8	June 6 and 7
March 7 and 8	

Health tips for you

by Gordon Bowers, health chair, 425-778-9202

Stem Cells

Used successfully for more than 30 years in bone marrow transplants, the patient's own marrow is removed and frozen. Cancer cells and defective marrow are destroyed by chemotherapy and radiation; the previously removed marrow is transplanted back into the patient. These "adult stem cells" that have been treated divide and produce specialized blood stem cells in great numbers that can kill off cancer cells.

Researchers are studying to expand the use of stem cells to repair certain types of eye damage and knee cartilage damage and also to be used to help treat spinal cord injuries, Alzheimer's, Parkinson's, stroke, heart disease, arthritis, diabetes and others.

Another one of the 200 or so adult stem cell types in the body is one called "mesenchymal." These rare cells are derived from non-blood forming cells in bone marrow. One cell multiplied into more than a million cells that could be used in a variety of organs, researchers are hoping that injections of these cells could actually grow replacement bones or tendon tissue lost to disease or injury, or perhaps replace organs. Information is from a very detailed *Mayo Clinic Health Letter*, November 2000, pp. 1-3. You'll see more in the future.

Older American Act

First district congressman Jay Inslee had met with my AARP committee and followed up in a letter stating that he had urged quick passage for HR 782 that

prescribes funds for expanded meals programs, employment services, senior centers, disease prevention (flu shots), caregiver programs, legal services, elder abuse protection and the long term care ombudsman. He also stated, "As this is the 35th year of the Older Americans Act, I can think of no better way to celebrate the Act than by reauthorizing programs and building on them." Information from his letter, October 31, 2000.

Health information seldom mentioned

Male prostatitis is an infection, a swelling of the prostate gland. It can be due to a variety of problems caused by bacteria, inflammatory agents in the body or muscle spasms. Type "A" men are more likely to have this problem. Approximately 10 percent of men suffer from the discomfort of serious abdominal pain that's hard to diagnose; however, most can get complete relief with a few weeks of medication according to Dr. Mike Hennefert, president of the Prostatitis Foundation Support Group in Smithshire, Illinois.

This malady is not associated with prostate cancer, which is getting much attention now. Information from an article by Bob LaMendola, *South Florida Sun-Sentinel* and *Seattle Times*, p. L3, November 5, 2000.

Weight discrimination

Do overweight people face more open and widespread discrimination than race or gender or age? A National Education Association position paper states,

see HEALTH on page 6

The American Heart Association wants you to know the warning signs for heart attack and stroke. Sometimes there is confusion in deciding whether to call 911, call a doctor or wait for symptoms to go away. **If there is any doubt, call 911 immediately.**

Warning signs for heart attack

- Uncomfortable pressure, fullness, squeezing or pain in the center of the chest lasting more than a few minutes.
- Pain spreading to shoulders, neck or arms.
- Chest discomfort with light-headedness, fainting, sweating, nausea or shortness of breath.

Warning signs for stroke

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body.
- Sudden confusion, trouble speaking or understanding.
- Sudden trouble seeing in one or both eyes.
- Sudden trouble walking, dizziness, loss of balance or coordination.
- Sudden severe headache, no cause.

Traveling with Terri

By Terri Malinowski, travel chair, 425-483-8344

Once the holidays are over and January rolls around, it's not too early to think about spring and early-summer travel. If you enjoy the desert climate but don't fancy a trek across searing sands under a blazing sun, think about the Southwest in the spring. New Mexico is my choice. Although it shares a common border with Arizona where Snowbirds like to hole up for the winter, New Mexico is not your retreat from the rain since it is cooler in the winter—lows of 25 degrees and daytime highs of 55.

But spring weather brings out the best in New Mexico. Albuquerque offers its Old Town, Santa Fe has art galleries and a 500-year-old history, Taos has adobe pueblos and more art. But one of our favorite areas is the southwestern part of the state, around the university town of Las Cruces. A flight from Seattle to Albuquerque leaves a four-hour drive southward along US 25 (and the Rio Grande River) to Las Cruces. Better yet, fly to El Paso, Texas, on the US/Mexico border and travel northward only 45 miles to Las Cruces.

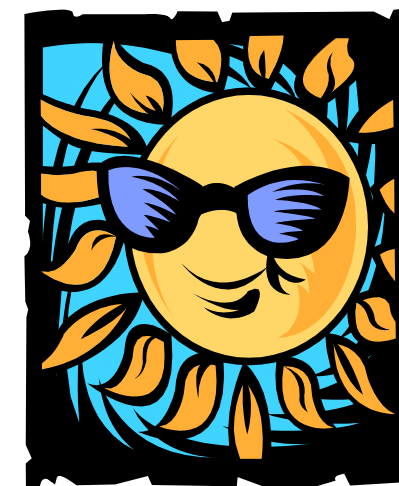
This pleasant city of 65,000 is home to New Mexico State University and a booming cultural feast of opera, symphony, theater, ballet, museums and art galleries. The city is a great base for exploring nearby wonders like

Carlsbad Caverns National Park, Gila Cliff Dwellings National Monument (ruins of 13th-century cliff dwellings) and White Sands National Monument. Or drive across the border to Juarez, Mexico for a day or two.

Nestled at the end of the southern Rockies, Las Cruces has an elevation like much of New Mexico, which ranges from 3,000 to 10,000 feet. But by April, the daily temperature averages 77 degrees, with a low of 42 at night. Las Cruces boasts it has 350 days of sunshine annually.

For you history buffs, there is the 1615 San Miguel Mission in Socorro, Santa Rita del Cobre Fort outside Silver City and Fort Selden State Monument, featuring the remains of a 19th-century adobe fort just north of Las Cruces. There are museums featuring Indian pottery, silver mining, Southwest archaeology and Hispanic folk art. And who can resist nearby ghost towns like Shakespeare, Winston, Chloride, Hillsboro, Mogollon, Pinos Altos and Kingston? The whole area combines the Old West, the Spanish colonial heritage and the historic flavor of New Mexico's three major Indian tribes—Apache, Navaho and Pueblo.

Don't forget the town of Hot Springs that was renamed for a famous radio quiz show and became Truth or Consequences, N



ew Mexico. Another town, Silver City, contains several sites from the life of Billy the Kid—his family cabin, his mother's grave and the Star Hotel where he waited tables in his youth before turning to banditry.

If you're into foods of the Southwest, Las Cruces has several good restaurants, some of them well over 50 years old and operated by descendants of the original founders. Just as good a resource is the historic New Mexico village of Mesilla, bordering Las Cruces on the southwest.

And just north is the town of Hatch, the green chile capital see TRAVEL on page 6

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HEALTH from page 4

“From nursery school through college, fat students experience ostracism, discouragement and sometimes violence. Suits in courts show that these prejudices cause discrimination in hiring and in all spheres of life. Michigan has passed laws against such discrimination, as have cities in some areas. With over half of Americans considered to be overweight, this is a serious problem. Information from *New York Times*, November 5, 2000.

FDA alert—PPA

Check labels on cold medicines, weight-loss drugs, decongestant pills and use only alternative medicines that do not contain phenylpopylanamine (PPA). It could cause strokes. See your doctor for advice.

FDA warning—Epherdra

This diet pill is also known as ma huang. The *New England*

Journal of Medicine recommended an alert on this powerful stimulant that is sold as food and is thus unregulated. The danger is that for some people, epherdra can cause disability and death. This information is from the FDA, the *Journal of American Medicine*, the *Washington Post* and *The Seattle Times*, November 7, 2000.

TRAVEL from page 5

of the world, where some 8,000 acres of the red-hot ingredient are harvested. Las Cruces hosts the Whole Enchilada Festival each fall, serving a 200-pound enchilada (seven feet in diameter) to some 200,000 visitors. After all, the green chile is New

Mexico’s official state vegetable!

There are even wineries in New Mexico; in fact, four wineries in the Las Cruces area offer tours and wine-tasting. The nearby Mesilla Valley Wine Festival occurs at the end of May each year. Don’t forget under your list of activities that New Mexico has two other titles: the Balloon Capital of the Nation and the UFO Capital of the World.

For brochures with excellent ideas on sightseeing, suggestions for lodging and good maps, call: Las Cruces Convention and Visitors Bureau, 800-FIESTAS New Mexico Tourism Dept., 800-545-2040.

GRANTS from page 3

will study wind direction, history of rockets and kites, research on the computer and library. Students will write reports and present them orally to the class.

Mike MacLeod, 6th grade, Lockwood Elementary, Northshore School District, will purchase chess clocks to give student players a more realistic chess experience. Current research suggests that chess

playing helps develop discipline, patience, and logical thinking skills. The structure of a more formal chess playing atmosphere when played with the clock will increase the appreciation of the game and the values and habits it teaches.

Nancy Trenbeth, Special Education teacher, Shorewood High School, Shoreline Schools, will purchase of a computer software program, “Picture It,” which will help teach word recognition, emerging reading skills, sequential learning and language development to her students with more moderate to severe disabilities. This program will help students develop stories, recipes, worksheets, personal calendars, behavior plans, etc.

Kristine Eubanks, 2nd Grade Teacher, Meridian Park, Shoreline Schools, will buy a classroom collection of books that will correlate with a new reading series. This grant will fund just a start, as her goal is to have 30 different trade books by award winning authors in the collection.



Retirement planning seminars 2001

by Jackie Gary, Retirement Chair

Are you an active public school employee in the Shoreline, Northshore, or Mukilteo districts who is thinking about retiring this spring, or are you one who is thinking ahead to a retirement several years in the future? In either case, you should consider attending the retirement planning seminars which will be presented this year by the Sno-King School Retirees and the Shoreline, Northshore and Mukilteo school districts.

These seminars are conducted by experts from government agencies and local businesses

and are designed to help school employees make decisions about their retirement. NOTE—Employees of the Edmonds School District will attend separate seminars presented by their district.

Seminars will be held from 7:00 to 9:00 PM in the Shoreline Room (north end of the complex) of the Shoreline Center. The Center is located at 18560 First Avenue NE. It is easily reached from Aurora North or I-5 via 205th. From Aurora, head east on 205th to First Avenue NE and turn right. From I-5, head west

on 205th to First Avenue NE and turn left. As you approach the complex, use the north parking lot if possible.

To register please complete, detach and mail in the form below. Be sure to keep the rest of the form as a reminder of the dates and location.

You may also receive a copy of this form from your district—it is not necessary to register twice.

If you have further questions call Jackie Gary at 425-488-7086.

Session 1—Thursday, February 15

- Washington State Retirement System -TRS only
- *PRS /SRS -check DRS’s “Retirement Outlook” or www.wa.gov/DRS/member/index.htm for sessions to meet your needs)

Session 2—Thursday, March 1

- Washington State Health Care Authority-(providers of medical coverage for retired school employees)
- Long Term Care Insurance

Session 3—Wednesday, March 7

- Financial Planning
- Estate Planning

Session 4—Thursday, March 15

- Social Security
- Medicare

Sno-King Retirement Seminar 2001 Registration Form

Your name _____ Phone _____

Your Address _____

City/Zip _____

The district for which you work _____

Retirement Plan—please circle one TRS TRS2 TRS3 PRS SRS

FEE: Sno-King School Retiree Association members \$5.00, non members \$6.00. This covers all sessions and includes spouses who wish to attend as well.

Send this form and check to:

Wes Grande
10045 29th Ave. NE
Seattle, WA 98125

Checks should be made out to *Sno-King School Retirees*.

The State Retirement System and you

by Orin Fjeran, Sno-Isle School Retirees Association

This is the second in a series of four articles written by fellow school retiree, Orin Fjeran. He is a retired chief financial officer from the public school system, active in our state organization, and understands better than anyone else I have met, the complexities of our state retirement system. I hope you will find his articles helpful in understanding the state teachers retirement system and why we are concerned about its future.

Jack Rogers, SKSR President

The Retirement Program from 1947 to 2000

The beginning of the teachers state retirement program in 1937 with a maximum monthly retirement of \$40/month grew to \$100/month in 1947. It was 1947 when the Public Employees Retirement System was started, and their program ran similar to the teachers, with the exception of the value of retirement benefits paid to the recipients. Each system (TRS and PERS) had its own board of trustees, staff and actuary to evaluate how much the state should pay into the pension reserve fund each biennium to pay for the retirement benefits set by the legislature. There were severe restrictions on what types of investments could be made with the pension reserve fund, so there was not an opportunity to make but just minimum earnings with such investments at this time.

The legislature raised the limitation from \$100/month payment for teachers to \$140/month in 1955. It was not until 1963 when the annual retirement was changed to be 1/120 times the total years of service credit times the average salary for the five highest years. The ceiling was placed on \$10,000 salary, so if a teacher worked 30 years, had an average salary of \$10,000, the pension would have been approximately \$210/month.

In 1964 the Pension Reserve Funds could be invested in FHA and VA insured mortgages, which helped somewhat with their investment earnings.

In 1970 the annual retirement was changed to 1/100 times the average salary for the two highest average years, plus a basic annual service pension of \$100. By this year the two highest years could average \$12,000 so a person's pension with 30 years of service could have been approximately \$308/month.

The year 1973 was a milestone when the pension formula was changed to 2% times the years of service to a maximum of 60% times the average of

the highest two years salaries. If a teacher earned \$14,000 average the monthly income would have been \$700/month.

It should be noted that during this time there was considerable "leap-frogging" of benefits between the TRS and PERS systems. One system would lobby and gain significant benefits, and shortly thereafter the other system would acquire the same improvements. There was no uniformity between the two systems.

The Department of Retirement Systems assumed the responsibility for administering the state's retirement systems in 1976, eliminating the Boards of Trustees, staff and actuary of TRS and PERS. The Office of the State Actuary was created to provide pension cost estimates for the DRS.

TRS 1, PERS 1, TRS 2, and PERS 2 were created in 1977. The State Investment Board was established in 1981, and given much broader ranges for making investments with the Pension Reserve Funds. The Pension Funding Reform act was enacted in 1989 to stabilize funding of the retirement systems. State rates of contribution per employee to the Pension Reserve Fund for all four systems were established to pay off the unfunded liability of TRS 1 and PERS 1 by the year 2024.

It was not until 1989 when the State Investment Board had made some gainful investments that the legislature made a provision for a form of a COLA for TRS 1 retirees. The next COLA movement came in 1995 when the Uniform COLA was enacted, based on the large earnings of the investments of the Pension Reserve Fund. The investments continued to grow at a significant rate, and the legislature enacted the Gain-sharing legislation to provide some further pension improvements for current and future Plan 1 retirees.

There will be a more detailed discussion of the latest COLAs in the next issue.

Thanks for our help

The following letter was received from the Northshore School District superintendent. There's an article on page 3 telling you about our grant recipients.

Northshore School District
Office of the Superintendent

October 26, 2000

Ms. Rita Requa
Past-President, Grants Chair
Sno-King School Retirees
PO Box 33962
Seattle, WA 98133-0962

Dear Ms. Requa:

Thank you for the generous grants awarded to four Northshore teachers. Your organization provides a wonderful opportunity for current educators and students as well.

Northshore School District is fortunate to have quality staff at all grade levels who continually work hard to help students achieve success. Your organization is instrumental in helping staff work toward that goal.

Thank you for honoring four of our finest.

Sincerely,

/s/

Karen A. Forsy
Superintendent

When shopping for Long Term Care insurance, look at more than one plan. As an independent agent, I can show you products from four major companies and compare them to other quotes you have received.

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dondenton@jps.net

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Healthcare update info

by Jack Rogers, president

If you didn't make it to our November meeting, you missed a really informative session on the changing world of health care coverage. Glenda Fairchild of the State Health Care Authority gave a presentation on state approved plans and the changes that are occurring in them.

Some plans have stopped accepting new members. Others have consolidated or been absorbed by other companies. For the most part, those who live in the Puget Sound region are still in pretty good shape, but there are some changes in co-payments and coverage of such things as prescription drugs, eye exams and dental plans.

Some doctors are no longer participating in some managed plans because of financial reasons. Some plans are narrowing the list of physicians available to plan participants.

If you didn't make it to the meeting, try to find someone who did and borrow their handouts. It would be worthwhile to read them.

Botanical Arts Institute

Hands on classes
taught in subjects related to plants

- floral design to specialty cooking with herbs
- basketry to building bent wood trellises
- botany to bonsai.

What classes would interest you?

Do you want to teach a class
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Would you like to be on our email list
to receive information
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Contact Gerry
flora42@foxinternet.net

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Our membership chair speaks Automatic Dues Deductions

by Don Denton, 425-787-7881

Another big THANK YOU to those on automatic dues deduction. That really helps us with budgeting and maintaining a consistent membership. A thank you also goes to those annual "cash dues" payers who promptly send in their money each July.

If you are a cash dues payer and would like the convenience of having just \$4 per month deducted from your pension or payroll check, please call me now and I'll send you the form next June.

Have you asked a non-member to join? Some retirees believe that they are members of our organization while they actually belong to the teachers' union retirement group. You might point out that Sno-King and WSSRA's only objective is to support retirees. All retirees. If you have talked with a non-member about joining, please give me their name and I will send them a form.

If you are not sure who belongs and who doesn't, look in your new directory.

A majority of our dues goes toward the WSSRA budget. With the legislative session about to begin and considering our lawsuit against the state, we need all the support we can get. Have you sent a check to the Pension Defense Fund?

We all need to get behind this effort!

SKSR BULLETIN BOARD

SKSR WEBSITE

Be sure you visit the SKSR website. We want your reaction to the contents.

www.sksr.org

SUNSHINE COMMITTEE

Two of our Shoreline retirees underwent back surgery in September—Phyllis Enger and Nancy Schmuck. Both are doing well now and are VERY glad the surgery is over.

WSSRA PENSION DEFENSE FUND

Remember, our state organization has established a fund dedicated to finance our efforts to challenge actions that harm the beneficiaries of the Teachers Retirement System and the Public Employees Retirement System. Please help with this effort. You may send checks to:



WSSRA Pension Defense Fund
4726 Pacific Avenue SE
Lacey, Washington 98506-1216

Please give as many portraits as you can.

SCHOLARSHIP FUND

Remember, we will take donations to the Scholarship Fund at any time. Simply use the form below to send a check and we will use the funds toward this year's scholarships.

The purpose of the SKSR Scholarship Fund is to assist carefully selected graduating seniors majoring in education from Edmonds, Northshore and Shoreline School Districts in reaching their goals. Contributions are tax deductible.

Enclosed is a contribution of \$ _____ As a special gift _____

OR in memory of _____

OR in honor of _____

on the occasion of _____

Please send acknowledgment to

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Address _____

Make check payable to Sno-King School Retirees' Scholarship Fund.

Mail to
Sno-King School Retirees
PO Box 33962
Seattle WA 98133-0962

Remembering . . .

Hans Schoenfelder passed away last summer. He dedicated 35 years teaching at Arrowhead Elementary School and was active in the Northshore Education Association. To honor and remember him, the Arrowhead Elementary library will be named the Hans D. Schoenfelder Library. A committee representing current Arrowhead staff and past colleagues and students has met to plan the memorial.

The first two committee tasks actually reach out to you. One is to acquire funding for a plaque, display case and the dedication reception. To support this project, you are invited to make contributions to the Hans D. Schoenfelder Memorial at Arrowhead Elementary, 6725

NE Arrowhead Drive, Kenmore, WA 98028. Donations may also be made at any Washington Mutual branch. The second task is to contact as many of Hans's friends, colleagues and former students as possible so that all who wish to remember and honor him will have the opportunity to contribute and attend the special dedication event planned for May 1, 2001, at 7 PM at Arrowhead Elementary. Please share these plans for his memorial with anyone you know who would want to participate.

The committee may be contacted through Ann Panush, principal of Arrowhead at 425-402-5600, apanush@nsd.org or Ardis Pilz, ardispilz@home.com, 1705 NW 59th Seattle, WA 98107.

Margaret Bernard, well-known educator, passed away October 15 in Edmonds. She retired in 1986 from her job as counselor at North Seattle Community College.

She had been involved with the Seattle Community College system, the Seattle Public Schools, the League of Women Voters, the Edmonds Public Education Foundation and the Creative Retirement Institute.

An avid Democrat, she ran for political office on several occasions. She had become known as a tireless advocate for public education, services for women and children, and campaign-finance reform.

She is survived by her nephew, Russell Taylor, and her sister Ethel Taylor.

Remember why you became a teacher? So do we.

Good teachers needed! You love to teach. And at Sylvan, that's just what you get to do. Right now, we have after-school employment opportunities in communities throughout the Snohomish area for certified teachers of all grades. Our programs were developed by educators, and our 3:1 student-to-teacher ratio allows you to give each student personalized attention. The results speak for themselves. Last year, Sylvan helped more than 175,000 students dramatically improve their reading or math skills. Find out more. Call today.

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Telephone: (425) 774-3922
Fax: (425) 775-6475
Email: sylvan202@sylvannw.com
1411-3 Avenue D

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HELP US WITH INFORMATION TO PUT IN THE BULLETIN

The deadline for the next newsletter is Friday, January 11.

Send news and other materials to

Jo or Bruce Caldwell, PO Box 1117, Edmonds WA 98020, sksr@wmea.org, fax 425-776-1795, phone 425-778-9390.

Please send TRAVEL news to Terri Malinowski, 15341 158th Ave NE, Woodinville WA 98072, terrim@accessone.com, 425-483-8344.

Please send us news about other members as well as about your activities.

If you know of illness, please call Sunshine Co-Chairs, Gayle Bromley (206-364-1314)

or Frances Peters (206-361-8594) or call past president Rita Requa (206-362-5220).

To help with mailing our next Bulletin on Wednesday, January 24, call Betty Odle (206-525-8276),

Ellie Bonnano (425-778-0751) or Ruthann Warren (206-367-0742).

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- * OR call Donna at 206-363-5753
- * OR send an e-mail to dmurrish@aol.com